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# The City Bridge Trust

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:	
	BritSom
If your organisation is part of a large	er organisation, what is its name?
In which London Borough is your org	janisation based?
Barnet	
Contact person:	Position:
Mr Abubakar Ali	Chairman
Website: http://www.britsom.org	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number:1125927
When was your organisation establish	ned? 17/09/2008

## **Grant Request**

Under which of City Brid	ao Truckle programme	
J	ge Trust's programmes are yo	_
į t	inglish for Speakers of Othe	er Languages
Which of the programme	outcome(s) does your applica	tion aim to achieve?
	mainstream services	
More people participa	ting in the wider community	1
Please describe the purp	ose of your funding request in	one sentence.
		and BMER women in London
When will the funding be	required? 24/10/2016	
How much funding are ye	ou requesting?	
Year 1: <b>£19,600</b>	Year 2: <b>£19,792</b>	Year 3: <b>£19,988</b>
Total: £59.380		

## Aims of your organisation:

BritSom was established in 2008, by a small group of local Somali and BMER people concerned that there was nothing in Barnet giving voice to or responding to the needs and wishes of people from Somali and BMER communities. BritSom aims to:

- \*improve services for Somali and BMER people living in Barnet
- \*help people feel that they belong within the local community
- \* encourage participation and integration
- \*improve cross-cultural understanding
- \*Give Somali and BMER communities in Barnet a voice

## Main activities of your organisation:

BritSom is a grassroots organisations that provides holistic services in three broad areas:

Education: we deliver a Family Learning Support Programme that includes supplementary education for primary school students and women ESOL classes.

Health and Wellbeing: we have health and wellbeing awareness services and also provide an anti-FGM service that includes support and awareness.

Advice: We offer general advice on welfare, debt and employment.

BritSom has grown and developed to meet the needs of the local Somali and BMER communities and have a number of paid staff and a solid volunteer base. The number of people who access our services increased considerably since the launch of the organisation.

BritSom has earned a strong reputation for effective service delivery and the promotion of community cohesion in Barnet. BritSom also has strong working partnerships with many local and regional organisations including Barnet Council, Local Primary Schools, Hasmonean Girls School, Barnet College, Middlesex University, CommUnity Barnet, Barnet Migrant Refugee Forum and Refugee Council.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	3	5	30

## Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?  Rented	If leased/rented, how long is the outstanding agreement?
Rented	Ongoing

## Summary of grant request

This grant application is for our ESOL programme that forms part of the Family Support Programme which has been running for the past eight years. Every week for two days 25 Somali and BMER women are given ESOL support to increase their English language skills and employability. This grant application is for the following running costs of the ESOL Programme; two qualified teachers for two sessions a week and part time Women Empowerment Officer.

#### Need

BritSom has provided ESOL classes since 2008, with 13 people currently on our ESOL waiting list. There are a few reasons why the ESOL Classes are attended only by mothers: firstly, most of the mothers are single mothers who have children attending the homework club; secondly, the ESOL Class is part of our family learning programme and is therefore, attended by the mothers of the children who attend; thirdly, the mothers have had no previous education due to cultural constraints.

### Delivery

- \* 2 days x 2 hour ESOL classes
- \* Delivered across 3 terms, over three years
- \* For 75 students living in areas of deprivation in Barnet principally members of Somali and BMER communities, prioritising newly-arrived refugees.
- \* 4 hours ESOL tuition a week for each learner
- \* There are two ESOL Levels: Mix of entry-level and level 1

## Achievements & CBT Outcomes

- \* 75 students from Somali and BMER communities to progress their English across speaking, listening, reading and writing
- \* Increase their confidence and be able to use new English skills in the community.
- \* Better able to help their children with homework
- \* Better connected through new friendships
- \* Better knowledge and ability to use local services
- \* Participate more in the organisations they belong to (work, children's schools, community centres, etc

Accessing mainstream services: our project aims to improve the women's level of English, and therefore increase their confidence, to the point where they will be able to access services that they currently cannot, e.g. libraries, leisure activities and colleges.

Participating in the wider community: by increasing the women's level of English language skills, confidence and self-esteem, we aim to increase their community participation. Many of service users go on to become volunteers with us and eventually get jobs, thanks to BritSom's inclusive support and coaching.

Our ESOL programme will enable students to apply for basic jobs, enter further education and vocational training such as Level 1 Health & Social care, access services to manage family members' health & Social Care, access services to manage family members' health, education, personal development and participate in community activities.

We regularly consult our service users about our services and their comments and suggestions are always taken into account and acted on where possible. The project Manager and most staff are members of the community we serve and many are former service users.

Although our service was set up to support Somali refugees, asylum seekers and migrants, our services are for people from any refugee/migrant background, and we value the cultural input they bring: currently, our service users include people from Yemeni, Moroccan, Djibouti, Kenyan, Ethiopia and other Eastern African backgrounds.

We are proud by the amazing contribution our volunteers bring to the service, and make sure that they know they are values, and that their opinions matter to us. We are proud of strong track record of former service users becoming volunteers or staff members.

Grant Ref: 13505

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

BritSom has achieved many awards: The National Resource Centre for Supplementary Education (NRCSE) Gold Award and accreditation by the Greater

## **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

120 ESOL classes (Entry level and Level 1) over three years attracting a minimum of 75 women.

9 outings (3 per year over three years) to introduce women to mainstream services e.g. using local health services and using the libraries

9 outings (3 per year over three years) to accompany women to community activities e.g. going to coffee mornings, taking their children to local museums.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

75 women from Somali and BMER communities will have increased confidence in English for every day life in England. Learners will be able to access mainstream services: will be able to communicate with neighbours, teachers, doctors, health visitors and others.

75 women from Somali and BMER communities will have improved levels of English speaking, listening, reading, writing and comprehension.

The local community in Barnet will be enriched by the contribution that these women are able to make.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes - We have a strong track record of gaining grant funding, and we intend to continue applying for grants in the future. Our funding strategy also includes gradually raising the amount of income gained by fundraising, training and consultancy and other income generating activities, with the aim of becoming more financially self-sufficient in the future.

# Who will benefit?

## **About your beneficiaries**

How many people will benefit directly from the grant per year?
30
In which Greater London borough(s) or areas of London will your beneficiaries live?
Barnet (100%)
What age group(s) will benefit?
16-24
25-44
45-64
What gender will beneficiaries be?
Female
What will the ethnic grouping(s) of the beneficiaries be?
Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
1-10%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs - Salary & NI	11,600	11,792	11,988	35,380
ESOL tutors costs	8,000	8,000	8,000	24,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	19,600	19,792	19.988	59.380
			-5/500	33,360

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL				
TOTAL:	n	0	0	
	_	•		0

# What other funders are currently considering the proposal?

Source			Year 1	Year 2	Year 3	Total
None	0	0	0		0	
	0	0	0		0	
	0	0	0		0	
	0	0	0	_	0	

TOTAL				
TOTAL:	0	0	0	0

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs - Salary & NI	11,600	11,792	11,988	35,380
ESOL tutors costs	8,000	8,000	8,000	24,000
	0	0	0	0

TOTAL				
TOTAL:	19,600	19,792	19,988	59,380
				23/200

### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Month: March	Year: 2016	
	Month: March	Month: March Year: 2016

	<u> </u>
Income received from:	£
Voluntary income	1,000
Activities for generating funds	0
Investment income	
Income from charitable activities	94,806
Other sources	
Total Income:	95,806

Expenditure:	£
Charitable activities	78,072
Governance costs	0
Cost of generating funds	0
Other	0
Total Expenditure:	78,072
Net (deficit)/surplus:	17,734
Other Recognised	
Gains/(Losses):	
Net Movement in Funds:	17,734

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	53,668
Long-term liabilities	
*Total Assets (A):	53,668

Reserves at year end	£
Endowment funds	0
Restricted funds	37,668
Unrestricted funds	16,000
*Total Reserves (B):	53,668

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

## **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

## Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	1,213	17,380	1,500
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

## **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
Big Lottery	0	0	38,16	8
John Lyons Trust	15,000	15,000	15,00	0
Lloyds Bank Foundation	0	0	12,34	0
BBC Children in Need	0	0	9,440	
Clothworker's foundation	0	0	6,900	

### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Abubakar Ali

Role within CEO

Organisation:

# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:	
Kings Cross - Brunswic	k Neighbourhood Association
If your organisation is part of a larger orga	anisation, what is its name?
n/a	
In which London Borough is your organisat	tion based?
Camden	
Contact person:	Position:
Mr. Nasim Ali	Executive Director
Website: http://www.kcbna.org.uk	
Legal status of organisation:	Charity, Charitable Incorporated Company or
First Contact	company number:1083901
When was your organisation established? 0	7/01/1980

## **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**English for Speakers of Other Languages** 

Which of the programme outcome(s) does your application aim to achieve?

More people accessing mainstream services

More people participating in the wider community

Please describe the purpose of your funding request in one sentence.

Access and Participation through improved English: King's Cross Brunswick Neighbourhood Association delivers ESOL classes and support at the heart of our diverse communities and partnerships

When will the funding be required? 05/12/2016

How much funding are you requesting?

Year 1: £34,653

Year 2: £34,999

Year 3: £35,353

Total: £105,005

### Aims of your organisation:

KCBNA's Mission is to improve the quality of life of local residents with the active involvement of people in King's Cross and neighbouring areas of the London Borough of Camden. The Mission is underpinned by Strategic Aims, which seek to:

- Maintain a robust infrastructure and a sustainable organisation in a challenging economic environment
- Reduce health inequalities through enabling the local community to improve their health and well being
- Enable those at risk of social exclusion to develop their potential and improve their opportunities to access education, employment and training
- Reduce isolation, vulnerability, and fear of crime, and promote a sense of belonging among all residents
- Promote good community and race relations, social cohesion and celebrate the value of diversity in the local population
- Promote a safer, better and more sustainable environment

## Main activities of your organisation:

KCBNA provides three community centres and a broad range of services and projects (e.g. in relation to health and wellbeing, welfare and advice, training and employment) and serves the whole community through activities targeted at older people, young people, and Black, Asian and minority ethnic communities; and through initiatives for all. Current activities and services are grouped under the following five areas: 1. Community - to address the specific needs and priorities of disadvantaged communities, strengthen the local community sector, and bring all communities together; 2. Older People - to improve health and wellbeing, and tackle the social isolation of older people living in King's Cross and neighbouring areas; 3. Families - to support local families to overcome relative disadvantage and social isolation; 4. Health and wellbeing - to enable local communities to lead healthier lives; 5. Youth activities and services - believing in and investing in young people by providing positive activities for them.

### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
6	16	8	102

## Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?  Leased	If leased/rented, how long is the outstanding agreement?  15 years

### Summary of grant request

The need: The majority of King's Cross residents were born outside of the UK (51%, 2011 Census). King's Cross is the Camden ward with the highest numbers of economically inactive people at 48% of the population aged 16+. If we also include those both unemployed and actively seeking work then this proportion is 53%. 68% of the Ward is other than White British. This is the highest proportion in Camden, and comprises (in order): White Other, Bangladeshi, Chinese, Caribbean and Black African (predominantly Somali), and others. 49% of households have dependent children, and 17% of all households have three children or more. King's Cross has the highest number living in communal establishments (including B&Bs, student halls, and care homes) of any ward in Camden. Only 18% of households own (or part-own) their home. 32% of households met two or more of the ONS' deprivation conditions in 2011.

Delivery: Our client base is acknowledged by local colleges to have the greatest difficulty in accessing formal education due to limited English language skills. Our partnership in relation to delivery of classes within our premises comprises KCBNA, Working Men's College and Mary Ward Centre (both well-respected, longstanding Adult Education institutions). ESOL tutors are provided by Working Men's College as an in-kind contribution. KCBNA's Community Support Worker (BAME Communities) will draw participants into 3 streams of classes targeted at those with differing abilities. The Community Support Worker will also provide: targeted preparatory support to those who do not yet feel ready to participate; ongoing support including in relation to ensuring wider access and participation; and initial support to those looking to progress towards classes attended elsewhere e.g. Westminster Kingsway College.

Aims: Our project aims to ensure increased access to mainstream services and wider participation through supporting those with limited English to improve their skills in the language.

The right organisation/Programme outcomes: We operate at the heart of the community, and are proven in providing a broad range of services and activities, including ESOL. KCBNA runs three community centres across the relatively deprived King's Cross and Brunswick areas of Camden. We are regularly the first port of call for diverse communities often having difficulty to access mainstream services and opportunities due to poor English language skills (we speak the range of major community languages). Agencies (e.g. the Police, Council, health agencies, colleges) also turn to us when they want to engage with local communities. Indeed, we have a history of, and reputation for, enabling and coordinating partnership working and have extensive relationships with organisations across the sectors. We are therefore ideally placed to ensure there are more people with improved English language skills, more people accessing mainstream services, and more people participating in the wider community.

'Principles of Good Practice': As a community neighbourhood organisation, working with the diversity of local communities we draw people into all levels of our activity. Our Trustees, staff and volunteers are predominantly local people. Over 100 volunteers each year are supported in contributing to our approximate 40 activities each week. We have an impressive record of marginalised individuals progressing from service user to volunteer to member of staff or Trustee. Indeed, our Chief Executive started participating in the organisation years ago as an attendee of our youth services (as did other staff). In relation to our carbon footprint we have worked with Groundwork who have supported us in addressing our environmental impact. Examples include: our lights and taps now turn themselves off, we recycle across all of our Centres, and we use resources which are considerate of the environment. [591 words]

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**London Youth Quality Mark** 

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Partnerships and wider learning: By working in partnership with 2 local colleges (in addition to extensive joint working throughout our wider activity) we will ensure that excluded and marginalised local communities will have access to education, wider services, and wider participation opportunities.

Classes: 60 students each year will participate in a choice of 4 classes: 'ESOL with Hand stitching', 'ESOL with Sewing', 'ESOL Speaking and Listening', and 'ESOL Entry level1'. 15 students will participate in each class for 35 weeks. The length of classes varies from 2.5 to 5 hrs per week

Support: 60 students annually will be supported to sustain and progress in their attendance at classes and in relation to wider participation and access. A further 25 potential students will be supported in preparing to enter the class, for example through referral to wider activities within and outside the organisation.

Referral/ progress/ wider benefit (e.g. internet access): In addition to prospective and current students being referred into wider activity 25 ex-students will also be supported in their accessing wider opportunities available to them as a result of their participation. For example, further education, training and employment.

Recruitment and Participation (including volunteering): Students will also be encouraged to participate in wider community activities, including volunteering, which will further improve their language ability and confidence.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

More people with improved English language skills. At least 60 people per annum, predominantly from our most disadvantaged communities, will confirm greater ability and confidence in English.

People confirm increased confidence in accessing health, housing, training and employment services. At least 75 people per annum, predominantly from our most disadvantaged communities, will confirm greater confidence in accessing mainstream services and wider opportunities.

More people accessing mainstream services. At least 60 people per annum, predominantly from our most disadvantaged communities, will confirm at least one mainstream service that they have accessed as a result of support from the project.

More people participating in the wider community. At least 60 people per annum, predominantly from our most disadvantaged communities, will confirm at least one additional community activity in which they have participated as a result of support from the project.

People report reduced social isolation &/or improved wellbeing. At least 60 people per annum, predominantly from our most disadvantaged communities, will confirm reduced social isolation &/or increased wellbeing as a result of participating.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We have been providing ESOL for many years and have a record and reputation for drawing into our classes those at greatest need of ensuring access to services and opportunities. Our extensive networks and partnerships, including with educational establishments ensure that our provision is best placed to secure alternative funding and support when wider funding opportunities arise.

## Who will benefit?

## **About your beneficiaries**

How many people will benefit directly from the grant per year?
150
In which Greater Lendon berough(s) or areas of Lendon will be a C. L. L.
In which Greater London borough(s) or areas of London will your beneficiaries live?
Camden (93%)
Islington (4%)
London-wide (3%)
What age group(s) will benefit?
16-24
25-44
45-64
65-74
75 and over
What gender will beneficiaries be?
Male
Female
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
A range of ethnic groups
75 O.L
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
21-30%

## Funding required for the project

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries and on-costs (support worker + tutors)	31,532	31,847	32,165	95,544
Staff & volunteer training & expenses	2,802	2,828	2,859	8,489
Materials, stationary, publicity	1,660	1,676	1,694	5,030
Phone, internet, utilities	1,668	1,684	1,701	5,053
Rent, rates, cleaning, maintenance	4,797	4,845	4,894	14,536
Professional feels	500	508	513	1,521
Management & Core costs	7,871	7,950	8,029	23,850
	0	0	0	0
	0	0	0	0

TOTAL:	50,830	51,338	51,855	154,023
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## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Partner contribution (Working Men's College)	16,177	16,339	16,502	49,018
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0

TOTAL	0	0	 0
1.0.7.2			! 0

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries and on-costs (support worker)	16,237	16,399	16,563	49,199
Staff & volunteer training & expenses	2,130	2,149	2,173	6,452
Materials, stationary, publicity	1,450	1,464	1,480	4,394
Phone, internet, utilities	1,668	1,684	1,701	5,053
Rent, rates, cleaning, maintenance	4,797	4,845	4,894	14,536
Professional feels	500	508	513	1,521
Management & Core costs	7,871	7,950	8,029	23,850
	0	0	0	0
	0	0	0	0

	TOTAL:	34,653	34,999	35,353	105,005
_					

### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	126,122
Activities for generating funds	49,879
Investment income	598
Income from charitable activities	408,575
Other sources	0
Total Income:	585,174

Expenditure:	£
Charitable activities	532,944
Governance costs	26,195
Cost of generating funds	0
Other	0
Total Expenditure:	559,139
Net (deficit)/surplus:	26,035
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	26,035

Asset position at year end	£
Fixed assets	988,202
Investments	
Net current assets	313,577
Long-term liabilities	0
*Total Assets (A):	1,301,779

Reserves at year end	£
Restricted funds	1,021,805
Endowment Funds	0
Unrestricted funds	279,974
*Total Reserves (B):	1,301,779

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 21-30%

### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

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Grant Ref: 13549

### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	219,423	105,213	132,510
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	1,000	1,000

## **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	177,163	181,464	183,543
The Henry Smith Charity	40,400	39,200	39,000
Esmee Fairbairn Foundation	0	40,106	41,274
John Lyon's Charity	10,817	25,000	25,000
St.Pancras Thanet Street Trust	16,000	16,000	16,000

### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Nasim Ali

Role within **Chief Executive** 

Organisation:

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# The City Bridge Trust

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:				
CREAT	TE London			
If your organisation is part of a larger organ	isation, what is its name?			
East London Business Alliance (Account				
In which London Borough is your organisation	on based?			
City				
Contact person:	Position:			
Ms. Hazel Durrant	Head of Development			
Website: http://www.createlondon.org				
Legal status of organisation:	Charity, Charitable Incorporated Company or			
Registered Charity  Registered Charity  Registered Charity				
When was your organisation established? 31	/03/2010			

## **Grant Request**

Improving London's Environment

Which of the programme outcome(s) does your application aim to achieve?

More Londoners with a greater knowledge and understanding of the 'green' environment and biodiversity

More people reporting improved wellbeing through greater use of open spaces

and through growing and greening initiatives

Please describe the purpose of your funding request in one sentence.

Under which of City Bridge Trust's programmes are you applying?

Deliver two ambitious public spaces in Barking and Dagenham, encouraging community participation and enabling local people to develop skills in urban growing and green initiatives.

When will the funding be required? 23/10/2016

How much funding are you requesting?

Year 1: **£49,178** Year 2

Year 2: £43,027 Year 3: £0

Total: £92,205

### Aims of your organisation:

Create exists to explore the ways artists can contribute to the lives of people in cities. We help artists to connect closely with communities through an ambitious programme of projects. Our work is focused in east London, home to more artists and arts organisations than anywhere in Europe, and with communities living within 1%-5% of the most deprived areas of the UK.

Create's arts and social impact portfolio, of over 50 projects, supports the Strategic Regeneration Framework which has the overarching aim of the achieving 'convergence', i.e. to bring the overall living standards in east London up to the same level as those in the rest of London over the next 20 years. We use our arts practice to deliver projects, which bring significant and long-term and sustainable outcomes for those facing social and economic deprivation. Our projects aim to use art as a tool for social change to deliver environmental, health & well being and public realm benefits.

### Main activities of your organisation:

Our mission is to contribute to east London's on-going regeneration by bringing about positive social change, creating jobs and skills opportunities, attracting visitors, generating inward investment and supporting sustainable urban physical, environmental and public realm projects. We achieve this by delivering ambitious projects that are shaped to respond to the specific needs of diverse communities living in the most socially and economically deprived areas of London.

For the last year we delivered the following benefits for communities across seven London Boroughs:

- We supported 384 volunteers to help manage and deliver 15 projects, they were mainly aged over 65 years
- We delivered three new community hubs to the value of £701,047
- We produced 20 arts and social impact projects, 11 were new projects
- 51,376 people directly benefited from our projects, approximately 66% of these beneficiaries came from

boroughs that have the lowest levels of cultural engagement coupled with high and multiple indicators of social and economic deprivation.

#### Number of staff

Ful	l-time:	Part-time:	Management committee members:	Active volunteers:
	5	4	12	250

### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	10 and 25 years.

### **Summary of grant request**

#### Need

London Borough of Barking and Dagenham (LBBD) experiences high levels of social and economic deprivation, and is ranked 9th within England on the indices of deprivation, placing it in the top 3% most deprived authorities in England (Source: IMD 2015). Currently 42% of residents are satisfied with parks, open spaces, play areas and other community facilities, compared with a London average of 52%.

A Kings Fund report (2016) highlights the physical and mental health benefits for those access to green space, and that living in areas near green spaces is associated with significantly less income-related health inequality, weakening the effect of deprivation on health. (Mitchell and Popham 2008).

Conversely the borough is undergoing a major transformation to the built and green environment to make it a significantly more desirable place for people to live and work by 2030. This proposal, developed with LBBD since 2014, provides ambitious growing and greening initiatives to facilitate a greater collective appreciation of and pride in community green spaces and the public realm.

### Track Record

Our methodologies, project management, quality measures and delivery of outputs and outcomes have been developed through a portfolio of over 50 successful and ambitious social change projects - delivered collaboratively, working with seven local authorities and in partnership with local communities and leading artists and architects.

### White House:

Working with LBBD, we are currently restoring, modernising and repurposing the White House, in Becontree. We have secured significant capital funds for the house's renovation and now wish to create an ambitious new public garden, transforming a disused car park.

As part of the house's public programme, the garden space will have artist-led community activities related to the natural environment, delivered year-round. The garden will increase the number of green spaces and plants for community growing initiatives, facilitating greater biodiversity and the cultivation of produce for consumption.

### Barking Bowling Pavilion:

The repurposed Pavilion will become a dedicated space for educational, horticultural and environmental activity that promotes well-being, volunteering and community development. It will be a base for Company Drinks, a project Create set up in 2014 and which is now a CIC. The Pavilion is a priority asset for the borough as it supports objectives to bring new life to Barking Park providing new activities for users.

We have built a core of over local 200 local volunteers through Company Drinks since 2014; they will act as advocates to train and empower others to develop, run and maintain the Pavilion, the White House garden and pockets of 30 hectares of Barking Park and other local green spaces.

We aim to restore an interest and enthusiasm for the natural environment and encourage renewed local participation, which was once very much part of Borough.

### Across both sites, we aim to:

- Set up two new, connected, publicly accessible green spaces to promote the public's understanding of green initiatives and biodiversity
- Offer an educational programme making new connections between green urban resources and approaches to community and wellbeing, run with volunteer support
- Provide artist-led, well designed and maintained spaces in different locations in the borough that will act as connected hubs for promoting robust environmental stewardship and volunteering, whilst engaging with diverse communities across generations and ethnicities.
- Present the White House as an inspiring public urban garden, supported by the Pavilion, a

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social and entrepreneurial centre that will house spaces for environmental workshops, labs and social activities and for the attainment horticulture skills.

- Develop a year-round, intergenerational, socio-economically diverse and cross-cultural public environmental impact programme
- Provide a template for others to replicate.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

With around 20 current funders, and over half of these statutory funders as well as Trusts and Foundations, we have the highest level of scrutiny and are rigorous in the deliver of our projects to the highest standard and impact.

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Working with garden designers, urban farmers, horticulturalists and local residents to deliver two new publicly accessible, high quality, ecologically diverse educational spaces, providing specialist equipment and appropriate training to allow for the implementation of seasonal planting, gardening and cultivation programmes that promote biodiversity and entrepreneurial use of local, green resources.

Providing 3 dedicated coordinators across both sites, with extensive knowledge of urban growing, crop yielding and food harvesting. To deliver weekly drop-in sessions; cultivate seasonal produce and plants; lead sessions about fruit/herb identification and food processing; teach simple tasty and healthy recipes in group workshops - all supported by volunteers.

Monthly foraging walks with flora and fauna education and management will introduce best practice for identifying invasive plant species, offer an exploration of local ecosystems and an introduction to processing locally picked produce. As part of these activities we will engage local communities in year-round growing and harvesting programmes.

We will deliver vocational training that allows volunteers to manage and maintain the growing areas at both sites. This training will develop transferable work and interpersonal skills. Working with local and regional partners, we will develop accreditation models, with additional guidance from Park Rangers and the Royal Horticultural Society.

We will develop an environmental impact strategy. The sites will provide plants and wildflowers that specifically encourage bees and other pollinating insects. Working with volunteers we will promote the use of organic, chemical-free gardening for fruit, vegetables and other plants used for consumption. There will also be a composting programme.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

There will be dedicated professional coordinators for both the White House Garden and Pavilion who will be a resource to support volunteer development in terms of governance, increasing employability and vocational skills, improving emotional and physical health and well being, and for fostering better community development and cohesion.

The White House and Pavilion staff teams and volunteers will work with Park Rangers and other green initiative providers, to provide a real step change in view of increasing the number of environmental impact projects to support placemaking and local regeneration, increasing a sense of pride and local stewardship.

Providing activities that encourage the widest range of the community, in terms of ethnicity, age, and levels of income and disability, allowing people to understand and explore the environment, and to appreciate the area's natural resources, the importance of biodiversity and the need to maintain, cultivate and nourish green spaces.

Increasing the number of community volunteers and volunteering opportunities/activities, through the two new spaces and associated infrastructure and to highlighting other natural assets as places for people to meet, exercise (gardening, harvesting, foraging) and partake in recreational activity. Volunteers will be involved in all aspects of delivery and management.

Reanimating two former local assets, giving them a new communal purpose. Through long-term leases with the Council, securing agreements that will maintain these assets and their environmental resources for the long term. The projects will create a positive legacy for the benefit of diverse communities with scarce resources.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We have a long-term commitment from our partners, Barking and Dagenham Council. The Council is supporting us for the first two years providing us with long-term, affordable lease arrangements for the spaces. The two-year initial phase gives us ample time to fundraise, and each space will be designed to be low maintenance and incorporate significant levels of volunteering.

## Who will benefit?

## **About your beneficiaries**

How many people will benefit directly from the grant per year?
1,100
In which Greater London borough(s) or areas of London will your beneficiaries live?
Barking & Dagenham (100%)
What age group(s) will benefit?
0-15
16-24
25-44
45-64
65-74
What gender will beneficiaries be?
All
What will the other against (-) of the base of the bas
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
The Cally are all the land and
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
11-20%

## Funding required for the project

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Removal of asphalt/Landscaping/Installation	16,500	0	0	16,500
Planting of shrubbery and raised beds/Orchard	7,500	2,950	0	10,450
Purchase of gardening tools and equipment	2,900	900	0	3,800
Training and production kitchen/Drinks production	10,250	5,750	0	16,000
Garden furniture/New fences and borders	3,600	0	0	3,600
Volunteer expenses and support costs	2,000	2,000	0	4,000
White House/Pavilion/Young people coordinators	26,500	26,500	0	53,000
Marketing and press/events	2,000	2,000	0	4,000
Contingency	2,928	2,927	0	5,855
TOTAL:	74,178	43,028	0	117,205

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Wellcome Trust	15,000	0	0	15,000
Mayor Spacehive	10,000	0	0	10,000
TOTAL:	25,000	0	0	25,000

## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Spacehive crowdfunding	25,000	0	0	25,000
TOTAL:	25,000	0	0	25,000

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Removal of asphalt/Landscaping/Installation	11,000	0	0	11,000
Planting of shrubbery and raised beds/Orchard	5,000	2,950	0	7,950
Purchase of gardening tools and equipment	1,930	900	0	2,830
Training and production kitchen/Drinks production	6,835	5,750	0	12,585
Garden furniture/New fences and borders	2,400	0	0	2,400
Volunteer expenses and support costs	2,000	2,000	0	4,000
White House/Pavilion/Young people coordinators	17,666	26,500	0	44,166
Marketing and press/events	1,333	2,000	0	3,333
Contingency	1,014	2,927	0	4,000

TOTAL:	49,178	43,027	0	02 20E
	79,176	43,027	U	92,205
				_

Drinks Production through volunteer	6,500	0	0	6,500
programme				'
Volunteer Expenses	4,000	4,000	0	8,000
Marketing, PR, Press	4,000	0	0	4,000

TOTAL:	65,40	00 3	9,500	0	104,900

Appendix A

## Funding required for the project

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
White House Garden Coordinator	12,500	12,500	0	25,000
Planting of shrubbery and raised beds/Orchard	3,500	0	0	3,500
Purchase of gardening tools and equipment	1,800	0	0	1,800
Planting of Community Orchard	2,500	0	0	2,500
Garden furniture	1,600	0	0	3,600
Volunteer expenses and support costs	4,000	4,000	0	8,000
Barking Park Pavilion Coordinator	10,000	10,000	0	10,000
Young People Development Coordinator	4,000	4,000	0	8,000
Training Equipment	5,000	5,000	0	10,000
Garden and Harvest Equipment	2,000	0	0	2,000
Plants & Shrubs	4,000	0	0	4,000
Drinks Production through volunteer programme	6,500	0	0	6,500
Volunteer Expenses	4,000	4,000	0	8,000
Marketing, PR, Press	4,000	0	0	4,000
TOTAL:	65,400	39,500	0	104,900

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
TOTAL:	0	0	0	0

## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	25,000	0	0

## How much is requested from the Trust?

White House Garden Coordinator	12,500	12,500	0	25,000
Planting of shrubbery and raised beds/Orchard	3,500	0	0	3,500
Purchase of gardening tools and equipment	1,800	0	0	1,800
Planting of Community Orchard	2,500	0	0	2,500
Garden furniture	1,600	0	0	3,600
Volunteer expenses and support costs	4,000	4,000	0	8,000
Barking Park Pavilion Coordinator	10,000	10,000	0	10,000
Young People Development Coordinator	4,000	4,000	0	8,000
Training Equipment	5,000	5,000	0	10,000
Garden and Harvest Equipment	2,000	0	0	2,000
Plants & Shrubs	4,000	0	0	4,000

## **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	332,132
Activities for generating funds	0
Investment income	0
Income from charitable activities	511,967
Other sources	0
Total Income:	844,099

Expenditure:	£
Charitable activities	942,577
Governance costs	8,709
Cost of generating funds	73,030
Other	0
Total Expenditure:	1,024,316
Net (deficit)/surplus:	-180,217
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-180,217

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	242,513
Long-term liabilities	0
*Total Assets (A):	242,513

Reserves at year end	£
Restricted funds	103,085
Endowment Funds	0
Unrestricted funds	139,428
*Total Reserves (B):	242,513

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 41-50%

## **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

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Grant Ref: 13524

### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	536,243	170,600	125,900
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	618,751	621,968	238,670

## **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Legacy Trust UK	120,167	95,630	90,000
Arts Council	613,251	150,000	212,500
Velocity	0	204,600	0
Co-operative Events Travel	159,090	0	0
GLA	0	55,000	123,170

### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes

Full Name: Hazel Durrant

Role within

**Create London** 

Organisation:

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# The City Bridge Trust

# **Investing In Londoners:** Application for a grant



## **About your organisation**

Name of your organisation:				
Forest School Harrow				
If your organisation is part of a larger organisation, what is its name?				
In which London Borough is your organisation based?				
Harrow				
Contact person:	Position:			
Revd James Mercer	Coordinator			
Website: http://www.forestschoolharrow.co.uk				
Legal status of organisation:	Charity, Charitable Incorporated Company of			
Registered Charity	company number:1151381			
When was your organisation established? 03	/09/2012			

## **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

Improving London's Environment

Which of the programme outcome(s) does your application aim to achieve?

More people reporting improved wellbeing through greater use of open spaces and through growing and greening initiatives

Please describe the purpose of your funding request in one sentence.

WASH needs a full time manager to expand numbers of young people attending, develop a training programme which extends outside Harrow, and create revenue

When will the funding be required? 01/11/2015

Total: £72,000

Year 1: £24,000

How much funding are you requesting?

Year 3: £24,000

Year 2: £24,000

### Aims of your organisation:

Woodland Adventure Forest school works in partnership with schools, youth organisations, and charities to

- teach about the natural world, promote care for the environment and raise awareness of the importance of conservation at local, national and global levels
- develop a sense of adventure and accomplishment, and support creativity, by presenting environmental challenges, providing exciting experiences and stimulating imagination
- close the attainment gap by promoting learning to learn principles
- increase self-confidence, improve behaviour to support in-class learning and develop better communication skills
- encourage use by whole families of green spaces in Greater London and beyond
   The project also works with other settings in Harrow and neighbouring boroughs to
- provide accredited training for practitioners
- identify, and support the development of, the use of green spaces e.g. school grounds, local woodlands, parks

## Main activities of your organisation:

Programmes for young people from a range of ethnic/socio economic backgrounds. Groups include those with severe learning, and extreme social and emotional, difficulties. Sessions involve exploring and learning about a woodland setting. Pupils take part in mini beast trails, learn to handle small creatures and observe flora and fauna and learn to meet challenges cooperatively by clearing areas of forest, building natural shelters, tying knots and using basic tools.

Lessons include teaching about soils, habitats, pond life, planting and growing, crafts using natural materials and conservation.

All day extracurricular sessions are delivered for larger groups of children who spend the day in the forest setting and take part in environmental studies as above.

Family Learning programmes, including fathers and children and vulnerable families, Sessions encourage working in partnership to explore and enjoy woodland experiences e.g. shelter and big raft construction.

Training for practitioners e.g. from Early Years settings; currently at level 1, but soon to include levels 2 and 3.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	2	6	3

## Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	5 years

### **Summary of grant request**

Woodland Adventure Forest School (WAFSH) is unique in North London. It is pioneering a new approach to developing understanding of and, care for, the environment for some of the most disadvantaged young people in Harrow. A film may be viewed on YouTube @Woodland Adventure Forest School Harrow. This shows activities and gives a commentary about aims and methodology.

WAFSH began in May 2012 when a wonderful natural setting available behind All Saints' Church, Harrow Weald, was developed as an outdoor learning space. The project has been supported from the outset by Enhancing Achievement Education Strategy, Harrow Council whose focus is supporting ethnic minorities and promoting integration.

WAFSH caters for a wide range of young people from 18 months - 16 years including those who:

- Are from a variety of ethnic/socio economic backgrounds, including refugees, asylum seekers, new arrivals, Travellers, Looked After Children, Troubled Families
- Have moderate/extreme social and emotional difficulties; including young offenders
- Have severe learning difficulties
- Experience difficulty learning in the classroom, including kinaesthetic learners WAFSH involves families by sharing children's successes with them and through Family Learning programmes, particularly for fathers, which enable parents to enjoy positive social interaction through activities. It involves families from war torn countries who have benefitted from reaching out to one another across cultural barriers. It inspires families to enjoy the outdoors and explore local green spaces.

WAFSH has huge potential to meet the needs of a variety of institutions. An increasing number of charitable organisations are asking for support e.g. Children of the Fire. However there is no capacity amongst the current staffing to meet this demand.

The WAFSH experience provides structured sessions which are bespoke for the needs of the groups attending. Children are assessed throughout the programme and in school. Impact is measured and continues to demonstrate progress for all pupils.

However the qualified Level 4 Forest School trainer is employed as tutor for only 3 days a week during term time and is supported by a small team of 3 volunteers plus an assistant who works 1.5. days a week.

WAFSH promotes good practice in conservation. In order to reduce the forest school carbon foot print young people always work outdoors. A 'Classroom in the Woods' has been created through partnership with CISCO, a business which supports charities through practical team building exercises. Older students will work here for the 'The John Muir Award' which promotes 'think global act local'. The new area will reduce the stress on the primary learning space. Most materials used are natural e.g. hazel from the coppiced trees and wood grown sustainably within the woodland is used for heat/ cooking. New habitats, e.g. a pond, have been established. Groups who attend are asked to walk to the setting where possible.

WAFSH supports the Woodland Conservation Management Team and is extending its impact to include the wider community. A project to grow food is starting involving elderly residents. Young people take their produce to local homes and the residents will be asked to visit and offer advice.

Due to the success of Woodland Adventure the intention is to expand provision and training, in and out of borough. Training is currently provided for sixth form/college students and for some Early Years practitioners. The intention is to expand training to include other Harrow settings and practitioners from Barnet, Brent and Enfield to share the good practice and encourage the use of London's green spaces including woodlands, school grounds, parks

It is therefore necessary to employ a manager to design and deliver an effective business plan which will also engender funding and ensure sustainability.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Working towards 'Learning Outside the Classroom'

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

- 18 programmes for young people with severe learning difficulties involving the unique experience of exploring a woodland setting whilst offering quiet areas for independent learning. They take part in mini beast trails, handle small creatures and observe flora and fauna. They eat and sing songs around the camp fire.
- 48 sessions for young people with extreme social and emotional difficulties; including those attending pupil referral units, and young offenders. They learn to meet challenges cooperatively by clearing forest land, building natural shelters, tying knots and using basic tools. They also learn to cook over the campfire with peers..
- 9 all day environmental events for young people from a wide range of ethnic/socio economic backgrounds, including refugees, Travellers and Looked After Children, some of whom are not engaging in the classroom. They learn about soils, habitats, small creatures, flora, fauna, pond life, growing, and natural crafts.
- 9 Family Learning Programmes, some for fathers and children, include vulnerable families. Sessions inspire exploration and enjoyment of positive woodland experiences. Activities like shelter and big raft construction involve working in partnership. They are encouraged to consider other families' needs e.g. through creating assault courses for one another etc.
- 9 courses, including the provision of accredited forest school courses from level 1-3 for practitioners, and basic environmental award courses for older students (3), in Harrow. 6 level 1-3, plus follow up training, for setting up FS in identified green spaces, in 3 other London boroughs. End of project conference.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

95% of young people with severe learning difficulties who have limited opportunities to go out will have experienced something entirely new. They will benefit from safely extending their personal boundaries and their families will be encouraged to know that they have the capability to grow in this way.

Successfully meeting woodland challenges will increase confidence amongst 94% young people with a range of social and emotional difficulties. All pupils, whatever their needs, will benefit from an improved attitude to learning and working cooperatively. This in turn will begin to close the attainment gap between them and their peers.

96% of those who attend WAFSH will have had fun and developed a sense of adventure. They will understand the importance of conservation and want to investigate more out of doors by taking part in green activities. Young people and their families will be inspired to visit London's green spaces.

95% of young people and their families, who have limited access to green areas for reasons including poor housing and difficult personal circumstances, will have had positive experiences of learning outdoors. They will know more about the natural world and caring for the environment through and acquired new skills.

Accredited training of practitioners and students from 12 inner and outer borough organisations will have been delivered. This will enable them to run quality programmes to benefit young people. Minimum of 6 new FS settings will be created using green spaces in North London. Networks for FS development set up.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will continue to fund raise and to look for new ways of producing income. This will include increased provision and training for existing, and additional, Harrow organisations; also accredited training and mentoring for practitioners from other

# Who will benefit?

### **About your beneficiaries**

How many people will benefit directly from the grant per year?					
550					
In which Greater London borough(s) or areas of London will your beneficiaries live?					
Harrow (83%) Barnet (6%) Brent (6%) Enfield (5%)					
Harrier (65 %) Burnet (6 %) Brent (6 %) Ennela (5%)					
What age group(s) will benefit?					
0-15 16-24 25-44 45-64 65-74 75 and over					
What gender will beneficiaries be?					
AII					
What will the ethnic grouping(s) of the beneficiaries be?					
A range of ethnic groups					
A runge of cumic groups					
If Other ethnic group, please give details:					
What proportion of the beneficiaries will be disabled people?					
1-10%					

# **Funding required for the project**

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Woodland Adventure manager and increased assistant tutor hours	58,520	58,520	58,520	175,560
Administration and supervision	3,000	3,000	3,000	9,000
	0	0	0	0

TOTAL:	61,520	61,520	61,520	184,560
	l	I -		1 ' 1

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
John Lyon Charity projected traded income	28,520	28,520	28,520	85,560
	0	0	0	0

TOTAL:	28,520	28,520	28,520	85,560

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

	<del> </del>				
TOTAL:		0	0	0	0

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Woodland Adventure manager and increased assistant tutor hours	24,000	24,000	24,000	72,000
	0	0	0	0

TOTAL:	24,000	24,000	24,000	72,000
	24,000	27,000	24,000	72,000

#### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: July	Year: 2015	
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Income received from:	£
Voluntary income	64,954
Activities for generating funds	0
Investment income	0
Income from charitable activities	o
Other sources	16
Total Income:	64,970

Expenditure:	£
Charitable activities	26,737
Governance costs	0
Cost of generating funds	2,307
Other	0
Total Expenditure:	29,044
Net (deficit)/surplus:	35,926
Other Recognised Gains/(Losses):	
Net Movement in Funds:	

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	35,926
Long-term liabilities	0
*Total Assets (A):	35,926

Reserves at year end	£
Endowment funds	0
Restricted funds	16,029
Unrestricted funds	19,897
*Total Reserves (B):	35,926

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	1,000	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
John Lyon's Charity	18,000	18,000	18,000
Rotary Club, Stanmore and Edgware	0	5,000	0
Diocese of London	1,000	0	0
	0	0	0
	0	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes

Full Name: Revd. James Mercer

Role within

Coordinator

Organisation:

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# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:	
Son	nerset House Trust
If your organisation is part of a larger	r organisation, what is its name?
In which London Borough is your orga Westminster	anisation based?
Contact person:	Position:
Ms Diana Spiegelberg	Deputy Director
Website: http://www.somersetho	use.org.uk/
Legal status of organisation:  Registered Charity	Charity, Charitable Incorporated Company or company number: 1063640
When was your organisation establish	ed? <b>07/01/1997</b>

### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

Improving London's Environment

Which of the programme outcome(s) does your application aim to achieve?

More Londoners with a greater knowledge and understanding of the 'green' environment and biodiversity

More young people understanding the benefit of growing local food and its nutritional value

Please describe the purpose of your funding request in one sentence.

Through collective growing, cooking and feasting, Edible Utopia will explore the Utopian possibilities of food and give more Londoners a hands-on understanding of biodiversity.

When will the funding be required? 01/04/2016

How much funding are you requesting?

Year 1: **£56,250** 

Year 2: **£25,000** 

Year 3: £15,000

Total: £96,250

#### Aims of your organisation:

Somerset House is a spectacular neo-classical building covering a six acre site off the Strand in central London.

#### Somerset House Trust aims to:

- Preserve the heritage of the site and ensure that Somerset House is accessible to and enjoyed by the widest possible public.
- Shape a new model for a culture centre fit for the 21st century where;
- Art is both made and presented within the wider cultural context.
- Audiences encounter and engage with a multiplicity of cultural experiences.
- The arts are embedded inside a wider community of creative enterprise.
- Continue Somerset House's long history as a centre for debate and discussion, inspiring the public who visit and stimulating fresh thinking through our learning programme.
- Be a home for the creation of new work for artists from a wide range of disciplines, a place where boundaries are broken and where alternative views of arts and culture can emerge.

#### Main activities of your organisation:

Somerset House is a unique part of the London cultural scene. Three million people will visit Somerset house this year alone to experience the splendour of our architecture and to enjoy our vibrant cultural programme.

#### Main activities:

- Ticketed exhibitions programme in the Embankment Galleries.
- Free exhibition programmes.
- Large scale events in the Edmond J Safra Fountain Court (eg Outdoor concerts and film screenings over the summer months).
- Skate ice rink in the courtyard every Winter.
- Rolling programme of talks and workshops to illuminate Somerset House's history and heritage.
- Enhancing our visitor experience and engage targeted audiences through our participative programme of talks and workshops. Each year approximately 11,700- 12,000 people participate, with an annual growth of around 3-4%
- Nurturing artists and new artistic practices through our expanding Somerset House Studios programme.
- Supporting creative enterpises by providing a home to 150 creative businesses as tenants, 45% of which are registered charities or CICs.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
50	7	12	130

### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	2125

#### Summary of grant request

To mark the 500th anniversary of Thomas More's famous work, Somerset House (SH), the Courtauld and King's College London have programmed "Utopia 2016: A Year of Imagination & Possibility". This will explore how utopian thinking can address challenges facing contemporary society.

A key topic for the year is the environment, which ties into Somerset House's wider commitment to sustainability. Working with a consortium of participatory artists, academics and food growers, we have developed Edible Utopia.

Edible Utopia is about collective growing, participation, cooking, feasting and conversation. Participants and visitors will rediscover growing, cooking and eating as shared, lifeenhancing activities filled with utopian potential.

#### Aims:

- 1) Boost biodiversity in central London whilst improving our participants/visitors' understanding of cultivation and food cycles through hands-on engagement.
- 2) Develop deep rooted partnerships with marginalised community groups.
- 3) Inform and involve local young people in food-growing.
- 4) Produce low carbon, organically grown food to be served at the Edible Utopia feast each August.
- 5) Celebrate and showcase the work of other urban growing community initiatives.
- 6) Explore the hidden horticultural history of Somerset House.

Edible Utopia is needed because of city dwellers' disconnection to biodiversity and limited hands-on experience of food growing.

Delivery covers three areas:

#### Growing

The growing will be led be planned and overseen by Tim Mitchell and Sophie Mason, working closely with the Estates Teams at Somerset House and King's College London to oversee logistics. We are aiming for five different growing zones in the first year, eg the Conference Centre Roof.

#### Participation

- 1) Intensive partnership with four community groups, who will be consulted and participate in the growing on a fortnightly basis. These are local groups with an interest in food growing, identified as part of Somerset House's desire to broaden access amongst vulnerable audiences. Partners include St Mungo's "Putting Down Roots" initiative, Mind Food (mental health) and Southwark Day Centre for Asylum Seekers. Activities will include harvesting and preserving food ahead of the August Feast.
- 2) Weekly workshops for local schools and youth groups, eg Clement Danes and the Coram charity.
- 3) Volunteering for local people, including representatives of the 150 creative businesses/charities/CICs based at Somerset House.
- 4) Collaboration with other urban food growing community groups, who will be invited to share their experiences and contribute to the August Feast.
- 5) Informal engagement of SH's 3 million visitors through the visible growing areas, signage, drop-in weekly workshops and displays. The Pantry installation will chart the progress of the project and engage general visitors. Workshops will include topics such as composting and harvesting rainwater.

Participation involves our Learning Manager working closely with Edible Utopia Engagement Coordinator.

#### Feasting

Inspired by philosopher Fourier's (1772-1837) design for utopia, the project will culminate in a feast for 800 people in the Courtyard. This is intended to become an annual highlight of Somerset House's calendar.

The feast will be an egalitarian affair for participants and contributors to Edible Utopia, as well as other community growing projects who will be invited to join us and to share their produce as part of this communal experience. All attendees will play an active role in the preparation of the feast, which will draw on all aspects of the lifecycle. The menu will be based on food grown within Edible Utopia and by the wider network of project partners. More Londoners will have a greater knowledge of the "green environment" and biodiversity. Young people will be a particular target of the engagement programme and volunteers will play a key role in the development of the project.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold? **None at this stage.** 

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Food cultivation -- Creation of new food growing spaces across Somerset House/King's College London. Including at least 5 different zones in Year 1, eg bee hives on the roof, edible garden on conference centre roof, herb garden in King's bike yard and mobile raised beds on the River Terrace.

Volunteering programme - Involving Somerset House residents and community partners in the on-going shaping, upkeep and harvesting of the edible gardens, as well preserving and curing the produce in preparation for the August feast.

Targeted workshop programme with targeted community groups and local schools using the newly created edible gardens as a teaching resource to engage participants in topics including biodiversity, food cycles and nutrition.

Regular fortnightly public talks and workshops on the subject of sustainability and biodiversity, with ongoing engagement possible through the publicly visible growing spaces and through the Pantry installation as part of the Utopia Treasury in the Great Arch.

Feast in the Courtyard - This will involve the participation of all Edible Utopia volunteers and community partners working with chefs and artists to prepare the meal. Other community growing projects will join the celebrations and share produce. (eg Meanwhile Gardens and Equal People Mencap from North Kensington.)

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Greater knowledge and understanding of biodiversity and development of new food-growing and food preparation skills amongst all the volunteers and community participants working with the project team and growers across Edible Utopia.

Improved self reported wellbeing amongst the volunteers and community participants working with the project team and growers across the programme.

General interest in and awareness of biodiversity in an urban setting increased amongst the general public visiting Somerset House, as a result of the visible growing areas, Pantry display and informal drop-in workshops and talks.

Attitudes to food challenged amongst all those attending the feast, both in terms of what is healthy and how to prepare meals, as well as the positive experience of having a communal meal with a wide range of people from different backgrounds.

Establishment of a long term food growing programme across the site, as another pillar in Somerset House's commitment to sustainability.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Edible Utopia uses the Utopia 2016 season to kickstart this food growing programme across the Somerset House site, as part of our wider commitment to sustainability. Our new Development team will continue to fundraise for ongoing running costs, which will come down as the programme becomes embedded in our core programme of activity.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
53,720
In which Greater London borough(s) or areas of London will your beneficiaries live?
London-wide (70%)
Westminster (10%)
Lambeth (10%)
Southwark (10%)
What age group(s) will benefit?
All ages
16-24
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
1-10%

# **Funding required for the project**

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Soil and Plants	29,909	13,000	11,000	53,909
Other cultivation activity - irrigation, bed	42,306	10,000	9,500	61,806
construction etc				
Growing coordinators	43,200	21,600	21,600	86,400
Construction of workshop/display areas +	25,000	9,000	7,000	41,000
learning resources				'
Workshop facilitators, Participation Producer &	26,450	16,734	15,026	58,210
Outreach Coordinator				
Volunteer expenses for community partners -	4,800	4,800	4,800	14,400
year round		!		
Feast - equipment, ingredients, workshops,	55,657	53,215	53,715	162,587
artists				
Volunteers, volunteer coordinators, transport	7,720	7,720	7,720	23,160
for community partners				1
Staff - waiters, kitchen porters, FOH managers,	22,100	20,100	20,100	62,300
Producer				

TOTAL:	257,142	156,169	150,461	563,772
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Somerset House's own resources	50,000	40,000	30,000	120,000

TOTAL:	50,000	40,000	30,000	120,000

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Foundations, inc. Sheepdrove, Golden Bottle, Daylesford	50,892	20,000	20,000	90,892
Corporate partners, inc. Fortnum & Mason, Coutts, Waitrose	100,000	71,169	85,461	256,630
	0	0	0	0

TOTAL:	150.003	04 460	405 404	
I TOTAL	150,892	91.169	105.461	347,522
	,	,		/

### **How much is requested from the Trust?**

Expenditure heading	Year 1	Year 2	Year 3	Total
Participation	56,250	25,000	15,000	96,250
	0	0	0	0

TOTAL:	E6 3E0	25 222	4 = 000	0.0.0
IVIALI	56,250	25,000	15,000	96,250
	,	,	,	/

#### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015	
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Income received from:	£
Voluntary income	0
Activities for generating funds	7,847,964
Investment income	0
Income from charitable activities	5,062,922
Other sources	0
Total Income:	12,910,886

Expenditure:	£
Charitable activities	11,054,138
Governance costs	421,859
Cost of generating funds	2,415,004
Other	3,603
Total Expenditure:	13,894,604
Net (deficit)/surplus:	-983,718
Other Recognised Gains/(Losses):	5,841,805
Net Movement in Funds:	4,858,087

Asset position at year end	£
Fixed assets	91,913,844
Investments	0
Net current assets	1,745,167
Long-term liabilities	1,089,530
*Total Assets (A):	92,569,481

Reserves at year end	£
Endowment funds	-190,055
Restricted funds	0
Unrestricted funds	92,759,536
*Total Reserves (B):	92,569,481

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 0%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

With the full site back from the Inland Revenue, our business model is changing in line with growing ambitions for our artistic, learning and participation programmes. This requires a new approach to funding and partnerships. Hence the recent appointment of a Deputy Director, whose responsibilities include establishing a modest Development team to raise new funding from corporate partners, trusts and foundations.

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Jagclif Charitable Trust	0	35,000	0
PRS Foundation	400	0	0
	0	0	0
	0	0	0
	0	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Diana Spiegelberg

Role within **Deputy Director** 

Organisation:

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# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:				
EACH Cour	nselling and Support			
If your organisation is part of a larger of	rganisation, what is its name?			
In which London Borough is your organi	isation based?			
Ealing				
Contact person:	Position:			
Ms Sandra Machado	Director			
Website: http://www.eachcounsellir	ng.org.uk			
Legal status of organisation:	Charity, Charitable Incorporated Company or			
Registered Charity	company number:1025967			
When was your organisation established	? 19/05/1991			

### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

Improving Londoners' Mental Health

Which of the programme outcome(s) does your application aim to achieve?

More people from BME communities accessing appropriate mental health services, resulting in them receiving the right care and treatment

Please describe the purpose of your funding request in one sentence.

To enable people from the BME communities to achieve and sustain better mental health and well being through culturally appropriate counselling, support and awareness

When will the funding be required? 01/11/2016

How much funding are you requesting?

Year 1: £55,971

Year 2: £55,124

Year 3: £58,296

Total: £169,390

#### Aims of your organisation:

The aims of EACH are:

To be the leader in the development and provision of inclusive services that empower and meet the needs of individuals and families from diverse communities affected by drugs and alcohol, mental health and domestic violence.

We will achieve this by:

- •Providing quality and effective treatment to enhance positive outcomes for service users
- •Developing services targeting socially excluded groups, particularly BME communities, young people and women
- Promoting and highlighting best practice
- •Continuous professional development of our staff and volunteers to work competently and effectively
- •Empowering service users to realise their potential and maximise the opportunities available to them to do so
- •Ensuring a robust organisation able to grow and change to meet the challenges of the future

#### Main activities of your organisation:

Our main activities are:

- one to one counselling provided by qualified counsellors and trainees
- structured programmes and group work to help people achieve and sustain abstinence from substances
- motivational and practical support to people at risk of losing their tenancies, provided in their homes and at multiple locations
- behaviour change support through one to ones and groups to young offenders with a substance misuse issue
- co-ordination of mental health resource centre and support to mental health service user groups utilising it
- coaching and workshops to help people develop confidence and skills to take up work-related opportunities (employment, training, education, volunteering)
- psycho-education workshops within the community to raise awareness
- training and support programmes to ex-service users (Peer Volunteering) and counselling trainees

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:		
18	14	9	20		

### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	14 months

#### Summary of grant request

Our aim is to establish and deliver a culturally appropriate mental health counselling and support project in LB Brent to help Asian, Tamil, African-Caribbean and Somali people achieve recovery from the impact of trauma, depression and isolation on their mental wellbeing.

Project need has been identified through our current activities, research and local information as below:

- The Asian population comprises a third of Brent residents, and the Black community 21%. Deprivation levels are high and mental health is set as a priority (Joint Strategic Needs Assessment, Brent, 2014/15). Current data on available mental health service, the IAPT, highlights lack of access and engagement by BMEs. Consultations by EACH with stakeholders (GPs, social services, community groups e.g. Asian women's resource centre), indicate this is due to lack of cultural understanding, language barriers and IAPT's short term nature
- Consultations by EACH with target project service users (65 BME people via 2 focus groups, surveys and interviews) highlighted:
- o 85% were reluctant to disclose and seek help due to shame, stigma, fear of being hospitalised and cultural/religious issues, with language a barrier for Asians, Tamils and Somali participants
- All felt isolated and alone in their experiences
- Lack of awareness of appropriate services, resulting in no access or late presentations to GPs
- o 26 of the 32 Tamils and Somalis consulted reported trauma related to conflict and displacement from their countries of origin
- Our experience of providing mental health services in Harrow and Hillingdon to these communities highlights the value of language and BME specific support to address barriers to better mental health

To meet this need, we'll provide an integrated mental health programme for these communities comprising:

- Talking therapies one to one weekly counselling and therapeutic groups delivered by a qualified counsellor and 6 volunteer counsellors in community languages
- outreach and information/educational events for BMEs and professionals, by an outreach worker and peer volunteers, to raise awareness
- peer-led weekly social and leisure activity sessions, e.g outings, art classes, cooking
- Self-management programmes run over 6 weeks covering goal-setting and coping skills, e.g. on stress

Project delivery will be from our Brent centre and multiple, accessible locations across the borough to reach target participants, e.g. community centres, health centres, libraries, and co-location with other services. It will operate Mondays to Fridays daytime and 1 evening per week, with peer led activities delivered at weekends.

A marketing and communications plan will be implemented, via outreach to community groups, professionals, publicity in BME languages, our website, and by peer volunteers themselves.

EACH is well-placed to undertake this work. It's been established in Brent since 1999 with effective partnerships and referral pathways e.g. with carers, GPs, MIND, BME groups, substance misuse services, local authority, JobCentre. We are skilled in project management, governance, managing staff/volunteers from diverse backgrounds, of providing counselling and group programmes, and engaging BME communities to achieve positive outcomes.

During 2014/15, we supported 2,280 service users through 8,490 counselling sessions and 5009 support sessions. 85% reporting an improvement in their health and well-being. 61% of our service users were BME and 55% female.

Our project will help more people from the BME communities access mental health services, as it provides support that meets their needs by breaking down barriers identified through our work and research.

Our project meets the Trust's Principle of Good Practice by:

- involving service users as peers in the project's planning and delivery
- employing BME staff and utilising volunteers
- being responsive to service users' needs (language, gender-specific support, cultural understanding)
- minimising service users' travel through multiple, accessible locations

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**Investors in People** 

ISO 9001

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

5760 individual counselling sessions (with counselling provided weekly for up to 16 weeks), to support over 3 years 360 BME adults recover from mental health needs, with 60% of counselling in mother-tongue

144 therapeutic group sessions of 2 hours each for 96 BMEs, average attendance per session of 8 to help them share experiences and solutions - delivered over 3 years

10 Self-management programmes delivered over 3 years to provide 60 BMEs with skills to manage stress, compulsive behaviours and anxiety to help them develop resilience, delivered over 6 weeks per programme

36 information and educational events dlivered over 3 years for 560 professionals and BME community members in Brent to raise mental health awareness

140 peer-led activity group sessions for 120 BME service users to help them develop mutual support and integrate and connect with local community by 16 peers over project life time

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Increased access by BMEs to and engagement within mental health services that meet their cultural and linguistic needs

Beneficiaries supported on their mental health are less socially isolated through increased uptake of social, leisure and peer-led activities, and social networks

Improvement in personal recovery by project beneficiaries through better coping skills, resilience and self care

Improved knowledge and understanding by professionals and members of BME community of mental health issues experienced by BMEs and support available to them

Improvements by project beneficiaries in their confidence, self-esteem and Quality of Life

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We will have a sustainability plan at the outset, detailing how we will draw out learning and further needs identified through the work to submit bids to other funders, and to develop other sources of funding, e.g.fee paying activities. We will work in partnership with local NHS and local authority to make a case for end of project funding.

# Who will benefit?

### **About your beneficiaries**

How many people will benefit directly from the grant per year?
920
In which Greater Landon harough(a) are areas of Landon will be a second of the second
In which Greater London borough(s) or areas of London will your beneficiaries live?
Brent (100%)
What age group(s) will benefit?
16-24
25-44
45-64
65-74
75 and over
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)
Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)
Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)
Didenty Affically Caribbean background)
TE Obbarra adduntaria and a second a second and a second
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
91-100%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff salaries	35,174	35,701	36,237	107,112
Staff related costs - clinical supervision, recruitment, DBS, Insurance, sickness, travel, training, mobile phone	7,487	6,670	6,724	20,881
Peers and Trainee volunteers - training & development, and travel	1,560	1,560	1,560	4,680
Beneficiairies Welfare & Peer-led activities	960	960	960	2,880
Community events, Information sessions, Marketing	850	550	550	1,950
Office costs - Phone, Internet, IT support, Printing & Stationery	2,460	2,460	2,460	7,380
Premises - rent, heating & lighting	5,400	5,400	5,400	16,200
Management support	5,988	5,909	6,232	18,129
Project Evaluation	0	0	2,500	2,500

- 1	TOTAL					
	TOTAL:		59,879	59,090	62,323	181,292
- 1			55,675	33,030	04,343	101,494
				-	· ·	

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
EACH contribution	3,908	3,967	4,026	11,901
TOTAL:	3,908	3,967	4,026	11,901

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
	[	=	_	1

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff salaries	35,174	35,701	36,237	107,112
Staff related costs - clinical supervision,	3,200	3,100	3,100	9,400
recruitment, DBS, Insurance, sickness, travel,				
training, mobile phone				
Peers and Trainee volunteers - training &	1,560	1,440	1,260	4,260
development, and travel		'	'	,
Beneficiairies Welfare & Peer-led activities	960	960	960	2,880
Community events, Information sessions,	850	550	550	1,950
Marketing				, , , , ,

Office costs - Phone, Internet, IT support, Printing & Stationery	2,460	2,460	2,460	7,380
Premises - rent, heating & lighting	5,400	5,400	5,400	16,200
Management support	5,597	5,512	5,830	16,939
Project Evaluation	0	0	2,500	2,500

TOTAL:	55,971	55,124	58,296	169,390

# **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2016

Income received from:	£
Voluntary income	276,352
Activities for generating funds	0
Investment income	1,900
Income from charitable activities	1,117,713
Other sources	61
Total Income:	1,396,026

Expenditure:	£
Charitable activities	1,363,043
Governance costs	7,409
Cost of generating funds	0
Other	0
Total Expenditure:	1,370,452
Net (deficit)/surplus:	25,574
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	25,574

Asset position at year end	£
Fixed assets	4,958
Investments	0
Net current assets	662,494
Long-term liabilities	0
*Total Assets (A):	667,452

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	667,452
*Total Reserves (B):	667,452

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 91-100%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Grant Ref: 13467

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	495,888	1,711,859	1,963,451
London Councils	0	80,023	80,023
Health Authorities	1,067,271	8,329	8,329
Central Government departments	0	0	0
Other statutory bodies	50,504	83,508	0

### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Comic Relief	40,000	40,000	40,000
	0	0	0
	0	0	0
	0	0	0
	0	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes

Full Name: Ms Sandra Machado

Role within

Director

Organisation:

# The City Bridge Trust

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:						
Hestia Housing & Support						
If your organisation is part of a larger organ	isation, what is its name?					
Hestia						
In which London Borough is your organisation	on based?					
Southwark						
Contact person:	Position:					
Mr Thomas Neumark	Director of Development & Performance					
Website: http://www.hestia.org						
Legal status of organisation:	Charity, Charitable Incorporated Company or					
First Contact	company number:294555					
When was your organisation established? 07	/10/1986					

## **Grant Request**

Improving Londoners' Mental Health

Under which of City Bridge Trust's programmes are you applying?

Which of the programme outcome(s) does your application aim to achieve?

More children and young people receiving specialist help, resulting in improved mental health

More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being

Please describe the purpose of your funding request in one sentence.

Fund for a Children and Family worker to provide specialist emotional and psychologically informed approach support for children that have fied and experienced domestic abuse.

When will the funding be required? 01/09/2016

How much funding are you requesting?

Year 1: £33,010 Year 2: £33,010 Year 3: £33,010

Total: £99,030

#### Aims of your organisation:

Hestia Housing & Support is a Registered Charity which started in 1970 by Jim Horne, a man who had personal experience of homelessness, started a soup run to help people living rough around the old Covent Garden Market.

Our Vision is 'Empowering People, Changing Lives'. This is achieved through our mission of delivering high quality housing, support, protection and care services in partnership with service users and local communities.

We also run a variety of other London services -- delivering supported housing, registered care homes, community outreach services, and day centres. We offer practical support to people with mental health needs, ex-offenders and young people; helping them into education, volunteering, training and employment.

We have over 40 years of experience of delivering registered care homes for those with severe and enduring mental health needs. We also provide community outreach services to help people to live independently, including day center services that offer tailored resources and activities that promote healthy living.

#### Main activities of your organisation:

Hestia is the largest provider of domestic abuse refuges across London. In 2014-15 we supported more than 4,000 women and children within our domestic abuse service provision.

At Hestia, supporting children in our refuges is one of our main priorities. In 2014, we provided over 1,600 play sessions, 402 homework clubs and almost 300 school holiday activities to the 545 children that stayed with us.

As part of our response to abuse, we provide vital accommodation and advocacy support to victims of human trafficking in London. Our Independent Domestic and Sexual Violence Advocates support women and men at high risk of abuse, who are living in the community and in refuges.

We also run a variety of other services -- delivering supported housing, registered care homes, community outreach services, and day centres. We offer practical support to people with mental health needs, ex-offenders and young people; we help them into education, volunteering, training and employment.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
342	96	9	344

### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Until October 2022

#### **Summary of grant request**

950,000 children across the UK are affected by domestic abuse, either directly as victims of violence, or indirectly in terms of witnessing violence (BCS, 2009). In a recent survey of 86 women with children living across Hestia's safe houses, 79% reported they had left their abusive partner because they feared for their children's safety (Hestia, 2015).

Research carried out by the Department of Health (2015), revealed around 75% of mental health problems in adult life commenced in childhood. A lack of mental health support for children costs lives and can be a drain on local resources. Early intervention is critical as it can prevent children falling into crisis and avoids expensive and long term treatment in adulthood.

Hestia has delivered domestic abuse services for over fourteen years. We know that witnessing domestic abuse can have long-term consequences for a child. Milner (2010) confirmed our experience, finding that the majority of children who have witnessed or experienced domestic abuse are more likely to present either 'internalised' behaviours such as depression and 'externalised' behaviours such as aggressiveness or age-inappropriate behaviour.

We are the largest provider of domestic abuse services in London. In 2015, 92% of people who used our domestic abuse services improved their physical and well-being health. We are proud to be recognised throughout London as a forward thinking and innovative provider, in that we take a holistic family approach to supporting victims of domestic abuse through our Children and Family Workers, who provide specialist emotional and practical support to children that have been affected by domestic abuse, as well as provide the tools and resources to the women to build their confidence with their parenting skills.

Our Children and Family Worker supports the physical, mental, emotional and developmental wellbeing of children (aged 0-17) affected by domestic abuse. Unlike many services offered to families experiencing domestic abuse, Children and Family Workers focuses primarily around the welfare and well-being of the children.

The support provided is person-centred, and tailored to the child and the mother's needs, which includes -

- Twice weekly Group Play Sessions for pre-school children
- Twice weekly After School Sessions for all children.
- Fortnightly Children's House & Consultation Meetings
- Fortnightly one-to-one Sessions
- School Holiday activity programme, 3 days a week during holidays with educational, recreational and interactive opportunities, such as cookery, craft, sports, trips to museums and parks
- Monthly Parent Support Groups
- Quarterly Workshops looking at different issues e.g. substance misuse, healthy relationships
- An individual assessment, safety and support plan for every child on arrival at the refuge, reviewed and updated at least every 3 months
- Ongoing advocacy, partnership working, awareness raising, referral and liaison with education, health, social services and local community resources

These activities are designed to:

- Give children the opportunity to talk about their feelings and experiences
- Enable children to spend time with their peers, to have fun and make friendships
- Help children settle at the refuge; providing a sense of routine and normalcy
- Enable children to access the mainstream and specialist services they need for their welfare

We are a service user led organisation, our services improve according to the needs of our service users. We embrace diversity and ensure all our service users and volunteers, regardless of their backgrounds their voices are heard and actioned. We also have a

dedicated Service User Involvement department which provides support to nearly 400 active volunteers through training, employment opportunities and tailored support meeting their goals and aspirations.

We have a Sustainability Policy and provide training to all our staff on reducing our carbon foot print.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

EXOR Accreditation, Mentoring and Befriending Foundation Accreditation, DVCN (Domestic Violence Coordinators Network), Investors in Volunteers, Positive

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Supporting children through fortnightly one-to-one sessions using psychologically informed approaches such as motivational interviewing. In addition to providing practical support such as: registering and supporting the child settle into their new school, ensuring they are registered with a GP and enabling them to access appropriate specialist psychological services.

Non-directive group therapeutic age appropriate play, art and dance/movement therapy, twice weekly to help release troubling emotions that may be difficult to communicate verbally or in other ways which have been affected by domestic abuse.

Supporting mothers to repair the mother-child bond through the use of well-being tools and resources. These empower mothers to build a healthy relationship with their children.

Helping mothers improve their confidence and parenting skills -- providing information on their child's development, helping them to understand the causes of difficult behaviour, setting boundaries, and helping mums to access local parenting classes and support groups.

Raising awareness around Domestic Abuse -- providing appropriate prevention training to local services such as - schools, social services, A&E, GPs, midwives and community centres.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Mental Health and Well-Being for Children and Young people at high risk of developing mental health problems in adulthood. Ultimately reducing the probability of children and young people falling into crisis and supporting them to live fulfilling lives.

Understanding the importance of building healthy relationship with their parents, their peers and other adults.

Empower young people and children to become active citizens.

Empower women to lead healthy, safe, stable and fulfilling family lives.

Prevention work around domestic abuse within the community, ultimately reducing the incidents of domestic abuse.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We intend to seek ongoing funding for this post from the local Clinical Commissioning Group. We are also diversifying our approach to fundraising to maximise income from all available funding streams including: Individual giving, Major Donor, Corporate Giving, as well as events.

### Who will benefit?

### **About your beneficiaries**

How many people will benefit directly from the grant per year?
100
In which Greater London borough(s) or areas of London will your beneficiaries live?
Westminster (100%)
What age group(s) will benefit?
0-15
16-24
What gender will beneficiaries be?
Male
Female
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
1-10%

# **Funding required for the project**

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary (NI + pensions)	26,344	26,344	26,344	79,032
Direct costs (activities, travel, expenses, craft materialetc)	3,665	3,665	3,665	10,995
Central Management costs	3,001	3,001	3,001	9,003
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	33,010	33,010	33,010	99,030	7
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## What income has already been raised?

Source			Year 1	Year 2	Year 3	Total
	0	0	0		0	
TOTAL:			0	0	0	0

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
The Ruth & Stuart Lipton Charitable Trust	16,505	16,505	16,505	49,515
The Swire Charitable Trust	16,505	16,505	16,505	49,515
	0	0	0	0
	0	0	0	0

TOTAL:	33,010	33,010	33,010	99,030

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary 1 FTE	23,112	23,112	23,112	69,336
National Insurance	2,077	2,077	2,077	6,231
Pensions	1,155	1,155	1,155	3,465
Direct Costs	3,665	3,665	3,665	10,995
Central Management Costs	3,001	3,001	3,001	9,003
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	33,010	33,010	33,010	99,030
Printy Fa				

### **Finance details**

Please complete using your most recent audited or independently examined accounts.

March Year ended. Month: Year:	Financial year ended:	Month: March	Year: <b>2015</b>
--------------------------------	-----------------------	-----------------	-------------------

Income received from:	£
Voluntary income	187,026
Activities for generating funds	0
Investment income	182,291
Income from charitable activities	21,196,404
Other sources	0
Total Income:	21,565,721

Expenditure:	£
Charitable activities	21,207,824
Governance costs	98,417
Cost of generating funds	114,819
Other	37,714
Total Expenditure:	21,458,774
Net (deficit)/surplus:	106,947
Other Recognised Gains/(Losses):	126,121
Net Movement in Funds:	565,215

Asset position at year end	£
Fixed assets	2,179,597
Investments	8,166,585
Net current assets	1,145,391
Long-term liabilities	409,000
*Total Assets (A):	11,082,573

Reserves at year end	£
Restricted funds	1,672,288
Endowment Funds	0
Unrestricted funds	9,410,285
*Total Reserves (B):	11,082,573

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 61-70%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

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Grant Ref: 13492

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	15,798,143	13,879,403	19,002,877
London Councils	0	0	0
Health Authorities	0	842,608	860,390
Central Government departments	1,295,390	1,294,698	1,329,007
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
BA	45,000	45,000	45,000
Oak Foundation	0	109,146	75,269
London Housing Foudation	14,191	54,191	30,000
Children In Need	30,000	30,000	30,000
Comic Relief	34,508	23,660	7,886

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Thomas Neumark

Role within **Director of Performance and Development** 

Organisation:

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# Agenda Item 7m

# **The City Bridge Trust**

# **Investing In Londoners:** Application for a grant



# **About your organisation**

Name of your organisation:	·
	PAC-UK
If your organisation is part of a larger o	rganisation, what is its name?
In which London Borough is your organi	isation based?
Camden	
Contact person:	Position:
Ms Kate Newton	Head of Fundraising
Website: http://www.pac-uk.org	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number:294998
When was your organisation established	? <b>18/06/2014</b>

## **Grant Request**

Under which of City Brid	lge Trust's programmes are you	ı applying?
	Improving Londoners' Mei	ntal Health
Which of the programm	e outcome(s) does your applica	tion aim to achieve?
More children and you mental health	ung people receiving special	ist help, resulting in improved
=		
Please describe the purp	pose of your funding request in	one sentence.
Strengthening the ma London to improve th children and young po	e mental health of more ado	g and therapeutic services in opted/permanently placed
When will the funding be	e required? <b>01/01/2017</b>	
How much funding are y	ou requesting?	
Year 1: <b>£60,858</b>	Year 2: £61,771	Year 3: <b>£0</b>
Total: £122,629		

### Aims of your organisation:

PAC-UK exists to improve the lives of families and individuals affected by adoption and other forms of permanent care by providing support, counselling and therapeutic help. In addition we aim to increase the awareness and knowledge of professionals and the general public about these issues.

### Main activities of your organisation:

To achieve our objectives, we offer the following key services:

- 1. An Advice Line staffed by qualified and experienced PAC-UK counsellors who can provide advice and information on all aspects of adoption and other forms of permanent care
- 2. An Adult Counselling Service accessible to adopted/permanently placed people, adopters/permanent carers and prospective adopters; birth family members; professionals
- 3. A Child & Family Service offering support, counselling and intensive therapy to adoptive families or those with a permanently placed child, including special guardians and kinship carers
- 4. An Education Service working with children, parents and schools to improve the educational experience and outcomes of adopted/permanently-placed children
- 5. A First Family Service for birth parents and birth relatives providing a range of advice, counselling and groups for birth family members
- 6. A Training Service offering a comprehensive training programme focussing on adoption and permanent-placement specific topics, delivered to adoptive parents and the professionals who work in adoption.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
17	35	7	10

### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

### Summary of grant request

#### Need:

Adoption can be a difficult journey for all those involved: the children who have suffered multiple trauma prior to their placement; the new families faced with their children's exceptional needs; young people adopted as children still suffering the emotional effects of their early experiences.

Having worked in this specialist field since 1986 we know that those in need have struggled to receive help, mainly due to lack of financial support. The government has recently firmly acknowledged that adoption support is essential in ensuring the best outcome for the adopted child. In May 2015 more finance was introduced via the Adoption Support Fund, resulting in a burgeoning demand for therapeutic support from needy adoptive families, many close to breakdown. PAC-UK has already seen a surge in interest:

- In our London base we now have 42 children in intensive family therapy and 10 families waiting; previously we have done this work with around 20 families a year. (90% of families live in London).
- Our London Advice Line handled 1929 calls in 2015/16 (55% from within London) and 3707 counselling appointments took place, representing a 10% increase.
- In 2016 the Adoption Support Fund was extended to young adopted/permanently placed people aged 18 to 21 (25 with a statement of educational need) and we expect rapid growth in young adult clients. This group has historically fallen into a gap in state-provided services, with a disruptive transition from CAMHS to Adult Mental Health services at age 18. PAC-UK works with these young people in either our Child or Adult Service, depending on whether they attend with their families or not.

### Why PAC-UK is the right organisation:

PAC-UK was formed in 2014 from an amicable merger between PAC (London) and After Adoption Yorkshire (Leeds), becoming the country's largest specialist independent adoption support agency. We have taken best practice from each organisation to build a model of service delivery which is both innovative and scalable. With a stronger, national profile, and an 'Outstanding' rating from Ofsted, we believe we are the right organisation to take on this growth.

#### Project:

PAC-UK's overall management structure has not changed since before the merger; yet in that time we have doubled our annual turnover. Our capacity is currently stretched to the limit and in order to expand without compromising the high quality of our specialist services we urgently need to create extra management capacity.

Specifically we wish to incorporate into our structure both in London and Leeds a 'Practice Manager' for each of our key services. We would like the City Bridge Trust to contribute to the cost of two new 'Practice Manager' posts in London: within our Child & Family Service and Adult Service respectively.

The Practice Managers will be responsible for the daily running of each service, and supervision of the rapidly expanding therapeutic/counselling teams. The regular supervision and appraisal of the staff we are recruiting is essential to retain quality of service. Creating this extra layer of management will also free up time for the Heads of Service to concentrate on strategic development and innovation.

#### Meeting Trust's programme outcomes:

By strengthening our structure we will be able to give specialist help to more children and young people, leading to improvements in their mental health.

#### Principles of Good Practice:

- Service user comments are collected via robust evaluation systems and incorporated into working practices if appropriate.
- All staff receive regular training in equality and diversity.
- A volunteer coordinator supports and makes best use of volunteers.
- Carbon footprint controlled through energy-saving measures, careful control of consumable items and use of recycled items.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**eQuality (Equal Opportunities and Diversity)** 

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Increase the number of children, young people and their families helped via our Child & Family and Adult Services by 15% over two years. Supporting the adults around the child to learn therapeutic parenting techniques can be as helpful as direct intervention with the child.

Increase the number of kinship carers and special guardians helped by 35% over two years. These types of permanent placements other than adoption are rising. These families need intense support to help them deal with issues of trauma, loss and abuse to avoid placement disruption.

Offer advice and therapy to at least 30 more vulnerable adopted young people aged 18-24. As survivors of neglect and abuse, these children's journey into adulthood can be challenging and distressing as they continue to struggle with their early trauma.

Develop, train and maintain a specialist team of around 50 counsellors and therapists to work both in our London therapy suite and using a new innovative approach of working inside adopters'/carers' homes.

Increase the size of both Child & Family and Adult teams by 2.5 full-timeequivalent therapists per team in order to cope with higher demand. What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Of the 500+ adopted/permanent care children, young people and their families supported by PAC-UK over 2 years, more than three quarters will have increased the level of understanding of their issues and will experience improved mental health.

More than three quarters of the kinship carers and special guardianship families supported by PAC-UK will be better able to manage their situation and report an improvement in their wellbeing.

Three quarters of the additional young adopted people aged 18 to 24 accessing PAC-UK's specialist services will better understand their issues and experience improved self esteem.

PAC-UK's growing therapeutic team will manage better the demands and emotional impact this intense work has on them; they will have stronger resilience, and opportunities through training and experience to develop innovative and effective techniques.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. Creation of extra capacity at practice manager level will promote the effectiveness of the counselling and therapeutic teams, and allow Heads of Service to concentrate on service growth and development. This will result in an increase in fee-paying work and reduced reliance on grant funding.

# Who will benefit?

### **About your beneficiaries**

How many people will benefit directly from the grant per year?
280
In which Greater Landon bereugh(s) as a second flow day in the second se
In which Greater London borough(s) or areas of London will your beneficiaries live?
London-wide (100%)
What age group(s) will benefit?
0-15
16-24
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
Té Othan athair anns a leastaige anns a
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
91-100%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
2 full-time Practice Manager salaries	75,400	76,531	0	151,931
Employer National Insurance contributions	7,750	7,866	0	15,616
Employer pension contributions	3,790	3,847	0	7,637
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	86,940	88,244	0	175,184
		00/211		1/3/104

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
PAC-UK (3 days/week Practice Manager)	26,082	26,473	0	52,555
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	26,082	26,473	0	52,555
	,	_0,120	J	32,333

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL				
TOTAL:	0	0	0	0

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
7 days per week Practice Manager salaries	52,780	53,572	0	106,352
Employer NI contributions	5,425	5,506	0	10,931
Employer pension contributions	2,653	2,693	0	5,346
	0	0	0	0

TOTAL:	60,858	61,771	0 122,629

### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	247,350
Activities for generating funds	24,669
Investment income	33
Income from charitable activities	1,152,491
Other sources	88,580
Total Income:	1,513,123

Evnanditure	
Expenditure:	£
Charitable activities	1,413,278
Governance costs	76,092
Cost of generating funds	3,469
Other	0
Total Expenditure:	1,492,839
Net (deficit)/surplus:	20,284
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	20,284

Asset position at year end	£
Fixed assets	973,799
Investments	0
Net current assets	145,558
Long-term liabilities	406,749
*Total Assets (A):	712,608

Reserves at year end	£
Restricted funds	10,175
Endowment Funds	0
Unrestricted funds	702,433
*Total Reserves (B):	712,608

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 71-80%

### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Grant Ref: 13542 Page 78

### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	237,666	336,957	320,043
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	219,700
Other statutory bodies	99,686	624,943	583,011

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Big Lottery	90,609	90,525	92,547
Dulverton Trust	0	30,000	0
Henry Smith Charity	39,000	15,750	0
John Ellerman Foundation	0	0	50,000
Tudor Trust	36,000	0	20,000

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Kate Newton

Role within **Head of Fundraising** 

Organisation:

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# **The City Bridge Trust**

# **Investing In Londoners: Application for a grant**



# **About your organisation**

Name of your organisation:			
Place2Be			
If your organisation is part of a larger organisation, what is its name?			
In which London Borough is your organisation based?			
Islington			
Contact person:	Position:		
Miss Polly Praill Senior Grants Officer			
Website: http://www.place2be.org.uk			
Legal status of organisation: Charity, Charitable Incorporated Company o			
Registered Charity company number:1040756			
When was your organisation established? 26/04/1994			

# **Grant Request**

Under which of City Brid	ge Trust's programmes are you	ı applying?
Improving Londoners' Mental Health		
Which of the programme	e outcome(s) does your applicat	tion aim to achieve?
More children and young people receiving specialist help, resulting in improved mental health		
Please describe the purp	ose of your funding request in o	one sentence.
Sustaining and develo Brent and Ealing	ping Place2Be's school base	ed mental health services in
When will the funding be	e required? <b>01/09/2016</b>	
How much funding are y	ou requesting?	
Year 1: <b>£48,144</b>	Year 2: <b>£49,348</b>	Year 3: <b>£50,581</b>
Total: £148,073		

#### Aims of your organisation:

Place2Be's mission is to enhance the wellbeing and prospects of children and their families by providing access to therapeutic and emotional support in schools, using a proven model backed up by research and training. We aim to achieve the following:

- To improve the mental health of children aged 4 to 14 through the delivery of early intervention services in schools.
- To support children to achieve their academic potential.
- To support school staff to understand children's behaviour in relation to their emotional wellbeing.
- To support vulnerable parents to help them develop positive relationships with their child.
- To equip professionals with the skills and knowledge to support children's mental health.

#### Main activities of your organisation:

We currently work in 257 schools reaching a total school population of 105,000 children, helping them to cope with complex social issues including bullying, bereavement, domestic violence, family breakdown, neglect and trauma.

Permanently based within the school, we deliver a range of services to support the emotional wellbeing of the whole school community. This includes our universal Place2Talk service which any child can access in their lunchbreak and one-to-one counselling for children with more urgent needs.

We support school staff through training and consultation, improving their understanding of children's mental health and helping them to develop effective strategies for managing children's behaviour in the classroom. We also have dedicated Parent Counsellors which 60% of our schools have access to, supporting vulnerable parents to address the issues which are affecting their relationships with their child. We draw on our experience to train over 3,000 professionals annually ranging from a one day workshops through to a Diploma and Masters in Counselling Children.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
82	260	15	976

#### Property occupied by your organisation

Is the main property owned, leased or	If leased/rented, how long is the outstanding
rented by your organisation?	agreement?
Owned	

### Summary of grant request

We are seeking funding for our Service Manager in Brent and Ealing where we see a significant need from schools for our mental health services.

One in ten children aged between 5 and 16 years has a mental health problem; half of those with lifetime mental health problems first experience symptoms by the age of 14 yet only 6% of the annual mental health budget is spent on children's mental health. The impact of disadvantage on children's emotional wellbeing is significant and many young people in areas where Place2Be is active are particularly at risk of poor mental health as a result.

Teams of trained Volunteer Counsellors, supervised by qualified counsellors will be based permanently within each school to deliver a range of services for children, parents and school staff. The Service Manager for Brent and Ealing will oversee service delivery across 32 schools in the two boroughs. Each school will have a dedicated Place2Be room full of play and art materials which are used in the counselling sessions.

Through school-based counselling, we aim to improve a child's ability to reach their academic potential and form healthy relationships. We aim to be accessible to the most vulnerable children in a way that is non-stigmatising and direct. Place2Be's early intervention approach aims to bring about long term change for families rather than providing a quick fix. We aim to address mental health issues in children before they escalate into more serious problems. We also aim to engage with teachers and parents, equipping them with the emotional resilience and confidence to better support children in the classroom and at home.

Place2Be has over 20 years of experience delivering school-based mental health interventions. We have a strong evidence base which proves that our approach works and delivers measureable improvements for the whole school community. This is reflected by the demand for our service from schools and our growth year on year. Place2Be has been working in Brent for over 15 years and Ealing for six and our staff team are well established in the area with a good understanding of local need.

This project meets the Trust's programme outcome of 'more children and young people receiving specialist help, resulting in improved mental health.' We will achieve this by ensuring that children have access to immediate therapeutic support within the safe space of their school. Our robust monitoring and evaluation processes will demonstrate that our work improves children's mental health.

This project meets the Trust's 'Principles of good practice':

As commissioners of the service, Headteachers feed in to ensure it meets the needs of the school and the wider community. This collaborative relationship ensures that we are always reviewing and developing the service. The integration and flexibility of our model enables us to respond to emerging needs in the community.

Place2Be's equal opportunities policy states our commitment to valuing diversity. We make every reasonable endeavour to ensure that everyone is treated fairly on the grounds of sex, colour, marital status, race or caste, ethnic or national origin, religion, sexual orientation, disability or age.

Volunteers are the lifeline of Place2Be, delivering one-to-one counselling. Volunters are qualified counsellors or in training, our in depth induction, training and supervision further supports their professional development.

In 2011 Place2Be was one of 5 runners up for the Sustainable City Awards, Greening the Third Sector Category. Our Environmental Charter outlines our commitment to reducing our impact on the environment. Our operations are guided by the 3Rs of reduce, re-use and recycle. We seek to use environmentally friendly suppliers and influence others to reduce their impact on the environment.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Our qualifications are accredited by the Counselling and Psychotherapy Central Awarding Body

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Each year we will recruit and train 120 Volunteer Counsellors, placing them in schools to deliver one-to-one counselling for a minimum of one year

Up to 520 children will be referred to Place2Be annually for one-to-one counselling with weekly sessions lasting up to one year.

Up to 4,700 children will visit the self-referral service Place2Talk during their lunch break annually

Each year up to 15 parents will receive support from a dedicated Place2Be Parent Counsellor to address specific issues for up to one year.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Volunteers are equipped to support children's mental health and emotional wellbeing in their community

Children show improved emotional wellbeing, behaviour and attitudes to learning
Children have universal access to mental health support within their school

Parents exhibit improved emotional wellbeing and enhanced relationship with their child

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, we will continue to fundraise from a range of sources including individuals, companies, events and trusts. We will support our partner schools to raise their contributions where feasible and continue to build a strong body of evidence to demonstrate our impact in order to increase commissioning from local authorities.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
5,350
To which Constant and a bound (a) an area of lander will so when finishing the 2
In which Greater London borough(s) or areas of London will your beneficiaries live?
Brent (47%)
Ealing (38%)
Harrow (9%)
Hillingdon (6%)
What age group(s) will benefit?
0-15
25-44
45-64
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
41-50%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Service Manager	48,144	49,348	50,581	148,073
Cluster Manager x 3	123,900	126,998	130,172	381,070
School Project Manager x 32	599,504	614,492	629,854	1,843,849
Parent Counsellors x 2	34,299	35,156	36,035	105,491
Volunteer recruitment and training	138,581	142,046	145,597	426,223
Research and Evaluation	23,243	23,824	24,420	71,487
Overheads and management costs	161,658	165,699	169,842	497,199
Project support - Safeguarding and Education Psychologist	31,757	32,551	33,365	97,673
Local costs (travel, office, play materials etc.)	28,800	29,520	30,258	88,578

TOTAL:	20	 Ī	1,189,88	1,219,63	1,250,12	3,659,64	1
	 			1		-	

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
School contributions	818,727	818,727	818,727	2,456,181
Bernard Lewis Family Charitable Trust	100,000	1,000,000	50,000	250,000
John Lyons Charity	100,000	100,000	100,000	300,000
Other trusts	57,166	31,775	31,775	120,716

TOTAL: 1,075,89 1,050,50 1,000,50 3,126	,89

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:	0	0	0	0

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Service Manager	48,144	49,348	50,581	148,073
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
<u></u>				

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2016	
-----------------------	--------------	------------	--

Income received from:	£
Voluntary income	6,473,000
Activities for generating funds	
Investment income	34,000
Income from charitable activities	8,316,000
Other sources	
Total Income:	14,823,000

Expenditure:	£
Charitable activities	11,513,000
Governance costs	11,313,000
Cost of generating funds	660,000
Other	
Total Expenditure:	12,173,000
Net (deficit)/surplus:	2,650,000
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	2,650,000

Asset position at year end	£
Fixed assets	2,048,000
Investments	1,750,000
Net current assets	4,814,000
Long-term liabilities	1,003,000
*Total Assets (A):	7,609,000

Reserves at year end	£
Endowment funds	
Restricted funds	90,000
Unrestricted funds	7,519,000
*Total Reserves (B):	7,609,000

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 11-20%

### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: N/A

### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	265,361	241,470	262,127
London Councils	0	0	0
Health Authorities	99,000	115,771	644,729
Central Government departments	662,000	725,000	700,000
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
Impetus Private Equity Foundation	80,000	80,000	403,0	00
Fidelity Foundation	25,000	213,000	0	
Pears Foundation	25,000	75,000	75,00	0
Rayne Foundation	0	50,000	75,00	0
Paul Hamlyn Foundation	45,600	46,740	47,90	9

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Polly Prail!

Role within **Senior Grants Officer** 

Organisation:

# The City Bridge Trust

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:	
Red Balloon Learn	er Centre NW London
If your organisation is part of a larger organi	sation, what is its name?
Red Balloon Learner Centre Group	
In which London Borough is your organisation	n based?
Harrow	
Contact person:	Position:
Dr Carrie Herbert	Founder and president
Website: http://www.redballoon.org.uk	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number: 1109947
When was your organisation established? 09	/06/2005

### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Improving Londoners' Mental Health** 

Which of the programme outcome(s) does your application aim to achieve?

More children and young people receiving specialist help, resulting in improved mental health

A reduction in suicide and self-harm amongst the recognised at risk groups

Please describe the purpose of your funding request in one sentence.

Providing comprehensive and excellent wellbeing programmes in a supportive community so that self-excluding bullied children with mental health issues recover and return to mainstream education.

When will the funding be required? 01/06/2016

How much funding are you requesting?

Year 1: £75,200 Year 2: £77,520 Year 3: £79,850

Total: £232,570

#### Aims of your organisation:

Red Balloon Learner Centre NW London (RBNWL) provides a full time provision to recover severely bullied or otherwise traumatised children who are self-excluding from school and who are often disregarded by local authorities. Our 'intensive care' programme comprises roughly equal amounts of time and resources to academic studies and wellbeing/mental health. It is the wellbeing aspect of the provision for which we are seeking funding. Because the children have often been out of school for weeks, months and, in some cases, years they are demoralised, depressed, and have poor mental health. Some symptoms they display are self-harm, panic attacks, flashbacks, depression, eating disorders and suicide ideation.

Our aims are threefold:

to raise self esteem, help them manage their mental health issues (which are often temporary);

get them back learning;

to return them to mainstream education. Over 90% of the children who stay longer than six weeks do this.

At RB the term Wellbeing includes activities to improve mental health.

### Main activities of your organisation:

At RB-NWL the aims determine the activities offered.

- 1. Education: to provide a broad based curriculum, based on a negotiated concept of learning.
- 2. Wellbeing: because of the fragile/distraught/withdrawn state of many of the children it is important, in the first instance, to establish emotional stability, for a child in a state of arousal learns little. All the staff (including the housekeeper and administrator) have basic counselling skills, so that wherever or whenever a child were to break down, a member of staff can provide appropriate support. In this way each staff member contributes to the wellbeing, emotional stability and confidence of the student. The activities designed to help children become calmer, more in control are individually based dependent on the child's needs. Activities include, circle time, debates, whole school lunches, one to one counselling, excursions, activity weeks, team-building, team projects and games.
- 3. Return to mainstream education/apprenticeship involves one to one support in finding an appropriate next step.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	9	8	4

### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Two years

### Summary of grant request

The need for the project.

Research by NatCen (2011), shows there are 16,000+ severely bullied self-excluding children who are unable to attend school. These figures are for children aged 11-15 in England. Red Balloon is the only charity in the UK which deals with this issue. There are many other charities which deal with prevention; we deal with recovery. RB successfully addresses this issue by providing a combination of education and wellbeing/mental health provision in a supportive community.

How the work will be delivered?

The wellbeing and mental health work is delivered by every member of staff according to their skills/training, in a variety of ways, incurring various amounts of time, depending on the needs of the child. The programme includes counselling, dealing with personal issues such as panic attacks or eating disorders, overcoming social phobias, leaving home/parents, working in pairs/groups/teams, debating and trusting others. RB-NWL has a therapist, counsellor and trained personal & social education teachers as well as other teachers/staff who are involved in the programme.

What your project will aim to achieve?

These were 'ordinary' children before the bullying/trauma began and rendered them vulnerable, who need a short-term placement in a full-time therapeutic community to receive specialist help to improve their temporary mental health issues. They are often depressed, self-harming and/or suicidal. Our aims are to improve their mental health by building their self-esteem, getting them back on an academic track and returning them to mainstream education. Our individual, tailored, wellbeing programme focuses on building self-worth and confidence, teaching strategies to deal with bullying, building resilience, understanding and coping with emotions, addressing ethical and personal issues, and helping them understand how to form sustainable relationships. We aim to return at least 90% into mainstream education at the end of the programme.

Why you are the right organisation to deliver the work?

In May 2014 RB Group commissioned cost effectiveness research (CEA) to analyse the impact that the recovery programme had on the cohort of children (1996-2013) over the age of 18 who attended a Centre for six weeks+. Alumni and their parents/carers were canvassed by questionnaire. Results are as follows:

- 1. Over 85% of parents report RB impact as very positive.
- 2. Over 85% of parents give RB highest rating for academics, therapeutic support, staff and "feel of the place".
- 3. Alumni and parents report a positive transformation in relationships and mental health at RB. It is clear that RB offers an effective recovery programme where mental health issues are addressed and mitigated. (Report attached)

How your project will meet the Trust's programme outcome under which you are applying? The Red Balloon wellbeing and mental health programme provides a group of London teenagers with a well-developed programme which has very positive results. Young people receive specialist help which results in their improved mental health. This in turn, reduces their need to self-harm or the desire to kill themselves.

How your project meets the Trust's 'Good Practice' principals?

Every young person has a written Wellbeing Record (see attachment). This provides evidence of the goals negotiated, measurement tool(s) selected, milestones achieved, new targets set and dates for the next review. It has a section for the student voice, the parent voice & staff/coordinator reflection.

RB welcomes children from all backgrounds and we value diversity - There is no academic qualification required to attend a RB.

RB values and supports its volunteers

We take steps to reduce our carbon footprint by composting waste food; recycling cans, bottles, and plastics in the appropriate bins; reducing printing by working online and double-sided printing.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? No

What Quality Marks does your organisation currently hold?

No

**Outputs and outcomes** 

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

#### **Self-esteem & Confidence**

- ? Providing therapy sessions one to one and group.
- ? Providing creative activities and use of the arts for self-expression.
- ? Exploring healthy lifestyle choices and the interplay between physical, and mental health (mind/body connection).
- ? Travel training to develop independence and confidence.
- ? Lifeskills work.

#### **Communication skills**

- ? Assertiveness training and application.
- ? Social skills training such as work on listening and open communication.
- ? Delivering sessions on healthy relationships and friendships.
- ? Drama sessions and role plays.
- ? Understanding the importance of, and using appropriately, body-language, eye-contact and gesture.
- ? Communicating appropriately through social-media.

### **Emotional Intelligence**

- ? Participation in group activities where awareness of, and empathy for, others is developed/encouraged.
- ? Teamwork such as Outward Bound.
- ? Equipping to deal with strong emotions e.g.anger.
- ? Circletime.
- ? Group activities: drama, board games, PE (emphasis on personal and social skills).
- ? Therapist-led group reflection/group sessions.

#### **Conflict Management**

- ? Teaching stress management and coping strategies.
- ? Looking at sources of conflict and conflict cycles.
- ? Drama and role plays.
- ? Looking at peer pressure/risk.
- ? Personal coaching sessions for assisted reflection on current conflict or challenges.
- ? Use of restorative practices.

#### **Inclusiveness and Open-mindedness**

- ? Celebrating differences in others diversity work, use of guest speakers, cultural trips/excursions etc.
- ? Activities which emphasise cooperation rather than competition .
- ? Discussion sessions regarding British values and tolerance, acceptance of others and challenging behaviour.
- ? Debates on relevant political issues (votes at 16).

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

### Students able to make good and thoughtful independent choices

- ? Critical thinking and problem-solving skills.
- ? Ability to think short- and long-term.
- ? Ability to come up with different options.
- ? Ability to foresee the advantages and disadvantages of different choices.
- ? Financial awareness and planning.

### Students able to conceive of and plan for a positive future

- ? Ability to articulate future aspirations and goals.
- ? Demonstrate intentional decision-making and actions to reinforce progress in key areas e.g. vocational, relational/social, community.
- ? Sense of hope and positive future orientation.
- ? Reduction of destructive activities e.g. self-harm.

### Improved resilience in young people and their families

- ? Mentally & emotionally equipped to deal with set-backs and challenges.
- ? Ability to draw on coping strategies, support network and resources to persevere with difficulties and navigate through obstacles.
- ? Understanding, naming and managing their emotions appropriately.

## Healthy mindset which benefits self, others and community around them

- ? Pro-active & energetic approach to pursuing goals and dreams.
- ? Intention to embrace opportunities for growth and self-development.
- ? Lifelong love of learning.
- ? Demonstrates self-belief and self-efficacy.
- ? Learning to defer gratification.

# Able to make a positive contribution to society as active citizens in the wider world

- ? Respectful of others' choices and tolerant where there is disagreement/conflict in views/beliefs/values.
- ? Constructively approach conflict without being aggressive or passive.
- ? Identify and respond appropriately to others' feelings.
- ? Optimistic about ability/new challenges.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The wellbeing programme is fundamental for the successful recovery of each student. We intend to expand RB NWL from 15 to 25 children using our virtual provision, Red Balloon of the Air, over the next five years. This will increase our revenue. However, funds will still need to be raised to cover this non-academic, wellbeing part of the provision.

# Who will benefit?

## **About your beneficiaries**

About your services the from the grant per year?
How many people will benefit directly from the grant per year?
15
In which Greater London borough(s) or areas of London will your beneficiaries live?
Ealing (33%)
Several NW London (67%)
What age group(s) will benefit?
0-15
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
0%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Delivery of wellbeing / mental health programme	75,200	77,520	79,850	230,570
orogramme	0	0	0	0
	0	0	0	0
	10	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	75,200	77,520	79,850	230,570

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
IOIAL	 			

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

			-	0	0
TO	OTAL:	0	U	U	•

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Delivery of wellbeing/mental health programme	75,200	75,520	79,850	230,570
Delivery of vicinosing, mentals in a part of the part	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	75,200	75,520	79,850	230,570

# **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: August	Year: <b>2015</b>
		<u></u>

Income received from:	£
Voluntary income	43,252
Activities for generating funds	0
Investment income	5
Income from charitable activities	259,211
Other sources	2,647
Total Income:	305,115

Expenditure:	£
Charitable activities	271,169
Governance costs	300
Cost of generating funds	o
Other	4,812
Total Expenditure:	276,281
Net (deficit)/surplus:	28,834
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	28,834

Asset position at year end	£
Fixed assets	1,194
Investments	0
Net current assets	37,561
Long-term liabilities	0
*Total Assets (A):	38,755

Reserves at year end	£
Restricted funds	7,843
Endowment Funds	0
Unrestricted funds	30,912
*Total Reserves (B):	38,755

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 81-90%

### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

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Grant Ref: 13238

### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	233,395	142,680	219,113
London Councils	0	5,544	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	_	2012 £	2013 £	2014 £
Clothworkers (via 3,000 RBLCG)		0	5,000	
Foyle Foundation (via RBLCG)	0	0	15,00	0
Anonymous Trust	20,000	0	0	
Red Balloon Learner Centre Group	0	0	20,00	0
Percy Bilton (via RBLCG)	0	0	2,700	

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Carrie Herbert

Role within Founder and President

Organisation:

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# nst

# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:						
	K Croydon					
If your organisation is part of a larger organisation, what is its name?						
Member of Age England Association						
In which London Borough is your organisation based?						
Croydon						
Contact person:	Position:					
Mrs June Pilgrim-Ndure	Development Services Manager					
Website: http://www.ageuk.org.uk/croydon						
Legal status of organisation:	Charity, Charitable Incorporated Company or company number: 1081013					
Registered Charity						
When was your organisation established?	30/06/2000 					

# **Grant Request**

	Grant Request	•
Under which of City Bride	ge Trust's programmes are y	ou applying?
Under which of City Bridg	Making London More	Inclusive
Which of the programme	e outcome(s) does your appli	
Community buildings	that are more accessible	and as a result
Work enabling disable	ed people of all ages to liv	e independently
Please describe the purp	ose of your funding request	in one sentence.
	accordibility of a com	munity hub, maximising mental with disabilities in Croydon.
When will the funding b	e required? <b>03/10/2016</b>	
How much funding are	you requesting?	
Year 1: <b>£60,741</b>	Year 2: <b>£0</b>	Year 3: <b>£0</b>
Total: £1		

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# Aims of your organisation:

We are Age UK Croydon. An independent local charity working for and with older people in Croydon. We exist to make life easier for all older people in the London Borough of Croydon, providing one point of contact to a wide range of services and innovative projects.

We do not receive any funding from the National Age UK, and as such operate on small budget, meaning we need to be smart and innovative with how we support the rapidly growing and ageing population of Croydon.

# Main activities of your organisation:

We have been running crucial front line services and projects for older people since 1995. These include:

Home support - carrying out domestic and handyman services for less mobile residents, including cleaning and laundry

Personal safety - installing devices to help prevent falls

Regular community activities - including coffee mornings, zumba classes, cookery school and digital learning

Information and advice - allowing older people to make informed decisions about their lives Advocacy - supporting people against fraud

We are effective and unique because our services are holistic and centred around the needs of people. We can offer appropriate support to vulnerable people experiencing any kind of problem. We see ourselves as facilitators, and work to empower older people to make positive changes to themselves and their communities. Our focus groups and 'Open Space' events give us the opportunity to talk directly with older people in Croydon to make sure we are best serving their needs.

### Number of staff

Mulliper of starr			A 11lumba anat
E. II Aiman	Part-time:	Management committee	Active volunteers:
Full-time:	rait time.	members:	
23	0	10	118

# Property occupied by your organisation

Flobelty occupies 17,7	
	If leased/rented, how long is the outstanding agreement?

### Summary of grant request

#### PROJECT NEED

In Croydon there is a chronic lack of community facilities available to older people with disabilities. This is increasing loneliness and exclusion, and research shows that this contributes to the rising numbers experiencing mental health issues. At the same time, community health facilities, those which are designed to offer preventative support are suffering severe funding cuts. Since 2012, when Darby and Joan Group gifted the facilities at Brigstock Road to us, statistical data collected has shown customer numbers increasing year on year, proving our growing success at delivering the services that older people need to improve their mental and physical well being.

A recent accessibility audit confirms the need for urgent renovations to improve our facilities, as a section of the building is currently in disrepair and inaccessible when there is wet weather, as users with sticks, frames or just frail in walking can slip and fall on the slippery surface. The roof is badly fitted and leaks rainwater, which causes flooding. The flooring is uneven, missing tiles, which also increases the chances of accidents. For many of our users living alone, this is the only opportunity they have to engage in weekly community activities allowing them to remain independent and healthy. When there is bad weather, many are discouraged from attending, as they lack confidence with movement and are in fear of falling.

#### PROJECT DELIVERY

After a tender process where five organisations were approached, four tendered and out of these, 'Collinstown Construction' which has over 30 years experience in the building industry covering all aspects of building work was awarded the contract. They demonstrated understanding of our work and were seen to offer quality and the most costeffective option. The project will be managed by Mr Bill Morle of A & B Designs who has a long-standing relationship with Age UK Croydon, overseeing recent refurbishment at Brigstock Road. Also sitting on the project team, and leading on the regular review meetings to ensure objectives and milestones are being met will be June Pilgrim-Ndure, the Development Services Manager at Brigstock Road.

#### **MIA**

The project will create an inclusive community space, where older people with disabilities can access the support and facilities they need to increase confidence, maintain positive mental health and combat loneliness. The services they will be able to access include a Community Café, a social space to meet friends and new people and a therapy room. Access to these services will help older people in Croydon with disabilities feel more included in the community, build new connections and improve their physical health.

The space will also serve as a hub for the rest of the community, providing advice and information, volunteering and employment opportunities, contributing to a cohesive Croydon, and helping to reduce stigma around disability.

#### WHY US?

Established since 1995, the organisation has provided crucial support to older people in Croydon and these renovations will greatly increase our customer base and allow us to increase our offer of services. Our brand and profile within the community is extremely strong, making us ideally placed to raise awareness of our new facilities when they are built and ensuring that usage increases.

### PROGRAMME OUTCOMES

The renovations will encourage more older people to feel safe whilst using our facilities and reduce current accessibility barriers. Information gathered from feedback surveys (asking whether people would use the space is it were more accessible), show that the renovations would attract approximately 15% (100) more older people with disabilities per year.

The new services, Community Café and therapy room will also create volunteering and employment opportunities for people of all ages, increasing independence.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Age UK Information and Advice Quality Programme (IAQP) until Sept 2016

Advice Quality Standard (AQS) until Nov 2016

Age UK Organisational Quality Standards (OQS) until June 2017

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Replace current manual entrance with electronic doors, allowing easier access by users with reduced mobility.

Renovate the inside of the hub, replacing roof, walls and flooring, to stop flooding and improve user safety.

Convert the new hub into a safer space, allowing free movement for those older people with disabilities, to establish social connections, remain independent and healthy.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Older people in Croydon with reduced mobility feel more connected to their community and have more opportunities to take part in activities.

Older people in Croydon with reduced mobility improve their mental wellbeing and physical health.

Croydon becomes a more cohesive, inclusive community.

Age UK Croydon becomes a stronger and more sustainable organisation after increasing revenue from new facilities and services.

Volunteers in Croydon develop new skills and knowledge by having access to new opportunities to support users.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Once the renovation has been completed, Age UK Croydon will use the new space to expand and scale up it's current health and wellbeing provision (funded in part by The Big Lottery Fund). In addition we plan to open a community cafe, with the proceeds being reinvested in the maintenance and upkeep of the building.

# Who will benefit?

# About your beneficiaries

How many people will benefit directly from the grant per year?
100
In which Greater London borough(s) or areas of London will your beneficiaries live?
Croydon (100%)
What are group(s) will benefit?
What age group(s) will benefit?
65-74
75 and over
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy,
Traveller or Irish Traveller; Any other White background)
Mixed / Multiple ethnic groups
Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)
Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
61-70%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
General condition and preliminaries and	20,860	0	0	0
demolitions	10.100		0	0
Ground and external work and Masonry and	19,129	0	0	0
structural steelwork				
Carpentry, joinery and metalwork and	31,421	0	0	0
roofcovering and rainwater goods				<del> </del>
Screeding and plastering, Decorations and	9,919	0	0	0
Floorcovereings				
Sundries, Mechanical services and Electrical	11,625	0	0	0
services				
Dayworks and General contingency	2,000	0	0	0
Day Horning and Committee of the Committ	04.054		0	0
TOTAL:	94,954	0		

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	2,500	0	0	0
Kirby Laing Trust Croydon Relief in Need Trust	25,000	0	0	0
Bernard Sunley Charitable Foundation	10,000	0	0	0
Bernard Sumey Chartage Foundation	0	0	0	0
TOTAL:	37,500	0	0	1

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:	0	0	0	0

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
General condition and preliminaries and	15,860	0	0	0
demolitions				<del> </del>
Ground and external work and Masonry and	17,129	0	0	0
structural steelwork				10
Carpentry, joinery and metalwork and roof covering and rainwater goods	16,708	0	0	10
Screeding and plastering, Decorations and Floor	6,044	0	0	0
coverings				<del></del>
Sundries, Mechanical services and Electrical	5,000	0	0	0
services			0	0
Dayworks and General contingency	0	0		
TOTAL:	60,741	0	0	

#### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
Timerroid. year arms		

Income received from:	£
Voluntary income	100,971
Activities for generating funds	132,503
Investment income	4,098
Income from charitable activities	724,580
Other sources	10,704
Total Income:	972,856

Expenditure:	£
Charitable activities	708,965
Governance costs	6,932
Cost of generating funds	128,789
Other	0
Total Expenditure:	844,683
Net (deficit)/surplus:	128,173
Other Recognised Gains/(Losses):	4,724
Net Movement in Funds:	132,897

Asset position at year end	£
Fixed assets	322,548
Investments	74,080
Net current assets	247,077
Long-term liabilities	
*Total Assets (A):	643,705

Reserves at year end	£
Endowment funds	24,877
Restricted funds	0
Unrestricted funds	618,818
*Total Reserves (B):	643,705

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

# Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 41-50%

# **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

## **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

during the last THREE years.	2012 £	2013 £	2014 
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	302,080	302,080	282,800
London Councils	0	0	0
Health Authorities	30,000	30,000	30,000
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Charles Hayward Foundations	10,000	0	0
CAF	0	40,000	40,000
	0	0	0
	0	0	0
	0	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: June Diana Pilgrim-Ndure

Role within **Development Services Manager** 

Organisation:

# , ·;

# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:				
Artsadmin				
If your organisation is part of a larger organisation, what is its name?				
In which London Borough is your organisation based?				
Tower Hamlets				
Contact person:	Position:			
Ms Jennifer Tomkins Head of Marketing & Development				
Website: http://www.artsadmin.co.uk				
Legal status of organisation:	Charity, Charitable Incorporated Company or			
Registered Charity	company number:1044645			
When was your organisation established? 04	/01/1979			

#### **Grant Request**

Under which of City Bridge	Trust's programmes are you	applying?	
	Making London More Inc	clusive	
Which of the programme of	outcome(s) does your applicat	ion aim to achieve?	
Community buildings th	Community buildings that are more accessible and as a result		
Disabled people actively taking part in the arts or sport			
Please describe the purpos	se of your funding request in	one sentence.	
For capital works to improve and promote the accessibility of Toynbee Studios.			
For capital works to imp	prove and promote the acc	essibility of Toynbee Studios.	
For capital works to imp	prove and promote the acc	essibility of Toynbee Studios.	
For capital works to imp	prove and promote the acc	essibility of Toynbee Studios.	
For capital works to imp		essibility of Toynbee Studios.	
		essibility of Toynbee Studios.	
	required? <b>26/09/2016</b>	essibility of Toynbee Studios.	
When will the funding be r	required? <b>26/09/2016</b>	essibility of Toynbee Studios.  Year 3: £0	

Total: £90,535

#### Aims of your organisation:

Established in 1979, Artsadmin enables artists to create without boundaries, producing bold interdisciplinary work, that connects with local, national and international audiences. At Toynbee Studios in Aldgate East, Artsadmin has established a centre for the creation and presentation of new work. The organisation's advisory service supports artists at every stage of their development with free advice and opportunities. Artsadmin's values are:

- Sustainable. Raising awareness of environmental issues through the arts and seeking greener ways of working.
- Collaborative. Developing long-term relationships with diverse audiences, artists and partners.
- Bold. Encouraging artists to take risks, supporting radical approaches and promoting experimentation.

#### Main activities of your organisation:

Artsadmin produces and tours the work of a portfolio of artists, creating ground-breaking new work, and its Artist Support service helps a growing number of contemporary artists through information and training, providing development opportunities and curating projects with young people.

At Toynbee Studios a 280-seat theatre, rehearsal spaces, technical facilities, and the Arts Bar & Café host performances and events throughout the year, and Artsadmin offers these facilities to other London-based arts and charitable organisations at very affordable rates.

Since 2013, Artsadmin has delivered the Arts Council funded Unlimited commissions programme for disabled artists in collaboration with Shape Arts.

In 2014/15 Artsadmin worked with 19 artists to produce 327 performances and 608 exhibition days, which were seen by 115,952 people globally. 1070 local residents visited Toynbee Studios, attending performances and events hosted by Artsadmin and other London based charities, arts organisations and social enterprises, including Tower Hamlets Education Business Partnership, Crisis, Cardboard Citizens, and On Purpose.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
16	10	9	10

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Until 2038

#### **Summary of grant request**

Toynbee Studios is an important venue for devising, rehearsing and presenting new artistic work in London, and also provides affordable event and meeting space for charities, organisations and social enterprises.

#### THE NEED

The project will ensure that all visitors feel welcome, empowered and able to use Toynbee Studios independently, in the way they want to, for as long as they need to. It will create spaces that are accessible, safe and welcoming for people with visible and non-visible disabilities.

Artsadmin is committed to equality and diversity - a significant strand of its work is the Unlimited commissions programme (www.weareunlimited.org.uk) which aims to embed work by disabled artists within the UK cultural sector, reach new audiences and shift perceptions of disabled people. Artsadmin delivers Unlimited in partnership with disability-led arts organisation Shape Arts.

Since the programme began in 2013, Unlimited has worked with 98 disabled artists and companies. In doing so, Artsadmin has developed its understanding of the challenges disabled artists, performers and audiences face in making, showing and attending performances. Through qualitative and quantitative feedback, Artsadmin learned that a lack of fully accessible theatre and rehearsal spaces is a major barrier to disabled people taking part in performing arts activities. This impacts on the artistic development of disabled professional artists, leading to an underrepresentation of disabled people in the contemporary performing arts sector.

#### WHY ARTSADMIN

Following this learning, Artsadmin undertook an access audit. Findings showed that although Toynbee Studios, having been renovated in 2005, more than meets statutory accessibility standards for a building of its age, there are improvements that can be made. Alongside the audit, Artsadmin consulted disabled building users and colleagues, seeking specialist insight from its partners at Shape Arts to ensure that the works consider and respond to the needs of the people who use the spaces. This research directly informs the proposed capital works, which include:

- the installation of a new upgraded vertical platform lift backstage in the building's 250-seat theatre;
- the creation of a fully accessible Changing Places approved toilet facility, suitable for people whose access needs are greater;
- illuminated projecting signage to clearly welcome visitors to the building.

#### Aims:

- Ensure Toynbee Studios meets the accessibility needs of its existing users;
- Provide other London-based charities, organisations and social enterprises with affordable and accessible space;
- Fully embed learning from the Unlimited programme into Artsadmin's working culture;
- Improve access to artistic teaching, learning, sharing and development for disabled artists and audiences.

#### Impacts:

- Increased awareness and use of Toynbee Studios by local people and organisations;
- Greater independence for the building's existing disabled users;
- Increased number of disabled people using Toynbee Studios;
- Better WC and shower facilities for visitors with greater access needs;
- Toynbee Studios' hirers are able to offer better accessibility to their own audiences and communities

Work will commence in Autumn 2016 for two years, being carried out during quieter times to minimise disruption to the building and its users.

The project meets the outcomes of the Making London More Inclusive programme, by creating a building that is more accessible and as a result more widely used by disabled people, and results in more disabled people actively taking part in the arts, as audience members and artists.

Artsadmin confidently meets the Trust's 'Principles of Good Practice' by:

- welcoming people from all backgrounds, valuing diversity across its staff, artists and audiences, and consulting the relevant people in the development of projects;
- valuing and supporting its volunteers;
- actively minimising its environmental impact, using solar panels and green suppliers.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Green Tourism Gold Award, Arts Council England National Portfolio Organisation, Arts Council England Green Leader

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Improve Toynbee Studios' signage to clearly welcome all visitors, including installing a projected and illuminated sign that will ensure all visitors can confidently locate the entrance.

Improve the accessibility of through spaces in Toynbee Studios (corridors and entrances), including installing new flooring and press pad door entries.

Create a fully accessible WC and shower facility, registered with the 'Changing Places' website (www.changing-places.org).

Improve the accessibility of performance and meeting spaces in Toynbee Studios, including upgrading theatre stage access lift, replacing furniture, upgrading hearing enhancement.

Improve communication of accessibility offer, including new internal signage advertising availability of sound enhancement systems.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

More local people aware of and therefore using Toynbee Studios; visitors better able to locate and enter Toynbee Studios.

Increased number of disabled people able to use Toynbee Studios independently.

Disabled people with greater access needs able to spend more time in Toynbee Studios; a 'Changing Places' standard facility available for use by the public - the only one in a mile radius.

More disabled people taking part in the arts, as performers and audience members.

More people hiring Toynbee Studios' spaces for accessible events; existing hirers able to more confidently advertise their events as accessible.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

This is a discrete project which will be completed within the funding period. Further works which may be required in the future will be formed as new projects.

#### Who will benefit?

#### **About your beneficiaries**

3,700  In which Greater London borough(s) or areas of London will your beneficiaries live?  London-wide (100%)  What age group(s) will benefit?  All ages  What gender will beneficiaries be?  All  What will the ethnic grouping(s) of the beneficiaries be?  A range of ethnic groups  If Other ethnic group, please give details:  What proportion of the beneficiaries will be disabled people?  91-100%	How many people will benefit directly from the grant per year?
What age group(s) will benefit?  All ages  What gender will beneficiaries be?  All  What will the ethnic grouping(s) of the beneficiaries be?  A range of ethnic groups  If Other ethnic group, please give details:  What proportion of the beneficiaries will be disabled people?	3,700
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i i i i i i i i i i i i i i i i i i i	If Other ethnic group, please give details:
91-100%	What proportion of the beneficiaries will be disabled people?
	91-100%

# Funding required for the project

#### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Marketing & Signage	1,115	3,200	0	4,315
Access & Evacuation	3,625	9,950	0	13,575
Spaces: Accessibility	15,650	0	0	15,650
Sanitary & Welfare	33,908	0	0	33,908
Hearing Enhancement	3,500	0	0	3,500
Digital/Remote Access	115	4,820	0	4,935
Project Management & Installation Support	10,937	4,946	0	15,882
Access Champion	3,900	3,900	0	7,800
Contingency	2,896	899	0	3,794

TOTAL:	75,646	27,715	0	103,360	

#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Artsadmin core funding	4,105	3,900	0	8,005
Arts Council England	3,920	0	0	3,920

TOTAL:	8	,025	3,900	0	11,925
I .	I	•			

#### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Adobe Foundation	0	900	0	900
	0	0	0	0

TOTAL:	0	900	0	900

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Marketing & Signage	1,025	3,200	0	1,025 411
Access & Evacuation	3,625	9,950	0	13,575
Spaces: Accessibility	15,650	0	0	15,650
Sanitary & Welfare	33,908	0	0	33,908
Hearing Enhancement	3,500	0	0	3,500
Digital/Remote Access	0	0	0	0
Project Management & Installation Support	10,937	4,946	0	15,882
Access Champion	0	0	0	0
Contingency	2,896	899	0	3,794

TOTAL:	71,541	18,995	0	90,53年

## Appendix 1: Artsadmin (ref 14460)

#### **Revised Request**

Expenditure heading	Year 1	Year 2	Year 3	Total
	£	£	£	£
Marketing & Signage	£4,315			
Access & Evacuation	£22,075			
Spaces: Accessibility	£5,744			
Sanitary & Welfare	£46,936			
Hearing Enhancement	£3,500			
Digital/Remote Access	£4,935			
Project Management	£13,126			
In-house Installation Support	£4,500			
Access Champion	£7,800			
TOTAL	£112,931			

l	What income has already been ra	ised?			
	Source	Year 1	Year 2	Year 3	Total
l		£	£	£	£
ŀ	Artsadmin - secured	£8,005			
	Arts Council England - secured	£3,920			
	Adobe Foundation - secured	£900			
	TOTAL	£12,825			

What other funders are currently considering the proposal?							
Funders	Year 1	Year 2	Year 3	Total			
	£	£	£	£			
TOTAL							

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
	£	£	£	£
Marketing & Signage	£4,225			1
Access & Evacuation	£22,075			
Spaces: Accessibility	£5,744			
Sanitary & Welfare	£46,936			
Hearing Enhancement	£3,500			
Digital/Remote Access	£0			
Project Management	£13,126			
In-house Installation Support	£4,500			
Access Champion	£0			
TOTAL	£100,106			

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	1,035,939
Activities for generating funds	117,059
Investment income	3,510
Income from charitable activities	1,761,678
Other sources	0
Total Income:	2,918,186

Expenditure:	£
Charitable activities	2,283,439
Governance costs	12,188
Cost of generating funds	188,798
Other	0
Total Expenditure:	2,484,425
Net (deficit)/surplus:	433,761
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	433,761

Asset position at year end	£
Fixed assets	4,160,123
Investments	0
Net current assets	599,667
Long-term liabilities	0
*Total Assets (A):	4,759,790

Reserves at year end	£
Restricted funds	4,432,595
Endowment Funds	0
Unrestricted funds	327,195
*Total Reserves (B):	4,759,790

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 51-60%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

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Grant Ref: 13460

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	565,250	639,815	11,751,328

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Wellcome Trust	0	80,000	74,000
Jerwood Charitable Trust	25,000	0	0
The Ashden Trust	0	15,000	25,000
Calouste Gulbenkian Foundation	25,000	0	0
Esmee Fairbairn Foundation	20,000	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Chloe Booth

Role within **Development Officer** 

Organisation:

# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:	
St Mary Magdaler	ne Parochial Parish Council
If your organisation is part of a larger or	ganisation, what is its name?
Diocese of London	
In which London Borough is your organis	sation based?
Westminster	
Contact person:	Position:
Mrs Sarah Slocombe	Fundraiser
Website: http://www.st-mary-magda	alene.co.uk
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number:1131696
When was your organisation established?	01/04/1865

# **Grant Request**

Under which of City Bridg	Under which of City Bridge Trust's programmes are you applying?				
	Making London Mo	re Inclusive			
Which of the programme	outcome(s) does your a	pplication aim to achieve?			
Community buildings to	nat are more accessib	le and as a result			
Disabled people actively taking part in the arts or sport					
Please describe the purpo	se of your funding reque	est in one sentence.			
St Mary Magdalene Dev community and becomi and arts.	elopment Project - to ng Paddington's focus	return this under-used church to the s for community, heritage, culture			
When will the funding be	required? <b>01/09/2016</b>				
How much funding are yo	u requesting?				
Year 1: <b>£100,000</b>	Year 2: <b>£0</b>	Year 3: <b>£0</b>			

Total: £100,000

#### Aims of your organisation:

The Parish of St Mary Magdalene was created in 1865 as an Anglo-Catholic mission to a seriously deprived area. The aim of St Mary Magdalene's is a centre for religious, cultural and social activity within the surrounding community. We also have maintenance responsibilities for the Grade 1 Listed church building.

The Parish has always been involved in social work in the community of various kinds, although since the loss of all its ancillary buildings in the 1960's slum clearance this has been less possible due to the nature of the church building. This has meant that most of the church's present work is simply in providing opportunities for worship.

It is for this reason that we have created a partnership with Paddington Development Trust, which as a long and successful history of delivering services to the local community, to deliver this exciting project for the benefit of the local community, but with benefits for a much wider group as well.

#### Main activities of your organisation:

We offer a range of church services during the week for all sections of the community. The adjacent C of E school (although the majority of children are not Christian) uses the church as a flexible space, with regular school activities taking place. They also display the children's work in the church on a regular basis.

We host a St Mary Magdalene Music Society attracting 12,000 visitors to the church each year.

A regular range of social events are held, with the proceeds being donated to charity. We collect donations for the North Paddington Food Bank.

We host a regular (bi-monthly) book club.

PDT has a long record of success in the provision of youth, educational, employment, enterprise, adult services and new local facilities for the communities of North Paddington, including Westminster Academy and the Stowe Youth Centre on the Harrow Road.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	0	13	10

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

#### Summary of grant request

Despite being Grade 1 listed, the church is on the English Heritage 'at risk' register. It has no facilities allowing the building to be open regularly, or be accessible to the local community. In 2006 the Government passed a landmark piece of legislation allowing consecrated churches to be leased to non-religious organisations to benefit the wider community, whilst remaining a place of worship.

This project, delivered jointly by St Mary Magdalene's (SMM) and Paddington Development Trust (PDT), is a ground breaking partnership making use of this legislation with a project that will be an exemplar of how a church can become relevant again, particularly in a deprived, urban community.

The community surrounding the church has one of the highest levels of deprivation in London but has no communal meeting space. It is a priority that everybody feels that St Mary Mags' doors are open for them, regardless of their faith or lack of one. This is a particular issue for this community, as the terrorist known as 'Jihadi John' attended the church primary school next door and though this has brought an unwelcome level of infamy to the area it has also highlighted the need for greater integration which they feel this project will address.

The local community (including Westminster Society for People with Learning Disabilities) have been involved in co-creating the project, both the physical build and how the project will be delivered through the Volunteer Design Group. There is also specific engagement with community partners and their clients/user-groups, all of whom want to use the space for their own community programmes as space, particularly large and accessible spaces are in such short supply:

Schools
WAES (adult education service)
Open Age
African Women's Group
Westbourne Park Family Centre
Stowe Youth Centre
Westminster Society for People with Learning Disabilities
One Westminster

There will be benefits in a number of areas: community, heritage, education and cultural. The project will also deliver substantial learning, volunteering and training programmes that will provide skills development and progressions to employment, backed up by Westminster's Employment Programme. Activities will also mitigate the effects of housing overcrowding, overcome isolation, and promote health and well being, of particular importance to our partners at Open Age and One Westminster.

These programmes are designed to add value to existing services - including an adult learning programme co-designed with Westminster Adult Education Service, a schools programme to deliver National Curriculum requirements, learning and inclusion for people with disabilities, and activities for older people as part of the Westminster Older People's Hub.

The project will offer a time credit scheme - for every hour volunteered people receive a time credit (Paddington pound) giving free access to a wide range of leisure/learning activities. In terms of economic progression, volunteers are trained to level 2 NVQ and can access PDT employment, training and apprenticeship projects.

The Diocese of London has selected SMM as a pilot within its Climate Action Programme. We will develop solutions for wider application to achieve the Diocese's targets of reducing CO2 emissions by 42% by 2020 and 80% by 2050.

PDT and SMM's PCC will deliver the project jointly. PDT will be responsible for the ongoing management of the building and delivery of activities within it, outside its regular schedule of worship. PDT has been a driving force in the regeneration of North Paddington. They work closely with local people to develop and deliver services that they need and want. We believe that we provide a powerful partnership to deliver quality services for the local community in a building all can be proud of.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

A new fully accessible Heritage and Community Wing providing access and visitor facilities, education room, volunteers resource room, and café opening onto the canal-side. The new building is essential to provide physical access as well as a "stepping stone" to welcome people of all faiths and none.

The restoration of the historic fabric of this Grade I listed church that will be accessible to all 7 days a week and will, through the transformational vehicle of heritage, make a real impact on this deprived area, drawing new visitors whilst bringing together existing, diverse communities aiding social cohesion

A major learning, training, and activity programme for residents and visitors that will provide skills development and progressions to employment, backed by Westminster's Employment Programme, adding value to existing services learning with inclusion for people with disabilities, and activities for older people as part of the Westminster Older People's Hub.

An arts and cultural venue with a rich and varied programme of events. The main body of the church will provide a main stage for larger heritage and cultural events, and for community and private gatherings. Below, the large and dramatic under-croft will provide an atmospheric environment for more intimate events.

An affordable range of flexible spaces for use by local groups and residents for a wide range of activities which is a high priority for the local community as there is a significant lack of community space available for use by other community groups in the area.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

The project will welcome people from all backgrounds, and value diversity benefiting. This will benefit and help to integrate the communities in and around Paddington and North Westminster by providing a community facility and activity programme that will bring increased community cohesion, overcoming social and cultural division.

The project has the ability to powerfully redefine Westbourne Green as a place to live, work and visit. It will stimulate new pride in the local area, responding directly to aspirations articulated by residents for a sense of character and quality in their neighbourhood.

Social isolation and poor mental health will be addressed through a programme of events, activities and volunteering which will enable people to get involved and integrate, thereby improving the health and well being of this deprived community.

By attracting investment and tourists, and increasing the overall attractiveness of the area as a location for business it will provide a modest but long-term local economic hub.

The depth and breadth of engagement offered by the project will mean it is able to make a significant long-term difference to people's lives. Discovering new interests, meeting new people, and learning new skills will open new possibilities and allow people to move forward in their lives through the project.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. Once the project is completed, future revenue costs will be met by the building's potential to generate income through lettings and events; funding ongoing management and maintenance and building a self-sustaining legacy to ensure continuity long after the initial investment. A detailed business plan has been prepared to ensure that our revenue expectations are realistic and can be delivered

# Who will benefit?

#### **About your beneficiaries**

How many people will benefit directly from the grant per year?
58,000
In which Greater London borough(s) or areas of London will your beneficiaries live?
Westminster (100%)
What age group(s) will benefit?
All ages
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
21-30%

# Funding required for the project

#### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Repairs, Conservation and Mechanical & Electrical (church)	660,883	660,883	660,883	1,982,650
New Building	435,000	435,000	435,000	1,305,000
Interpretation (capital)	28,233	28,233	28,233	84,698
Equipment & Materials	23,670	23,670	23,670	71,010
Inflation	153,333	153,333	153,333	460,000
Contingency	142,667	142,667	142,667	428,000
Professional Fees	250,624	250,624	250,624	751,871
VAT	349,538	349,538	349,538	1,048,615
Other (start up costs, full cost recovery, fundraising, volunteer time)	238,996	238,996	238,996	716,981

TOTAL: 2,282,94 2,282,94 6,848,83

#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Westminster City Council	550,000	0	0	550,000
Charitable Trusts	100,000	0	0	100,000
Major Donor Funders	55,000	0	0	55,000
Community Donations	20,000	0	0	20,000
TOTAL:	725,000	0	0	725,000

#### What other funders are currently considering the proposal?

1,191,934	3,575,800
100,000	500,000
0	450,000
795,039	795,039
	0

# TOTAL: 1,841,93 1,391,93 2,087,02 5,320,89

#### **How much is requested from the Trust?**

Expenditure heading	Year 1	Year 2	Year 3	Total
External Railings/levels	0	0	5,000	5,000
Church Internal - stair lift	10,000	0	0	10,000
Mechanical and electrical installations	10,000	0	0	10,000
New Build - entrance, lift, WC's	40,000	0	0	40,000
Work in school/new build - transition ramps	0	15,000	0	15,000
External works - paving	0	0	20,000	20,000

TOTAL:	60,000	15,000	25,000	100,000
	I	I		

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Figure at all consequents 1	14 11 5 1	
Financial year ended:	Month: December	Year: 2015
L		

Income received from:	£
Voluntary income	76,526
Activities for generating funds	42,713
Investment income	846
Income from charitable activities	o
Other sources	568
Total Income:	120,653

Expenditure:	£
Charitable activities	144,580
Governance costs	30
Cost of generating funds	0
Other	0
Total Expenditure:	144,610
Net (deficit)/surplus:	(23,958)
Other Recognised Gains/(Losses):	216
Net Movement in Funds:	(23,958)

Asset position at year end	£
Fixed assets	0
Investments	26,865
Net current assets	66,577
Long-term liabilities	0
*Total Assets (A):	93,442

Reserves at year end	£
Endowment funds	128
Restricted funds	26,865
Unrestricted funds	66,449
*Total Reserves (B):	93,442

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources?

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Barker -Mill Foundation	0	10,000	0
London Diocesan Board	0	20,000	45,000
Incorporated Building Society	10,000	0	16,000
English Heritage	10,050	0	0
LPOW	8,041	3,463	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Sarah Slocombe

Role within **Fundraiser** 

Organisation:

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# Agenda Item, 7s

# The City Bridge Trust

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:					
Jewish Deaf Association					
If your organisation is part of a larger organi	isation, what is its name?				
Former charity number - 209892					
In which London Borough is your organisatio	on based?				
Barnet					
Contact person:	Position:				
Ms Sue Cipin	Chief Executive				
Website: http://www.jdeaf.org.uk					
Legal status of organisation:	Charity, Charitable Incorporated Company or				
First Contact company number: 1105845					
When was your organisation established? 27	/05/1951				

## **Grant Request**

Under which of City Brid	lge Trust's programmes are you	applying?
	Older Londoners	<b>i</b>
Which of the programme	e outcome(s) does your applica	tion aim to achieve?
Older Londoners aged	75 years and over living m	ore active and healthier lives
Fewer older Londoner improved well-being	's aged over 75 years with d	epression and more reporting
Please describe the purp	ose of your funding request in	one sentence.
Running costs toward older Deaf/Deafblind lives and improved he	British Sign language users,	d Support Services for isolated , facilitating active, independent
When will the funding be	e required? 30/11/2016	
How much funding are y	ou requesting?	
Year 1: <b>£60,000</b>	Year 2: <b>£60,000</b>	Year 3: <b>£60,000</b>

Total: £180,000

#### Aims of your organisation:

We aim to:

- Increase access to information and services
- Reduce social exclusion and isolation and increase participation in the community
- Improve physical and mental health and wellbeing
- Enable full, active, safe and independent lives
- Provide a culturally appropriate environment and activity programme for our Jewish clients

#### Main activities of your organisation:

For older Deaf/Deafblind British Sign Language (BSL) users:

Support Services - accessible information, emotional and practical support.

Day Centre - social, cultural, educational activities, talks and outings. 'At Your Service' offers on-the-spot help with follow-up support throughout the week as necessary.

Gold & Silver Signing Stars (GSSS) - social, cultural, educational activities for more able and independent BSL users

Independent Deaf Support Services (IDSS) - weekly BSL Tuesdays Drop-In Information & Advice and Telephone/Translation with follow-up as needed. BSL Tuesdays weekly Coffee Mornings.

For people who are deaf, hard of hearing or experience tinnitus:

"Hearing Connect"

Technology & Information Centre - expert, professional support, advice on and access to the latest specialist equipment

'Hear to Help' - weekly clinic providing a checking, cleaning and maintenance service for NHS hearing aids;

'Hear to Meet' - social opportunities for people with acquired hearing loss;

Lipreading classes;

Information on NHS and private sector audiology.

Family Services for parents of children with hearing loss

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	18	8	50

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

#### Summary of grant request

#### The need:

Older Deaf/Deafblind people who communicate using British Sign Language (BSL) are excluded from mainstream support services and day centres, leaving them isolated and unable to access vital information. They cannot understand or cope with paperwork, creating potentially serious consequences. Many have learning disabilities. They have little or no control over their lives, which seriously affects their health/wellbeing, independence and dignity.

Stress, anxiety and depression are particularly prevalent among Deaf/Deafblind people, as their perceptions can become very distorted and extreme. They are five times more likely to develop dementia and, after diagnosis, there is no support other than at JDA.

#### Delivery:

"Ageing Well Together" Day Centre and various Support Services provides the personalised care, facilities and respect vulnerable, older Deaf/Deafblind people need. Careful matching of clients with staff/volunteers helps spot problems and avert crises, minimising the likelihood of clients sinking into depression.

#### 1. Day Centre

More active and healthy lives are ensured through a programme of accessible, stimulating social/cultural/educational activities and outings. "At Your Service", the quick-help facility, resolves immediate issues, giving back control and relieving anxiety on the spot.

#### 2. Support Services

JDA's professional team provides BSL interpreters, advocacy, emotional/practical support, enabling clients to make informed choices.

A Support Worker who knows their client well accompanies them to medical and other appointments/hospital visits, ensuring they are understood and respected.

As clients become more frail and infirm, they increasingly need intensive support -- including taking on next of kin/Power of Attorney (particularly for those with dementia).

#### 3. BSL Tuesdays

Information/Advice and Telephone/Translation weekly Drop-In and follow-ups enables Deaf clients to deal with confusing medical, financial, housing, legal issues according to their wishes.

#### Project aims:

- Improve access to services/support/information/advice/advocacy
- Alleviate loneliness/isolation/exclusion
- Help clients maintain optimum physical/psychological health
- Enable greater choice and control

#### Why we are the right organisation:

- Accessible, purpose-built community centre
- 65 years' experience in the Deaf community
- 9 years' successful management/delivery of specialist Support Services
- Outstanding staff/volunteers, Deaf/hearing, fluent in BSL
- "JDA is a vital resource that reduces isolation and exclusion, improves physical and mental health, and is often a lifeline for older Deaf/Deafblind people" independent Lottery-funded Evaluation Report
- We are considered the benchmark in the Deaf community for older people's services.

#### Meeting programme outcomes:

1. More active and healthier lives - JDA enables regular participation in a wide range of accessible Day Centre activities/outings/talks that are cultural/educational and/or focused on health and safety. The Support team provides the ongoing personal support clients need to maintain optimal health.

- 2. More choice and control/increased awareness of benefits -- JDA provides accessible, quality support/information/advice/interpreting/advocacy, translation of/help with handling official matters, making telephone calls/advocating as necessary -- enabling clients to have their say, express their needs and make informed choices to live the way they want.
- 3. Improved psychological health/wellbeing and reduced stress/anxiety/depression. Skilled, dedicated staff/volunteers provide a safe place to turn where all their needs are met. Our personalised support for those with more complex needs helps them feel secure and cared for and prevents crises and the need for Mental Health services.

Meeting 'Principles of Good Practice':

- 1. JDA is committed to providing full and equal access to all, treating everyone with dignity and respect. We employ freelance professional interpreters, lip-speakers, palantypists, "hands on" communicator/guides and personal carers.
- 2. We encourage involvement/sharing of traditions from all cultures and are recording a huge growth in active participation from a wide variety of faiths/nationalities.
- 3. Older Deaf clients are integral to the management, running and evaluation of services.
- 4. We make comprehensive efforts to recycle and reduce our carbon footprint.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

We are planning to start working towards IiP in 2017.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Run accessible social/cultural/educational activities for three years for 120 people per year aged 70+. This includes 50 weekly Day Centres, 25 keep fit sessions, 4 health/ wellbeing talks and 12 outings.

Support 40 people per year aged 70+ at 750 interventions including quality advice and information, guidance, counselling, communication support, interpreting, transport, accompaniment to medical and other appointments, advocacy, home/hospital visits, befriending, referrals, liaison with other professionals.

Support 40 people aged 70+ at 250 on-the-spot interventions at Day Centre's "At Your Service" quick-help facility each year.

Support 20 people aged 70+ at 100 IDSS interventions a year relating to welfare, legal, financial, benefits advice and information -- including advocacy with mainstream local support services and other specialists, which would otherwise be impossible to access.

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Grant Ref: 13530

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Reduced isolation and more active and healthier lives through getting out and about regularly, participation in fully accessible Community Centre activities, outings, etc., transport enabling people to get out, friendship and companionship, accompaniment to appointments, shopping, etc.

Healthier lifestyles and better understanding of health, safety and wellbeing issues through accompaniment/ interpreting/ advocacy/ transport for all health-related appointments, hospital visits, follow-ups, monitoring medication and nutrition, Keep fit classes, health & safety and wellbeing talks.

Improved access to the support and care they need to maintain optimal psychological health and wellbeing by reducing stress, anxiety and preventing depression and enabling them to stay happy, safe and secure, living independently for longer, knowing they always have somewhere to turn.

Improved access to quality information, advice and support, with increased awareness of rights and benefits and more choice and control in their lives -- enabling them to have their say, communicate their needs and have them heard, respected and acted upon.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will continue to generate funds from a wide variety of sources including individual donations, legacies, tributes, community fundraising and making moderate charges for activities. We research and apply to appropriate grant-making trusts to supplement our regular givers. In the event of a shortfall, some JDA reserves would have to be used to enable these vital services to continue.

## Who will benefit?

## **About your beneficiaries**

200  In which Greater London borough(s) or areas of London will your beneficiaries live?
In which Greater London borough(s) or areas of London will your beneficiaries live?
If willer dreater conduit bolough(s) of areas of conduit will your beneficialities live:
Down at (650/s)
Barnet (65%)
Brent (10%)
Enfield (8%)
Redbridge (9%)
Haringey (8%)
What age group(s) will benefit?
65-74
75 and over
75 and over
What gender will beneficiaries be?
All
Note that are the increase of the bone frainting by
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
91-100%

# **Funding required for the project**

#### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Revenue Costs:	0	0	0	0
Support Services Manager Salary	30,236	31,452	32,062	93,750
Remaining direct project staff salaries	99,472	103,217	105,237	307,926
General Running Costs	48,449	50,382	52,376	151,207
Interpreters, Communicator Guides and	53,411	56,082	58,886	168,379
Personal Carers				
Overheads:	0	0	0	0
Indirect Staff Costs	33,079	33,817	34,729	101,625
Accommodation	9,420	9,702	9,993	29,115
Utilities	6,194	6,380	6,572	19,146

TOTAL:	280,261	291,032	299,855	871,148	
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#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
The Sam & Bella Sebba Charitable Trust	50,000	40,000	0	90,000
The Lauffer Family Charitable Trust	5,000	5,000	5,000	15,000
J E Joseph Charitable Trust	2,000	2,000	2,000	6,000
	0	0	0	0

#### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
The Childwick Trust	15,000	0	15,000	30,000
The Sobell Foundation	10,000	10,000	10,000	30,000
	0	0	0	0
	0	0	0	0

TOTAL:	25,000	10,000	25,000	60,000

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Support Services Manager Salary	30,236	31,452	32,062	93,750
General Running Costs	29,764	28,548	27,938	86,250
	0	0	0	0

TOTAL:	60,000	60,000	60,000	180,000

#### 8. Finance

From your most recent audited or independently examined accounts, complete the following:

Financial year ended -

Month: December

Year: 2015

Income received from:	£
Voluntary income	810,326
Activities for generating funds	0
Investment income	20,756
Income from charitable activities	69,732
Other sources	0
Total Income	900,814

Expenditure:	£
Charitable activities	478,212
Governance costs	42,833
Cost of generating funds	138,860
Other	
Total Expenditure	659,905
Net (Deficit)/Surplus:	240,909
Other Recognised Gains/(Losses)	(27,032)
Net Movement in Funds	213,877

Asset position at year end	£
Fixed assets	350,639
Investments	665,010
Net current assets	245,839
Long-term liabilities	0
*Total A	1,261,488

Reserves at year end	£
Endowment funds	50,000
Restricted funds	375,442
Unrestricted funds	836,046
*Total B	1,261,488

<sup>\*</sup> Total A and Total B must be the same and should be taken from your balance sheet

#### 9. Statutory funding

For the financial year above, what % of your income was from statutory sources? 0%

#### 10. Material changes

Describe any material changes to the organisation's activities, structure or financial position since the date of the most recent accounts:

N/a

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	9,500	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Big Lottery Fund	0	95,225	98,081
KC Shasha Charitable Foundation	50,591	0	80,000
The Sam & Bella Sebba Charitable Trust	22,500	25,000	30,000
The Dollond Charitable Trust	15,000	15,000	15,000
The Childwick Trust	15,000	0	16,000

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Susan Andrea Cipin

Role within **Chief Executive** 

Organisation:

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# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:				
Living Streets (The Pedestrians Association)				
If your organisation is part of a larger organisation, what is its name?				
In which London Borough is your organisatio	n based?			
Tower Hamlets				
Contact person:	Position:			
Ms Hannah Gibbs Development Manager				
Website: http://www.livingstreets.org.uk				
Legal status of organisation: Charity, Charitable Incorporated Company or				
Registered Charity company number:1108448				
When was your organisation established? 01/09/1929				

## **Grant Request**

Under which of City Bridge Trust's programmes are you applying?			
	Older Londoners		
Which of the programme outco	me(s) does your applicat	ion aim to achieve?	
Older Londoners aged 75 ye	ears and over living mo	re active and healthier lives	
Fewer older Londoners aged over 75 years with depression and more reporting improved well-being			
Please describe the purpose of	your funding request in c	ne sentence.	
Our project will increase independence, improve health and wellbeing and reduce isolation for older people through increased walking.			
When will the funding be requi	red? <b>01/04/2016</b>		
How much funding are you requesting?			
Year 1: <b>£66,036</b>	Year 2: <b>£63,036</b>	Year 3: <b>£0</b>	

Page

Total: £129,072

#### Aims of your organisation:

We are the national charity that stands up for pedestrians.

?We ?provide a strong voice for pedestrians - influencing decision makers and campaigning for change

?We ?work to create better streets and public spaces that are accessible for all

?We ?work to make walking the natural choice for short journeys by inspiring change and breaking down barriers.

#### Main activities of your organisation:

- o Policy and campaigning work. We raise the profile of walking among politicians, civil servants and the wider public. We support a network of local volunteer groups that raise the profile of walking in their areas.
- o Project delivery. For example, our 'Walk To' project works in fifteen local authorities to promote walking for short trips (to school, to workplaces, in local neighbourhoods). Our Walk to School outreach project works to promote walking to school in seven local authority areas.
- o Support and resources to promote walking. We produce and distribute walking promotion resources, particularly for Walk to School initiatives, across the country.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
85	13	11	0

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	3.5 years

#### **Summary of grant request**

Our project will increase independence, improve health and wellbeing and reduce isolation for older people most at risk through increased walking. There will be two intertwined strands:

- 1. Community-based initiatives addressing issues preventing older Londoners and their carers from walking. We will:
- understand -- using our Community Street Audits (CSAs) and one-to-one sessions to uncover barriers to walking for older people and their carers
- improve -- engaging older people in decisions affecting their local environments, working with partners and providing volunteering opportunities to create a change
- encourage -- using 'pledges' and 'led walks', proven to incentivise walking amongst this group
- inspire -- through positive, practical tips about how to get out and about safely, and working within existing community infrastructure to encourage increased physical activity. Participants of the project will act as champions for others, continuing to support and build confidence
- 2. Sharing best practice across London
- Bringing together borough partners and representatives from other councils to discuss findings, celebrate successes and tackle challenges

Using walking as an easy, accessible form of exercise that can be incorporated into daily routines, we will have a significant impact on activity levels and older people will feel the effects on their physical and mental health. Social/volunteering activities and opportunities to take the lead in changes to the walking environment, will help older people to feel empowered and more connected to their community.

Our project will be based in Enfield and Redbridge - two boroughs expecting faster than average growth of the older population. We will seek out isolated older people by working collaboratively with care providers and other support organisations. We will also reach out to non-English speaking residents and people who speak English as a second language through cultural leaders and using interpreter and translation services. Our activities will be open, accessible and welcoming to all and we will try to attract a diverse range of people with various communications and engagement methods. Where participants have particular access needs, we will bring in additional specialist support and resources to ensure their safety, comfort and dignity.

Older people from both boroughs will form part of our steering group and will take the lead on our community-based initiatives. Their local knowledge will be used to identify key barriers to walking for older people and our reports and recommendations will be based on their suggestions, informed by Living Streets' technical knowledge.

Living Streets will employ a full-time Project Coordinator to deliver this work within our London team. On a day to day basis, this Coordinator will be based at the London Boroughs of Enfield and Redbridge. They will be hosted by these boroughs' public health teams and will spend most of their time out, in the community.

Both public health teams in Redbridge and Enfield have the support of their respective planning departments so we can select neighbourhoods likely to receive capital investment. This will ensure potential improvements to the environment identified by older people can be realised.

Our Coordinator will be supported by local volunteers who will take on 'walking champion' roles, encouraging their peers to walk more. Those wishing to take on this role will be provided with training, resources and support.

We are the right organisation to deliver the programme because we have excellent links in London, built up through years of campaigning and project delivery. We have the technical knowledge to shape the ideas of the people we work with into practical, affordable recommendations for on-street changes. Finally, we have delivered a similar project in South Yorkshire, which met or exceed all targets.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**PQASSO Level 2** 

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Community Street Audits (CSA) - evaluating the quality of streets from the viewpoint of people who use them, rather than those who manage them. With older people and their carers, we will assess eight routes on foot, using their experiences and knowledge. Following this, recommendations are made in a report.

All those involved in the project will be encouraged to make a walking pledge - a promise to incorporate more walking to their daily routine. Our pledge card system means individuals can commit to an ambitious yet realistic, self-defined target and are given a fridge magnet to remind them.

Community activities - based on the results of the CSA. May include:

- Litter picking or bulb planting with younger volunteers
- Led walks to places of importance
- Walks led by group members providing personal histories of the area
- Matching older people with walking buddies

Information and best practice dissemination

Information provided to older people and carers will include maps and other local support available.

Best practice dissemination to include case studies and an event. We will involve:

- o Public health
- o Transport teams
- o Older people's groups
- o Other local organisations
- o Neighbouring boroughs

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What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

600 older people and their carers benefit from the project and 240 become more active

240 older people feel physically fitter and healthier

240 older people and their carers feel more connected to their community and less socially isolated and feel an improvement to their mental well-being

Best practice is shared across London

Improvements to the walking environment are made

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The project is currently planned for two years. Should we wish to continue the activity beyond this, we will seek alternative sources of funding.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
300
In which Greater London borough(s) or areas of London will your beneficiaries live?
Enfield (50%)
Redbridge (50%)
What age group(s) will benefit?
65-74
75 and over
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
1-10%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Full-time Project Coordinator	59,431	59,431	0	118,863
Publicity material	1,500	1,500	0	3,000
Evaluation software licences	3,000	0	0	3,000
Resources	605	605	0	1,210
Events	1,500	1,500	0	3,000
Translator/interpretor services	500	500	0	1,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	66,536	63,536	0	130,072
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# What income has already been raised?

Source			Year 1	Year 2	Year 3	Total
	0	0	0		0	
TOTAL:			0	0	0	0

# What other funders are currently considering the proposal?

Source			Year 1	Year 2	Year 3	Total
	0	0	0		0	
· · · · · · · · · · · · · · · · · · ·	0	0	0		0	
	0	0	0		0	
	0	0	0		0	

TOTAL		0	0	0	0	
IOTAL						

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Full-time Project Coordinator	59,431	59,431	0	118,863
Publicity material	1,500	1,500	0	3,000
Evaluation software licences	3,000	605	0	3,000
Resources	605	0	0	1,210
Events	1,500	1,500	0	3,000
Translator/interpretor services	500	500	0	1,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	66,536	63,536	0	130,072
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#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: September	Year: 2015	
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Income received from:	£
Voluntary income	31,804
Activities for generating funds	507,771
Investment income	802
Income from charitable activities	5,193,009
Other sources	0
Total Income:	5,733,386

Expenditure:	£
Charitable activities	4,621,644
Governance costs	18,148
Cost of generating funds	564,342
Other	o
Total Expenditure:	5,204,134
Net (deficit)/surplus:	529,252
Other Recognised Gains/(Losses):	4,810
Net Movement in Funds:	534,062

Asset position at year end	£
Fixed assets	6,103
Investments	118,731
Net current assets	1,411,033
Long-term liabilities	(41,520)
*Total Assets (A):	1,494,347

Reserves at year end	£
Endowment funds	0
Restricted funds	752,079
Unrestricted funds	742,268
*Total Reserves (B):	1,494,347

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 51-60%

### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	25,000	25,000	44,250
London Local Authorities	42,000	86,679	76,475
London Councils	131,268	0	0
Health Authorities	0	0	0
Central Government departments	2,615,152	2,039,939	876,046
Other statutory bodies	29,040	20,000	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
H&G de Freitas Charitable Trust	0	5,000	0	
1970s Trust	3,000	3,000	0	
Chapman Charitable Trust	0	1,000	0	
	0	0	0	
	0	0	0	

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Hannah Gibbs

Role within **Development Manager** 

Organisation:

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# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:	·
Redbridge Concer	rn for Mental Health
If your organisation is part of a larger organi	isation, what is its name?
In which London Borough is your organisatio	on based?
Redbridge	
Contact person:	Position:
Ms Regina Byrne	Services co-ordinator
Website: http://www.rcmh.org.uk	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number:1065770
When was your organisation established? <b>09</b>	/10/1995

# **Grant Request**

Under which of City Bridge Tru	ust's programmes are yo	ou applying?
	Older Londoner	'S
Which of the programme outcome	ome(s) does your applic	ation aim to achieve?
People living with Alzheime of life	er's and other forms o	of dementia having a better quality
Fewer older Londoners age improved well-being	d over 75 years with	depression and more reporting
Please describe the purpose of	your funding request in	one sentence.
Provision of a befriending sare isolated and lonely; expendences ion	service for people who periencing lack of well	o have a diagnosis of dementia, I-being and symptoms of
When will the funding be requi	ired? <b>01/08/2016</b>	
How much funding are you red	questing?	
Year 1: <b>£34,651</b>	Year 2: <b>£35,634</b>	Year 3: <b>£36,279</b>

Total: £106,564

#### Aims of your organisation:

The charity is established for the promotion, preservation and safeguarding of people with mental health problems, people with a learning disability, people with an autistic spectrum disorder, people with physical disability, people with a sensory impairment, older people including people with dementia, children and families, and carers resident in the London Borough of Redbridge and neighbouring boroughs and counties. We seek to empower beneficiaries to exercise independence, choice and control over how their support needs are met, in particular but not exclusively by:

- (a) developing and supporting effective forms of user involvement and engagement
- (b) developing a range of personalised support and advice services to enable service users to make informed decisions and lead independent lives
- (c) working with the statutory, voluntary and business sectors to promote greater knowledge and understanding of inclusion issues
- (d) advancing public education in disability related issues
- (e) undertaking or assisting in the undertaking of research and publishing the useful results of such research

#### Main activities of your organisation:

Our main activities: A mental health MH Befriending Scheme offering 1-1 social & emotional support; User-led network (Run-Up) which informs & encourages participation of service users in the design & monitoring of policy, service delivery; Supported Volunteering Scheme; Dementia Befriending Service offering weekly support for people with a diagnosis of dementia and identified as isolated and lonely; weekly peer support group; employment & volunteering opportunities; production of Redbridge Mental Health Directory providing information on local & national resources to support people with MH problems; presentations re stigma and discrimination awareness; consultation & liaison with MH agencies with respect to legislation, initiatives & service delivery; developing inter-agency partnerships in planning, development & delivery of local MH services. Informing our members of developments and priorities of the local statutory services about issues relating to mental health. Promoting the MH voluntary sector across a wide range of fora e.g. World Mental Health Day events, newsletters, The Redbridge Link e-bulletin & website

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	17	4	64

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	5 years

### **Summary of grant request**

Around 850,000 people in the UK have dementia (Alzheimer's Society, 2014); figures indicate that nearly 4,000 people in Redbridge are living with dementia (Dementia Action Alliance, 2016). The need for the service has also been identified through the number of existing service users, the numbers of referrals we receive and, through the statistics available; we expect that the demand will continue. "Loneliness is a significant and growing issue for many older people. Its impacts are devastating and costly -- with comparable health impacts to smoking and obesity." Combating Loneliness Guide '16. A recent survey found that 64% of people with a diagnosis of dementia felt isolated. Alzheimer's Society '16.

We will deliver the work by recruiting, training, supporting and supervising a team of volunteer befrienders who reflect the diversity of Redbridge. Befriending visits take place on a weekly basis, encouraging participation in activities which are individual to the service user. Each service users likes/dislikes, level of mobility, interests and personalities are taken into consideration for the matching process; greatly improving the likelihood of a successful befriending relationship.

Our aim is to improve the quality of life, general well-being and mental health of people with dementia through provision of a person centred befriending service. We strive to enhance the individual's life and reduce their sense of isolation, stigma, exclusion and loneliness; this increases the likelihood of the individual continuing to live independently, improve their confidence and well-being. As the illness progresses, it may be in the best interest of the individual to move into residential care; our support will continue, providing constancy during this transition stage. Following on from experiences gained over the life of the project, we also aim to provide a low key safeguarding role; collaborating with other organisations.

Our organisation is best suited to deliver the work as we were one of the lead organisations during its inception and have been primarily responsible for its subsequent development. Our experiences have informed how the service is delivered and we continue to adapt as emerging needs are identified. Staff are experienced and respected in Redbridge and have excellent links to other organisations who work with this client group including having a seat on the Redbridge Dementia Partnership Board.

The project supports individuals to have fewer feelings of loneliness and depression: increases individuals physical activity, supports the development of meaningful relationships, helps individuals to feel valued, and undertakes fun, engaging activities which enhances quality of life and in turn meets the Trust programme outcomes: fewer older Londoners aged over 75 years with depression and more reporting improved well-being and People living with Alzheimer's and other forms of dementia will have a better quality of life. Our project meets the Trust's principles of good practice as our training welcomes anyone regardless of gender, faith group, background etc. The diversity of Redbridge is reflected in our volunteers and service users. Volunteers are central to the service and we provide quality training, support and supervision. To ensure that training is inclusive, we use methods that are accessible to those whose first language is not English or lack literacy skills. We are taking steps to reduce our carbon footprint by sharing office space/equipment with other charitable organisations; encouraging the use of emails to reduce paper use; recycling materials wherever possible and encouraging staff/volunteers to use public transport. In keeping with the ethos of our organisation, we strive to involve service users in the running of the service. However, this client group presents particular difficulties due, in part, to memory problems. We encourage input through reviews, evaluations and use feedback received to inform service delivery

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**PQASSO Level 2** 

**Mentoring and Befriending Foundation Approved Providers Accreditation** 

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

180 people with a diagnosis of dementia will receive a weekly befriending service facilitated in their own home, supported accommodation or residential care setting.

Minimum of 90 volunteers will receive training which will equip them with the skills to provide a befriending relationship for adults with a diagnosis of dementia

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

People with dementia will feel less isolated, lonely and depressed, experience increased well-being and enhanced quality of life. Those living independently they will be more likely to remain living independently for longer. For those living in supported accommodation or residential care, they will feel less isolated, valued and cared for.

Volunteers will experience an increase in confidence, self-esteem and life satisfaction through doing good for others and the community, providing a sense of accomplishment. They will receive transferable skills through increased knowledge of dementia and it's impact, cascading awareness of the issues affecting those with dementia amongst their social network

Carers who live at a distance or have job/family commitments which prevent them from providing regular support to a loved one with dementia will feel less guilty, worried and stressed knowing that a volunteer is providing a social befriending visit

The community will benefit by the growing awareness of the needs of older adults with a diagnosis of dementia via a grass roots service which promotes positivity, awareness and challenges stigma, particularly amongst BME groups

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

As the numbers of people diagnosed with dementia is expected to increase year on year, demand for this service is anticipated to continue to be high. We will use evidence of efficacy to support future funding proposals to a range of potential funders, including statutory authorities and charitable trusts to sustain the service past the funding period.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
How many people will benefit directly from the grant per year?
<b>56' 30</b>
To which Country Landon housest (a) an areas of Landon will your honoficiaries live?
In which Greater London borough(s) or areas of London will your beneficiaries live?
Redbridge (100%)
What age group(s) will benefit?
45-64
65-74
75 and over
75 and over
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other othnic group, please give details:
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
41-50%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries	31,066	31,891	32,738	95,695
Rent	2,000	2,000	2,000	6,000
Stationery/Postage/telephone	1,180	1,180	1,180	3,540
Recruitment	750	750	750	2,250
Volunteer Costs inc. Travel/training/publicity	3,150	3,150	3,150	9,450
Printing	380	380	380	1,140
Audit/payroll	300	300	300	900
Insurance	200	200	200	600
Management/supervision	4,760	4,760	4,760	14,280

TOTAL: 43,786 44,611 45,458 133,855
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# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
James Wise Charitable Trust	350	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

|--|

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
The Steel Charitable Trust	10,000	0	0	10,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries	31,066	31,891	32,738	95,695
Volunteer Costs	2,800	3,150	3,150	9,100
Insurance	200	200	200	600
	0	0	0	0

TOTAL: 34,066 35,241 36,088 105
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#### Finance details

Please complete using your most recent audited or independently examined accounts.

	Financial year ended:	Month: March	Year: 2016
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Income received from:	£
Voluntary income	46,320
Activities for generating funds	o
Investment income	357
Income from charitable activities	261,423
Other sources	o
Total Income:	308,100

Expenditure:	£
Charitable activities	410,372
Governance costs	3,404
Cost of generating funds	0
Other	0
Total Expenditure:	413,776
Net (deficit)/surplus:	(105,676)
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	(105,676)

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	96,746
Long-term liabilities	0
*Total Assets (A):	96,746

Reserves at year end	£
Endowment funds	0
Restricted funds	47,462
Unrestricted funds	49,284
*Total Reserves (B):	96,746

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 65%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Reduction on income lead to re-organisation of services and expenditure.

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	380,750	328,944	277,057
London Councils	0	0	0
Health Authorities	4,327	54,000	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery	24,816	57,960	35,791
Lloyds TSB	0	12,750	17,300
Awards for All	0	0	10,000
Steel Charitable Trust	0	0	10,000
Catalyst	5,000	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Regina Antoinette Byrne

Role within Services co-ordinator

Organisation:

# Agenda Item 7v

# **The City Bridge Trust**





# **About your organisation**

Name of your organisation:				
The Wallace Collection				
If your organisation is part of a larger organisation, what is its name?				
In which London Borough is your organisatio	n hased?			
Westminster				
Contact person:	Position:			
Miss Eva Cappon	Development Officer			
Website: http://www.wallacecollection.org/				
Legal status of organisation:	Charity, Charitable Incorporated Company or			
Exempt or excepted charity company number:XAJ08TG				
When was your organisation established? 22	/06/1901			

# **Grant Request**

Under which of City Bridg	e Trust's programmes are you	applying?
	Older Londoners	
Which of the programme	outcome(s) does your applica	tion aim to achieve?
Older Londoners aged	75 years and over living mo	ore active and healthier lives
People living with Alzh of life	eimer's and other forms of	dementia having a better quality
Please describe the purpo	se of your funding request in	one sentence.
To fund the highly succenext three years.	essful and long-standing C	out-of-the-Frame Project for the
When will the funding be	required? <b>01/06/2016</b>	
How much funding are yo	u requesting?	
Year 1: <b>£23,408</b>	Year 2: <b>£25,189</b>	Year 3: <b>£24,489</b>

Total: £73,086

#### Aims of your organisation:

The Wallace Collection is a national museum in a historic London town house. It was formed by four generations of Marquesses of Hertford and by Sir Richard Wallace, whose widow, Lady Wallace, bequeathed it to the nation in 1897. The Collection contains Old Master paintings, miniatures, sculpture, French furniture, porcelain and goldsmiths' work, European, African and Asian arms and armour, and medieval and Renaissance works of art. All are of the highest quality and of international importance. Our aims have always been to:

- care for and preserve the objects in the Collection for the nation
- offer free entry to all, and make it possible for everyone (including those with restrictions) to visit or enjoy the Collection at a distance
- promote the understanding and enjoyment of the Collection to the public
- secure that the objects are available to persons seeking to inspect them in connection with study or research

#### Main activities of your organisation:

The conservation, curatorial and collection management departments make sure that the museum is open on a daily basis and take care of the preservation of the 5,637 works of art. They are assisted by the Building Managements Team and Security in opening the Collection from 10am - 5pm on a daily basis receiving an annual 427,000 visitors in 2014/2015. In addition they organise temporary displays, exhibitions, study and learning programmes in cooperation with our library and archive. Furthermore, our public engagement department runs school programmes with and annual number of 550 activities reaching 11,500 school children, 200 community activities reaching 5,500 adults and children. We have supporting departments such as marketing, fundraising and financial departments which are crucial to the daily operation of all the core activities.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
60	40	10	46

#### Property occupied by your organisation

Is the main property owned, leased or	If leased/rented, how long is the outstanding
rented by your organisation?	agreement?
Owned	
I .	

#### Summary of grant request

We would like to request a grant to fund our community programme called 'Out of the Frame'. This project is designed for older people, including those living with dementia. We know that the Collection is very much enjoyed by older people, but that this is also the age group that frequently cannot visit the museum due to physical or intellectual barriers. We see it as our responsibility as a national collection to reach out to these members of the public, bringing them the benefits of the enjoyment of the arts. In doing so we hope to positively impact people's physical and mental well-being. The programme aims to provide them with the opportunity to experience the collection, learn, have new discussions, reminisce, meet people and enjoy themselves.

To reach these goals we have been running the ever-growing project since 2001, when it initially started as a series of visits to local care homes. Now we run a much larger programme with a variety of activities in and outside of the Wallace Collection. We work with c. 35 care settings annually, to deliver over 100 sessions. Using reproductions of works of art and handling items, we encourage participants to look and discuss what they see. Sessions are one-to-one or in small groups and are led by the participants -- we try to avoid giving it the feel of an art lecture. As we usually visit people in the communal areas of care homes, the visits are relaxed and informal. This is important as it allows participants to choose to come and go and to get involved as much as they wish.

One of the most successful new sessions has been the 'Ceramic Handling Session', focusing on 16th-century Maoilica and comparing it with the 18th-century French Sèvres porcelain. During these sessions we used images of objects with handling items to company them, showing the difference between the types of clay, firing and glazing techniques.

Where possible we encourage the groups to come to the Wallace Collection for a 'Tea and Tour', where they are able to see the original artworks we showed them in print. We have found that the domestic atmosphere of Hertford House provides a perfect setting for those unused to museums, as people feel more comfortable in our smaller, more intimate rooms.

In addition to the outreach sessions we have a series of 'Loan Boxes', which we lend to residential care homes. Staff members at the care homes are offered training on how to use the boxes with the residents. They are then lend a box for a period of 1 month.

We continually try to expand into other activities and relate to general cultural agendas. In 2015 we incorporated 'The Big Draw' into the programme and offered special drawing activities for people experiencing dementia. In addition, we put 'Silver Sunday' on the agenda, an annual day of free activities for older people across the UK.

Finally, we hold training days at the museum to support carers, volunteers and activity coordinators who work with older people in care settings to maximise the impact of the sessions and assist in preparations.

The Out-of-the-Frame programme has been overwhelmingly popular with ever more day centres and care homes requesting the service as word spreads. Whilst we are keen to reach as many people as possible, due to rising costs of educators and travel, we are restricted in growing or even maintaining the current programme and are therefore seeking a funder who would be able to support the costs for the next 2-3 years to allow the programme to develop and flourish.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

The basis of the programme exists of outreach Out of the Frame sessions where we visit care homes. Between November 2014 and November 2015 we made 104 visits and we would like to maintain this number.

Where possible we invite people to come and visit the Wallace Collection. Last year, we have delivered 12 onsite 'Tea and Tours' and 6 onsite sessions 'Discover the Wallace Collection' for individuals in the early stages of dementia and their carers. We would like to continue and grow this.

We want to hold 3 training days at the museum to support carers, volunteers and activity coordinators who work with older people in care settings, with the aim to loan them our Out of the Frame Loan Boxes.

We have extended the programme to include the annual Big Draw and Silver Sunday. We would like to continue to include these and potentially find more as well.

Within the programme we have cooperated and exchanged experiences with charities such as Open Age, Westminster Arts or Alive! and we are keen to feed into this cooperation.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

The main aim is to reach older people in the community, enabling access to the Collection and the enjoyment of the arts. We hope to positively impact people's physical and mental well-being. It gives the opportunity to: experience the collection, learn, have new discussions, reminisce, meet people and enjoy themselves.

We aim to learn from working with older people and those living with dementia so that we can improve our offer and ensure that we incorporate what we have learnt into our programming and continue to meet the needs of our audience.

Similarly we want to spread awareness through the programme and share with others how one can use art with older people. By holding training sessions and delivering workshops we hope to continue to have a dialogue with staff and volunteers who work and support older people sharing best practice.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We try to find a new way to fund the programme each year and have received different types of funding from a variety of sources in the past. We would be very keen to cooperate with the City Bridge Trust and secure the programme for another 3 years.

#### Who will benefit?

## **About your beneficiaries**

——————————————————————————————————————						
How many people will benefit directly from the grant per year?						
1,395						
In which Greater London borough(s) or areas of London will your beneficiaries live?						
Westminster (23%)						
Camden (19%)						
Brent (16%)						
Kensington & Chelsea (23%)						
Merton (19%)						
What age group(s) will benefit?						
0-15						
45-64						
65-74						
75 and over						
75 dild over						
What gender will beneficiaries be?						
All						
What will the ethnic grouping(s) of the beneficiaries be?						
A range of ethnic groups						
If Other ethnic group, please give details:						
What proportion of the beneficiaries will be disabled people?						
61-70%						

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
42 sessions delivered by 2 x freelancers alone	6,846	6,915	6,984	20,745
at a cost of £163 per session(£81.50 per				
freelancer per session)				
30x sessions delivered by 1x freelancer	2,460	2,485	2,509	7,454
+Edwina at cost of £82				
5 funded Alive! sessions in Bristol and Bath	625	631	638	1,894
@£125		<u></u>		
9 Tea and Tours co taught by 1 freelancer +	594	600	606	1,800
Edwina at £66 per session				
Discover the Wallace Collection Dementia	1,056	1,067	1,077	3,200
sessions 8x sessions a year delivered by 1x				
freelancer @£132			<u> </u>	<u> </u>
3x delivered by freelancer @82 for half day and	327	330	334	991
£163 for full day			<u>                                     </u>	
Estimated 40% of Salary for Wallace	10,000	10,100	10,201	30,301
Community Officer goes to this programme				
Expanding the Loan Box scheme, includes new	0	1,500	500	2,000
handling items in y2. Replenish materials y3				
Travel Expenses for Freelancers and	1,500	1,570	1,640	4,710
Refrehsments for Participants				

TOTAL:	23,408	25,130	24,489	Z30;861
		25/198		730 \$95
What income has already been raised?		160		,

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
TOTAL:	0	0	0	0

# What other funders are currently considering the proposal?

TOTAL: 0	0	0	0

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
42 sessions delivered by 2x freelancers at a cost of £163 per session(£81.50 per freelancer per session)	6,846	6,915	6,984	20,745
30x sessions delivered by 1x freelancer + Edwina at cost of £82 of which	2,460	2,485	2,509	7,454
5 funded Alive! sessions in Bristol and Bath	625	631	638	1,894

@£125				
9 Tea and Tours co taught by 1 freelancer +	594	600	606	1,800
Edwina at £66 per session				
Discover the Wallace Collection Dementia	1,056	1,067	1,077	3,200
sessions 8x sessions a year delivered by 1x			-	
freelancer @£132				
3x delivered by freelancer @82 for half day and	327	330	334	991
£163 for full day				
Estimated 40% of Salary for Wallace	10,000	10,100	10,201	30,301
Community Officer goes to this programme				
Expanding the Loan Box scheme, includes new	0	1,500	500	2,000
handling items in y2. Replenish materials y3				
Travel Expenses for Freelancers and	1,500	1,570	1,640	4,710
Refrehsments for Participants				

TOTAL:	23,408	25,189	24,489	_Z30,867	-
		25,198		73,095	dyc

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2016
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Income received from:	£
Voluntary income	8,374,000
Activities for generating funds	1,568,000
Investment income	58,000
Income from charitable activities	81,000
Other sources	0
Total Income:	10,081,000

Expenditure:	£
Charitable activities	4,591,000
Governance costs	43,000
Cost of generating funds	1,524,000
Other	0
Total Expenditure:	6,158,000
Net (deficit)/surplus:	3,923,000
Other Recognised Gains/(Losses):	803,000
Net Movement in Funds:	4,726,000

Asset position at year end	£
Fixed assets	45,614,000
Investments	4,215,000
Net current assets	1,937,000
Long-term liabilities	87,000
*Total Assets (A):	51,679,000

Reserves at year end	£
Endowment funds	4,367,000
Restricted funds	*41,478,000
Unrestricted funds	*5,834,000
*Total Reserves (B):	51,679,000

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources?

## **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	2,994,000	2,962,000	2,793,000
Other statutory bodies	0	0	0

#### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Monument Trust - Endowment	0	0	2,800,000
The Monument Trust - Capital 2011-13	2,100,000	0	0
The Garfield Weston Foundation - schools programme	50,000	0	50,000
The Lady Estelle and Leonard Wolfson Foundation - Sen and Access programme	0	0	26,000
TEFAF Museum Restoration Fund	25,000	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Eva Cappon`

Role within Fundraising Officer

Organisation:

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# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:				
South West London Law Centres				
If your organisation is part of a larger organi	sation, what is its name?			
NO				
In which London Borough is your organisatio	n based?			
Croydon				
Contact person:	Position:			
Mr Patrick Marples	CEO			
Website: http://www.swllc.org				
Legal status of organisation: Charity, Charitable Incorporated Company or				
Registered Charity company number:1102433				
When was your organisation established? 02/03/2004				

# **Grant Request**

Under which of City Brid	ge Trust's programmes are you	applying?
	Reducing Poverty	,
Which of the programme	e outcome(s) does your applicat	ion aim to achieve?
More people accessing	debt and legal services	
More Londoners with	improved economic circums	tances
	ose of your funding request in	
Volunteers are our 'un continue to support 1 issues.	nderused' main support. Boo 000s of vulnerable Londonei	sting this will help SWLLC to s struggling with housing / debt
When will the funding be	e required? <b>01/11/2016</b>	
How much funding are y	ou requesting?	
Year 1: <b>£58,582</b>	Year 2: <b>£59,098</b>	Year 3: <b>£59,620</b>
Total: £177,300		

## Aims of your organisation:

South West London Law Centres (SWLLC) is a community based, legal practice working to relieve poverty, suffering and distress for the most disadvantaged and vulnerable members of our communities, in need of help at difficult times in their lives to resolve legal problems. Our support ranges from free legal advice through to representation in social welfare law at court. Able to trace our roots back to 1974, SWLLC itself was formed by a merger of four law centres in 2004 and now covers six London boroughs: Wandsworth, Merton, Croydon, Sutton, Kingston and Richmond. People also come from further afield to request our expert support, as can be seen in our most recent annual reports at

http://www.swllc.org/AboutSWLLC.php. In 2015/16 we assisted 8,753 clients with direct face to face services and received over 30,000 calls for assistance. The main services we offer are full specialist casework, emergency representation under Housing Possession Court Duty Scheme, and the largest area: pro-bono advice clinics.

#### Main activities of your organisation:

We place a strong emphasis on taking time to ascertain each client's situation to meet all their legal needs and not just their most pressing problem. Our expertise means we do this but want to go further than this. Currently:

- 1) Specialist legal casework in community care, debt, employment, housing, immigration, asylum, public law and welfare rights run from 4 offices in Battersea, Morden, East Croydon and Kingston, through to courts / tribunals. Income comes from legal aid, some grants & some charging.
- 2) Emergency housing representation across 3 county courts: Croydon, Wandsworth and Kingston with a housing team of 11, helping 1,681 clients to defend themselves against possession / home evictions in 2015/16.
- 3) With one of the largest pro bono clinic services across England, we deliver 15 free clinics across 6 sites weekly offering initial advice on a wide range of civil / legal problems. 80 day-time volunteers and 420 evening pro-bono lawyers helped 4,447 clients in 2015/16.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
24	11	12	500

#### Property occupied by your organisation

Is the main property owned, leased or	If leased/rented, how long is the outstanding
rented by your organisation? agreement?	
Leased	4.5 years to 30 June 2020

#### **Summary of grant request**

SWLLC now runs one of the largest pro bono clinic services in the country, encouraging clients to take better steps to resolve problems themselves with some limited follow-up by advisers. Clinics cover a wide range of issues but predominately cover aspects of housing and debt law, with 400 volunteer lawyers supporting over 18 clinics per week assisting 4,477 people in 2015/16. People attend our clinics because they need a legal problem sorting out, and cannot afford a lawyer, with the issue going beyond what a generalist advice agency can deal with. Run from four offices in Battersea, Morden, East Croydon and Kingston; volunteers help in every aspect of our work. In particular they support the two largest casework teams in our law centre - housing (11 lawyers) and debt (4 caseworkers) -- helping 2,736 people with casework and representation in 2015/16 through a pool of 80 volunteers for day time services (having recruited 46 new volunteers last year) and 420 pro-bono lawyers for our evening clinics. All help with branch administration, progressing casework, or expert volunteer legal support which means we will reach 4,000 people in 2016.

Our clinic system works well. We see a high volume of vulnerable people needing help to emerge from poverty but to do this, our limited resources need to be used more effectively. Currently each clinic has oversight from our Client Services Manager responsible for ALL incoming work into the law centre, including volunteer support, but he is struggling to manage a steady stream of requests from volunteers (students, work placement, professionals and community) seeking to give back to their local communities. By strengthening our housing and debt volunteer resources, SWLLC will be able to deliver the bulk of our free legal advice to more vulnerable people on a continued basis.

There are two systems issues that need addressing to achieve this. One is improved volunteer retention and support processes. By offering more practical, direct supervision for volunteers so we can deliver more consistent support for SWLLC volunteers across remote sites, different teams, and approaches. This will mean clients benefit from more consistent follow-through support and volunteers potentially commit to longer service periods. The second system issue is the need for a forward looking supporter scheme to develop new income generation areas, build volunteer support for specialist areas, and consider new ways in which SWLLC can ensure volunteering continues to be the most important element of our services. We hope volunteers will contribute more actively to decision-making and to gain additional unrestricted income to fund future debt and housing services.

By bringing in a new Client Services Support Worker (CSSW), we can free up the Client Services Manager (CSM) who currently combines two key jobs as Volunteer Services Manager and Office Manager, to this effect. The new CSSW could concentrate on the volunteering operational / monitoring aspects which would release the CSM to concentrate on strategic management of our volunteer programme, focusing on the less formalised housing and debt clinics. During the initial phase, the Client Services Manager would concentrate on consultation across our network of volunteers, development of existing resources (database & skill-sets), and deliver suitable options for Board consideration.

Without this new crucial CSSW post, we will be unable to put in place SWLLC growth plans based on a realistic assessment of need. Our current scale of operations has meant we have reached a tipping point -- if we do not bring in more staff, we will need to scale back clinics and put on hold further housing and debt developments such as the Rent Deposit Clinics.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

The Law Centre has SAFEGUARDING POLICY PROTECTION OF CHILDREN AND VULNERABLE ADULTS - amongst other policies

## **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

4,000 people per annum are more aware of their legal rights and responsibilities (focus on housing and debt)

Maintain base of 400 pro bono and 80-day time volunteers enabling the law centre to assist 9,000 people per annum

Set up a new supporters schem which will receive 3 newsletters per annum Raise £21,000 per annum through additional activities led by the supporters scheme

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Ensure continued wrap-around service delivery in debt, housing and money support for 1000s of vulnerable clients each year, by making our volunteer support more consistent across all our pro-bono clinics, which would allow more people to access free local legal support, improving their access to debt and legal services.

Ensure 1000s of Londoners improve their housing and financial situations by better understanding their rights and responsibilities, managing their legal position, as being supported to advocate on debt / housing concerns. Managing volunteers systematically would deliver casework faster, update clients more regularly, and reduce waiting time for such support.

More systematic in how we monitor and track client project outcomes, making sure services are more relevant to vulnerable Londoners seeking money, housing or debt solutions. Not only could we follow up clients to map histories, interventions & outcomes in a more structured fashion. Also do similar for volunteers

By organising the team better to offer more practical, direct supervision for volunteers, we can improve our volunteer retention / support processes, so volunteers feel more part of our team, leading to positive consequences such as clients benefiting from more consistent follow-through support (volunteers committing to longer periods).

Ensure new Volunteer Support Team develops longer-term peer-led 'supporter' scheme through a mix of focus groups, consultation and action plan, drawing on volunteers involved with us or those who have left (for whatever reason). By building this crucial supporter base we will ensure more sustainable housing & debt services

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. One key avenue for further support is the development of a volunteer supporter base which we hope will provide a revenue stream, after two years' investment of time and effort. Other avenues include improved public relations, further funding and expansion of charging work.

# Who will benefit?

# About your beneficiaries

About your beneficiaries
How many people will benefit directly from the grant per year?
4,000
In which Greater London borough(s) or areas of London will your beneficiaries live?
Croydon (35%)
Wandsworth (30%)
Merton (20%)
Kingston (10%)
Lambeth (5%)
What age group(s) will benefit?
All ages
What gender will beneficiaries be?
All
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
21-30%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Volunteer & Pro Bono Clinic Project Staff	77,861	78,640	79,426	235,927
Share of non allocated staff costs	32,075	32,396	32,720	97,191
Share of overhead costs	35,307	35,660	36,017	106,984
Training	500	500	500	1,500
Volunteer Expenses	4,000	4,000	4,000	12,000
FRU Membership	80	80	80	240
Adviser Net	2,381	2,381	2,381	7,143
	0	0	0	0
	0	0	0	0

TOTAL:	152,204	153,657	155,124	460,985	
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# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Donations from City firms	46,622	40,559	34,504	121,685
	Û	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	46,622	40,559	34,504	121,685
IOIAEI	10,000	10,000	/	,

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Croydon Council	40,000	40,000	40,000	160,000
Sponsored activities	7,000	14,000	21,000	42,000

TOTAL:	 47,000	54,000	61,000	202,000	

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Client Services Support Worker Salary, Ni &	27,895	28,174	28,456	84,525
Pension				
Share of non allocated staff costs	11,294	11,407	11,521	34,222
Share of overhead costs	12,432	12,556	12,682	37,670
Training	500	500	500	1,500
Volunteer Expenses	4,000	4,000	4,000	12,000
FRU Membership	80	80	80	240
Adviser Net	2,381	2,381	2,381	7,143

TOTAL:	58,582	59,098	59,620	177,300

## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: <b>2016</b>	
-----------------------	-----------------	-------------------	--

Income received from:	£
Voluntary income	202,184
Activities for generating funds	0
Investment income	14
Income from charitable activities	1,002,542
Other sources	0
Total Income:	1,204,740

Expenditure:	£
Charitable activities	1,159,950
Governance costs	8,584
Cost of generating funds	60,411
Other	0
Total Expenditure:	1,228,945
Net (deficit)/surplus:	-24,205
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-24,205

Asset position at year end	£
Fixed assets	12,060
Investments	0
Net current assets	284,108
Long-term liabilities	0
*Total Assets (A):	296,168

Reserves at year end	£
Restricted funds	4,000
Endowment Funds	0
Unrestricted funds	292,168
*Total Reserves (B):	296,168

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

# Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 1-10%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Last year we were able to overcome one of the major difficulties that faced the law centre in getting new premises in both Wandsworth and Croydon. This has brought the law centre back together again and has at last overcome a lot of the space issues that we faced. We are also taking steps to address the deficit in the last audited accounts

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Grant Ref: 13533

# **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	54,000	61,500	103,534
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	857,602	743,296	700,000
Other statutory bodies	0	0	0

# **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Capitalise (Money Advice Service)	120,000	120,987	163,115
Lottery	21,027	27,050	21,642
London Legal Support Trust	25,000	2,000	10,000
Trust for London	20,070	13,380	6,690
Access to Justice Foundation	0	15,000	10,000

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Patrick Michael Sebastian Marples

Role within CEO

Organisation:

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# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:				
Wandsworth Citizens Advice Bureaux				
If your organisation is part of a larger organ	isation, what is its name?			
In which London Borough is your organisation	on based?			
Wandsworth				
Contact person:	Position:			
Mr Phil Jew	Chief Executive			
Website: http://www.cawandsworth.org	g.uk			
Legal status of organisation:	Charity, Charitable Incorporated Company or company number: 1040303			
Registered Charity				
When was your organisation established? 1	9/08/1994			

# **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

Reducing Poverty		
Which of the programme outcome(s) does your application aim to achieve?		
Fewer Londoners experiencing food poverty		
More people accessing debt and legal services		
Please describe the purpose of your funding request in one sentence.		
To extend CBT support for the CAW/Foodbank partnership which tackles food		

poverty by training Foodbank volunteers and providing advice and budgeting support for Foodbank users.

When will the funding be required? 03/04/2017

How much funding are you requesting?

Year 1: £64,299 Year 2: £0 Year 3: £0

Total: £64,299

## Aims of your organisation:

Charitable objects

To promote any charitable purpose for the public benefit by the advancement of education, the protection and preservation of health and the relief of poverty, sickness and distress in particular, but without limitation, for the benefit of the community in the London borough of Wandsworth and surrounding areas ("the principal area of benefit") and elsewhere in greater London.

CAW's Purpose

Citizens Advice Wandsworth is an independent charity that provides information, advice and support. We also work to improve the policies and practices that affect people's lives. We help people get the support they need and enable them to manage their lives better in times of crisis. Life is complicated and things can go wrong for all of us. CAW's free, impartial advice is crucial and highly valuable to individuals, the Council, government and society as a whole.

# Main activities of your organisation:

We offer general advice on welfare benefits, money/debt, housing, employment, consumer, immigration and nationality, family and personal matters, taxes, health and education. We provide general advice on discrimination across all these subjects. We also provide self-help information services and resources and work to increase the capability of local people to avoid and prevent problems like debt. CAW provides the main gateway to advice and other services for local residents.

CAW's emphasis is on enabling independence and resilience. CAW is not here to take over people's affairs. Wherever possible CAW should empower people to be in control, help and act for themselves and hopefully assist other people in their community or network.

CAW emphasises the importance of early intervention and prevention in its services and seeks to understand and act on the underlying causes of demand for its services and tackle preventable systemic failure.

CAW offers a range of volunteering opportunities and undertakes social policy and campaign work.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
9	15	8	80

# Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	4.5 years

#### **Summary of grant request**

CBT is funding this project from April 2015 - March 2017. We are applying to extend funding for a further year in the face of continuing and indeed growing need, with good evidence that our project is working well (as demonstrated in the annual report submitted earlier this year).

#### Need

Food poverty is a growing issue in Wandsworth. In 2015-16 the number of people receiving emergency food increased by 25%: the Foodbank provided enough emergency food to feed 4078 people for three days. Four in ten were children. 1011 individual households were referred; up 22% from the year before. Problems with delivery of benefits remain the most common reason for referral; the number of people receiving emergency food because of benefits problems increased by 11%, to 1479 people. Debt is an increasing problem for local people, accounting for 11% of foodbank referrals (8% in 2015-16). (Data from Wandsworth Food Poverty Report 2016.)

#### Delivery

Our project has worked since April 2015 to ensure that Foodbank users have access to housing, benefits, money and debt advice and budgeting support. We have employed a full time adviser to provide expert advice and trained 42 Foodbank volunteers to provide information assistance or 'advice first aid'. 585 households were assisted by trained Foodbank volunteers in the first year of the project and our adviser supported 160 clients referred by volunteers with 626 enquiries. A further 81 households were helped by our adviser in the first quarter of the 16/17 year.

We will continue to employ an adviser to support Foodbank users and will train and support Foodbank volunteers to provide advice first aid. Refresher training will be provided for volunteers and new training course will be delivered for a new cohort of Foodbank volunteers should this be needed to maintain high numbers of trained volunteers.

Our experience so far has been that the majority of Foodbank users have presented multiple problems, needing high levels of support and on-going casework to address complex issues. Many Foodbank users present with mental ill-health and distress. The consequence has been lower than expected number of people assisted but more in-depth support.

#### **Achievements**

The project will ensure that a turn to the Foodbank in crisis becomes a gateway to resolving underlying problems and preventing long-term Foodbank dependence. It will provide volunteers with skills and knowledge and gather evidence/learning as a platform for future sustainability/development.

#### Meeting programme outcomes

This project directly addresses the Reducing Poverty programme outcomes. It provides practical support directly to people experiencing food poverty; seeking to reduce this by increasing access to debt and legal advice.

#### The right organisations to deliver

CAW is the leading local advice service, with particular expertise in welfare benefits, money, debt advice and budgeting. We have an established and respected volunteer training programme. Wandsworth Foodbank deals with acute local need. By pooling reach, knowledge and expertise we are well placed to deliver the outcomes.

#### Involving users

Several Foodbank volunteers are former service users. Regular user feedback is gathered.

#### Diversity

The project welcomes all, regardless of race, disability, gender, faith and sexual orientation, in accordance with the equality commitments of both partners. Training ensures the project Page 179

operates within legal requirements and good practice.

Valuing and supporting volunteers

The project places volunteers at the centre of the service.

Steps to reduce our carbon footprint

We will take steps throughout the project to reduce our carbon footprint. Both organisations are at the 'getting started stage' and have introduced green actions. Foodbank is actively looking to manage stock levels at each centre

to reduce the need for transport between sites.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**Advice Quality Standard** 

Citizens Advice Membership Standard

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

42 Foodbank volunteers supported by CAW as Information Assistants (to provide Advice First Aid) by the CAW Adviser. Refresher/new starter training for Foodbank volunteers delivered in 2017/18 - at least one refresher course and one new starter programme per year as required.

Information assistance provided by Foodbank volunteers for up to 11 households per week from April 2017 - March 2018 (up to 600 in total - 260 of which may be referred on to the CAW adviser)

Advice to help with debt, budgeting, welfare benefits, other welfare problems for up to 5 households pw on average from April 2017 - March 2018 - 260 in total

Additional training sessions for volunteers or Foodbank users on underlying issues and a joint CAW/Foodbank policy/campaign initiative during the year, based on the experiences and voices of Foodbank users and volunteers.

Joint CAW/Foodbank reports setting out the learning and evidence from the project, published in autumn 2017 with the aim of influencing policy and further development of provision.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Foodbank users will get information and advice that tackles immediate debt and benefit crises and addresses underlying causes to avoid long-term dependency on food parcels.

Foodbank users will report reduced anxiety and distress, improved well-being and financial circumstances.

Volunteers (some of whom will be former Foodbank users) will acquire new skills and knowledge, helping them to improve their economic circumstances and wellbeing.

Evidence will be gathered to influence policy, demonstrate and improve effectiveness of the service and ensure longer-term sustainability.

Improvements will be made to (local) policy and practice to address underlying causes of food poverty and need for food parcels.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We intend to continue the activity as we believe that need will persist. Reports setting out learning and evidence will be published with the aim of influencing policy and further development and funding. We will equip Foodbank volunteers with knowledge and skills will allow some provision to continue even with reduced funding.

## Who will benefit?

## About your beneficiaries

How many people will benefit directly from the grant per year?			
600			
- 1:10 to 1 and an horough(a) an arong of London will your honoficiaries live?			
In which Greater London borough(s) or areas of London will your beneficiaries live?			
Wandsworth (97%)			
Merton (1%)			
Lambeth (1%)			
Richmond (1%)			
What are group(s) will hopofit?			
What age group(s) will benefit?			
All ages			
What gender will beneficiaries be?			
AIL			
The state of the population is a second of the population is a sec			
What will the ethnic grouping(s) of the beneficiaries be?			
A range of ethnic groups			
If Other ethnic group, please give details:			
What proportion of the beneficiaries will be disabled people?			
11-20%			

## Funding required for the project

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
CAW Staffing costs	44,329	0	0	0
CAW Overheads	8,240	0	0	0
Foodbank staffing costs	11,730	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

		_		0
TOTAL:	64,299	0	U	0

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0 -	0	0
	0	0	0	0

TOTAL:	0	0	0	0
IOIAL:	•			

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:	0	0	0	0

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
CAW Staffing costs	44,329	0	0	0
CAW Overheads	8,240	0	0	0
Foodbank staffing costs	11,730	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	64,299	0	0	0
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#### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2016

Income received from:	£
Voluntary income	2,522
Activities for generating funds	9,684
Investment income	2,684
Income from charitable activities	907,206
Other sources	0
Total Income:	922,096

Expenditure:	£
Charitable activities	883,438
Governance costs	14,633
Cost of generating funds	
Other	46,857
Total Expenditure:	951,225
Net (deficit)/surplus:	(29,129)
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	(29,129)

Asset position at year end	£
Fixed assets	57,568
Investments	0
Net current assets	298,626
Long-term liabilities	0
*Total Assets (A):	356,194

Reserves at year end	£
Endowment funds	0
Restricted funds	6,424
Unrestricted funds	349,770
*Total Reserves (B):	356,194

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

## Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 50%

## Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

## **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 <u>£</u>
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	506,938	465,937	426,937
London Councils	0	0	0
Health Authorities	19,800	19,500	84,556
Central Government departments	0	0	0
Other statutory bodies	143,793	93,470	15,029

## **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Macmillan	66,790	81,534	146,580
Trust for London	32,097	14,674	0
Big Lottery Foundation	0	93,035	171,453
Citizens Advice	11,568	10,000	0
Southfields Academy	1,650	1,800	1,800

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Phil Jew

Role within

**Chief Executive** 

Organisation:

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# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Ì
zens Advice Bureau Service
sation, what is its name?
n based?
Position:
CEO
ab.org.uk
Charity, Charitable Incorporated Company or
company number: 1057195
./01/1939

## **Grant Request**

Under which of City Bridg	e Trust's programmes are you	applying?
_		
Rese	ettlement and Rehabilitation	n or orienders
Which of the programme	outcome(s) does your applicat	ion aim to achieve?
More ex-offenders succ re-offending rates redu	essfully and sustainably re	settled in the community and
Discoulation the purpo	se of your funding request in	one sentence.
Please describe the purpo	ise of your fullally request in	I
To sustain and develop changing needs of our	our work with offenders a client group and the expec	nd ex-offenders to meet the tations of stakeholders
When will the funding be	required? 01/09/2016	
William the fallening be		
How much funding are yo	ou requesting?	
Year 1: <b>£48,000</b>	Year 2: £48,665	Year 3: <b>£0</b>
Total: £96,665		

## Aims of your organisation:

We aim to provide the advice people need for the problems they face, and to improve the policies and practices that affect people's lives

## Main activities of your organisation:

We are the largest provider of free and confidential advice and information and casework across all areas of social welfare law for people in Kensington and Chelsea. This is provided from two main office locations and a number of outreach locations from hospitals, day centres, and community organisations. In addition to our work in Kensington & Chelsea, we established, in 1994, the first full-time CAB Service in a prison at HM Prison Wormwood Scrubs and this service continues to operate.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
20	14	9	30

## Property occupied by your organisation

If leased/rented, how long is the outstanding agreement?  2 years -renewable

Kensington & Chelsea CAB Service has been operating a full-time service based in HMP Wormwood Scrubs since 1994. Our experience of operating a weekly outreach service for five years prior to this helped to shape and inform our work and demonstrated the need for access to an impartial and confidential service on the same terms as any other citizens in the community. Unsurprisingly, advice and casework in relation to housing, either retaining accommodation while in custody or finding accommodation on release has been the most significant area of work, together with advice on debt and on benefits. With two full-time staff the project sees over 2000 prisoners a year and this has produced a substantial body of evidence over the life of the project to date. It has also given the CAB a status and level of trust amongst prisoners, and prison staff, that cannot be achieved quickly. Of all groups using the CAB Service in the community, young men are the most under-represented. The prison population is already socially excluded by the fact of their incarceration. In addition, many prisoners have mental or physical health problems, poor levels of education and lack family or community support. Our own survey of 94 users reflects this with 69% of the sample never having sought advice before. The project was originally established with funding from what was then the City Parochial Foundation. Over time we have adapted to a range of new initiatives in relation to rehabilitation and resettlement and now find ourselves once again working with a relatively new approach with more emphasis on 'through-the-gate' provision. This has always been a feature of our work as we have been able to link users on release with CAB services in their home area and, from the outset, we have been involved in pre-release activity with groups and individuals. Our aim now is to develop this continuity of provision with a more clearly defined, but also flexible approach, to supporting prisoners during the critical period immediately before and during the initial weeks after release. We believe that engaging with individuals prior to release is vital and we would aim to deliver the service through a dedicated advice worker based mainly in the prison but with scope to provide direct support, or managed referral to other advice support in the community, after release. We are aware that re-offending, often at a relatively low level, is significant amongst our users and, at the extreme, we know that some will re-offend as the security of prison is perceived to be more attractive than the accommodation, and income options, available to them on the outside. We believe that providing professional advice and advocacy to ensure that individuals do have proper access to their rights and entitlements is a clear route to reducing re-offending, not least through helping ex-offenders to experience bureaucracies and officialdom working for, rather than against, their interests. As an organisation we aim to involve service users through regular feedback, representation on our Trustee Board, and encouraging volunteering at all levels. We are unable to use volunteers in the prison setting, but have welcomed ex-offenders as volunteers in our main service, and feedback from users and staff at the prison has been consistently positive. We have strong national policies on diversity and, for example, aim to ensure that our staff and volunteers reflect the communities we serve. Finally, we think that our carbon footprint is diminishing despite the challenges of working in less than perfect buildings.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Advice Quality Standard (AQS) plus we employ five solicitors with appropriate oversight and regulation from the Solicitors Regulation Authority

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Providing advice and casework support in all areas of social welfare law to up to 10 prisoners per week prior to release

Providing continuing support to the same client group post release in person, by phone, e-mail, skype etc as appropriate.

Co-ordinating access for this client group to other services in the community ensuring that appointments are made and kept, rearranged or followed up as appropriate.

Evaluating impact and benefit of advice support through feedback from individual users, case studies and group work.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

A reduction in re-offending achieved through timely and practical support

For users, an improved understanding of social welfare entitlements and responsibilities and how to access or exercise these

For service providers, a better understanding of the barriers to ex-offenders reengaging with society outside prison

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, ideally but will depend on future direction of national policy. Over time, the project has been funded by a range of charitable Trusts, the Prison Service (NOMS), the Legal Services Commission, and the Money Advice Service. We would

# Who will benefit?

## About your beneficiaries

How many people will benefit directly from the grant per year?				
400				
In which Greater London borough(s) or areas of London will your beneficiaries live?				
London-wide (100%)				
What age group(s) will benefit?				
16-24				
25-44				
45-64				
What gender will beneficiaries be?				
Male				
What will the ethnic grouping(s) of the beneficiaries be?				
A range of ethnic groups				
If Other ethnic group, please give details:				
What proportion of the beneficiaries will be disabled people?				
What proportion of the beneficiaries will be disabled people:				
11-20-70				

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
full time specialist adviser salary's	89,071	89,962	0	179,033
running costs	14,538	14,765	0	29,303
Management Costs	4,363	4,423	0	8,786
	0	0	0	0

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TOTAL:	107,972	109,150	0	217,122
* * * · · · · · · · · · · · · · · · ·				

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Money Advice Service (Capitalise) Prison Service in kind	45,609	45,609	0	91,218
	10,000	10,000	0	20,000
	0	0	0	

	TOTAL:	55,609	55,609	0	111,218	
- 1						

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

		0	0	0
TOTAL:	וט	U		

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
full time specialist adviser salary	33,294	33,627	0	66,921
employers NI	3,662	3,699	0	7,361
employers pension	1,698	1,715	0	3,413
payroll costs and DIS	505	520	0	1007
training and travel	250	258	0	508
Volunteer Expenses	1045	1076	0	2,121
running costs & management costs	7,541	7,760	0	6,237

TOTAL:	48,000	48,655	0	96,655	
		· <del></del>			

### Finance details

Please complete using your most recent audited or independently examined accounts.

March Financial year ended: March 2015	Financial year ended:	Month: March	Year: <b>2015</b>
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Income received from:	£
Voluntary income	11,155
Activities for generating funds	0
Investment income	239
Income from charitable activities	1,420,509
Other sources	0
Total Income:	1,431,903

Expenditure:	£
Charitable activities	1,322,453
Governance costs	6,320
Cost of generating funds	0
Other	115,103
Total Expenditure:	1,443,876
Net (deficit)/surplus:	(11,973)
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	(11,973)

Asset position at year end	£
Fixed assets	2,248
Investments	0
Net current assets	424,574
Long-term liabilities	0
*Total Assets (A):	426,822

Reserves at year end	£
Restricted funds	134,609
Endowment Funds	0
Unrestricted funds	292,212
*Total Reserves (B):	426,822

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 81-90%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

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Grant Ref: 13471

## **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	967,424	926,187	1,019,873
London Councils	0	0	0
Health Authorities	46,000	47,380	48,328
Central Government departments	34,500	34,500	30,443
Other statutory bodies	83,440	31,351	0

## **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Fu	nder	2012 £	2013 £	2014 £
N/A	0	0	0	
	0	0	0	
	0	0	0	
	0	0	0	
	0	0	0	

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Charles David Barber

Role within Chief Executive

Organisation:

# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:	
The Rehabilitation for	Addicted Prisoners Trust (RAPt)
If your organisation is part of a larger of	organisation, what is its name?
In which London Borough is your organ	nisation based?
Lambeth	
Contact person:	Position:
Ms Amy Williams	Fundraising and Communications
Website: http://www.rapt.org.uk	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number:1001701
When was your organisation established	ed? <b>20/11/1990</b>

## **Grant Request**

	-	
	The same are the same of the Molle	anniving?
Under which of City Bridge		
Resett	lement and Rehabilitation	n of Offenders
Which of the programme ou	tcome(s) does your applicat	ion aim to achieve?
More ex-offenders succes re-offending rates reduce	ssfully and sustainably re	settled in the community and
To omploy a Pecovery St	of your funding request in oupport Worker at our Reco	overy Hub in London, providing
When will the funding be re	quired? 30/09/2016	•
How much funding are you	requesting?	
Year 1: £40,058	Year 2: £41,104	Year 3: <b>£42,220</b>
1		

Total: £123,382

## Aims of your organisation:

Half of all UK prisoners are estimated to have committed crime associated with drugs. Alcohol is a factor in nearly half of all violent crime.

RAPt helps people with drug and alcohol dependence, both in prison and in the community, overcome the grip of addiction through intensive, abstinence-based treatment programmes. Through this, we bring about a reduction in crime and destructive behaviour, supporting healthier families and communities.

Independent research shows that this programme leads to a 20% reduction in the numbers of released prisoners re-offending, and a 65% reduction in overall number of offences. We understand that for lasting change to occur, our clients and their families need help to address their long term needs, post-treatment. Our Recovery Support Service provides a holistic range of advocacy and advice which focuses on the practical elements of resettlement: budgeting; finding and managing somewhere to live; getting a job or training.

We believe, with the right support, everyone is capable of transformational change.

## Main activities of your organisation:

The services RAPt delivers are divided into two main areas:

Treatment Services, which are mainly delivered in prison, as well as some based in the community, and give people a way out of the cycle of addiction and crime. Prison treatment services incorporate an array of interventions, ranging from introductory engagement workshops to intensive, structured rehabilitation programmes.

Recovery Support Services are for clients who have completed RAPt's more intensive substance misuse abstinence based treatment programmes who have been released from prison. It will also be available to service users who are in an established and evidenced addiction recovery pathway and committed to abstinence. This support will be delivered through Recovery Hubs, centres for people to access holistic support and develop the skills and resilience to stay free from drugs and alcohol.

We also contribute to learning in the treatment of drug and alcohol issues through research using evidence from our client base.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
329	42	9	64

## Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?  Leased	If leased/rented, how long is the outstanding agreement?  9

### Summary of grant request

We know there is a need for two key reasons:

First - external research supports our findings. The 2004 National Reducing Re-offending Action Plan by the National Offender Management Service identified seven pathways to reduce re-offending based on research by the Social Exclusion Unit. The Recovery Support service provides support for all of these, either directly or indirectly.

Secondly - our clients have told us. In 2014, we undertook a 'Release Needs' study with clients who used our services in prison. This identified the areas they most needed support on release. Our Recovery Support Service has been developed to ensure these needs are directly addressed.

How work will be delivered:

The project will be based at a new Recovery Hub in London. This will be part of our new strategy, which aims to not only offer services but create a safe haven in the community where people feel supported by both peers and professionals to make a new life for themselves.

The Hub will be led and influenced by its members, who will help design and deliver the range of services offered. The Recovery Support Worker will be part of the team that oversees the Hub, delivering services and training volunteers. We will work in partnership with external agencies to offer their expertise from our premises, increasing the range of services available to our members.

What our project will aim to achieve:

More ex-offenders resettled in the community through the following activities:

Substance use support: clients supported to access additional treatment for their addiction, helping those at risk of relapsing when they leave prison.

Social networks: helping clients foster healthy social networks, supporting healthier families and helping break the intergenerational cycle of addiction and crime.

Housing and debt advice: clients supported to find housing and improve their finances, giving them the chance to make a new life for themselves.

Education, training, volunteering and employment: people helped to secure training and employment, helping them reduce the risk of relapsing and/or reoffending, and reducing their reliance on benefits.

Cultural, wellbeing and self-care: by becoming part of a 'recovery community' and engaging activities that reduce their likelihood of re-offending.

Why we are the right organization:

We have been delivering drug treatment in prisons for over 24-years and our programmes lead to a 65% reduction in overall number of offences as evidenced by published academic research. We bring this expertise to all elements of our work, including our Recovery Support service. We know that completing a treatment programme is only the first step in a long journey and that support provided afterwards is vital.

How our project will meet the Trust's programme outcome:

More ex-offenders successfully resettled into the community, by meeting them at the prison gate, helping with family reconciliation, housing, finance and life skills.

More ex-offenders sustaining their recovery, by engaging clients in a recovery culture, and wellbeing initiatives, as well as education; training; volunteering; and work placements.

Our project meets the Trust's "Principles of Good Practice" by involving service-users in the management and running of the service.

The Hubs will be led and influenced by graduates who will deliver workshops, activities and meetings. The Manager of the Recovery Support Team is a former client. We help anyone who is ready and willing to address their addiction. We welcome applications which reflect the diversity of the communities in which we work. We provide meaningful development opportunities and hold annual volunteer award ceremonies to celebrate their achievements and recognize their hard work. RAPt has a comprehensive Environmental Policy and are accredited by ISOQAR for the ISO 14001 standard in Environmental Management.

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If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

ISO 9001 Quality

**Management** 

ISO 14001 Environmental

Management

Accreditation from the Mentoring & Befriending Foundation for our Transitional Mentoring Service

**Investing in Volunteers UK** 

Quality Standard for good practice in volunteer management

**Royal Society for Public Health (RSPH)** 

Correctional Services Accreditation Panel (CSAP) for SDTP and WSDTP. Working towards re-accreditation for Bridge and ADTP

City & Guilds Approved Centre No 049827

## **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Substance use support (over 3 years): 68 clients linked into ongoing recovery support and treatment services post-release

Housing and debt advice (over 3 years): 75 clients supported with housing and/or benefit advice

Social networks (over 3 years): 48 clients receiving family interventions including workshops; one-to-one's; family meetings; signposting to external agencies and networks.

Education, training, volunteering and employment (over 3 years): 84 clients receive interventions aimed at helping them to secure a place on a training course, work experience, volunteering or employment

Cultural, wellbeing and self-care (over 3 years): 68 clients will have participated in one of the well-being related interventions on offer at the Hub (including language classes, yoga classes and exercise and nutrition classes)

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Substance use support (over 3 years):

83 individuals attended at least 1 Recovery Support Network or fellowship meeting

68 people accessed a recovery mentor.

Clients report an improvement in their ability to stay free from drugs and alcohol (60% in year 1, 61% in year 2, 62% in year 3)

Housing and debt advice (over 3 years):

Clients report an improvement in housing and/or financial situation (50% in year 1, 51% in year 2, 52% in year 3)

Clients at London Hub report being drug and alcohol free (80% in year 1, 81% in year 2, 82% in year 3)

Social networks (over 3 years):

Clients report an improvement in relationships with people their social networks, (including family and friends), or in overall social networks (60% in year 1, 61% in year 2, 62% in year 3)

Education, training, volunteering and employment (over 3 years):

48 clients helped to secure place on a training course, work experience, or a job.

36 people in recovery from addiction to drugs and alcohol helped to secure a volunteer placement with RAPt or another organisation.

Cultural, wellbeing and self-care (over 3 years):

Clients at the London Hub report an increase in overall wellbeing (60% in year 1, 61% in year 2, 62% in year 3)

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

This is an expansion of an existing service which we intend to maintain and develop further after the period of time for which we are requesting funding. We will continue to raise funds from trusts, foundations, individuals, corporate partners, and through fundraising events in order to carry on the aspects of the Recovery Support service not funded through statutory sources.

## Who will benefit?

## **About your beneficiaries**

How many people will benefit directly from the grant per year?
35
In which Greater London borough(s) or areas of London will your beneficiaries live?
London-wide (100%)
London-wide (100%)
What age group(s) will benefit?
16-24
25-44
45-64
65-74
What gender will beneficiaries be?
AII
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
11-20%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff salaries, employer NI and pensions for entire project	383,231	390,896	398,714	1,172,840
Staff therapy, travel, subsistence, support and welfare	8,626	8,799	8,974	26,399
Programme materials, telephone, post, internet, photocopier costs, stationery, IT support, publications/subscriptions	6,531	6,661	6,795	19,987
Client expenses (travel, activities, peer mentoring, meet and greet costs and food)	32,511	33,161	33,824	99,497
Health and safety, equipment, maintenance, rent, heat/light and cleaning	11,462	11,691	11,925	35,078
Insurance Premiums and audit/finance costs	5,725	5,840	5,956	17,521
Capital costs for setting up Recovery Hubs	26,020	0	0	26,020
Cupital cooks for detailing up these on p	0	0	0	0
	0	0	0	0

TOTAL:	474,106	457,048	466,188	1,371,32

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
The Hans and Julia Rausing Trust	275,063	0	0	275,063
RAPt core costs	74,106	75,588	77,100	226,794
RAPT COTE COSES	0	0	0	0
	0	0	0	0

TOTAL:	349,169	75,588	77,100	501,857
IUIAL				

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Hobson Charity (considering an application for overall Recovery Support costs, not for this specific role)	10,000	0	0	10,000
Cleopatra Trust (considering an application for overall Recovery Support costs, not for this specific role)	5,000	0	0	5,000
Lady Hind Trust (considering an application for overall Recovery Support costs, not for this specific role)	2,000	0	0	2,000
Quaker Action on Alcohol & Drugs (considering an application for overall Recovery Support costs, not for this specific role)	1,000	0	0	1,000

ſ	TOTAL:	18,000	0	0	18,000

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Salaries, employer NI and pensions	34,131	34,814	35,510	104,455
Staff therapy, travel, subsistence, support and welfare	3,034	3,095	3,157	9,285
Programme materials, telephone, post, internet, photocopier costs, stationery, IT support, publications/subscriptions	719	733	748	2,200
Health and safety, equipment, maintenance, rent, heat/light and cleaning	1,628	1,905	2,237	5,771
Insurance premiums and audit/finance costs	546	557	568	1,671
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	40,058	41,104	42,220	123,382	

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year: <b>2015</b>
	March	2015

Income received from:	£
Voluntary income	1,072,000
Activities for generating funds	53,000
Investment income	9,000
Income from charitable activities	19,689,000
Other sources	0
Total Income:	20,823,000

Expenditure:	£
Charitable activities	20,859,000
Governance costs	378,000
Cost of generating funds	337,000
Other	0
Total Expenditure:	21,574,000
Net (deficit)/surplus:	-751,000
Other Recognised Gains/(Losses):	-40,000
Net Movement in Funds:	-791,000

Asset position at year end	£
Fixed assets	39,000
Investments	0
Net current assets	2,361,000
Long-term liabilities	0
*Total Assets (A):	2,400,000

Reserves at year end	£
Restricted funds	215,000
Endowment Funds	0
Unrestricted funds	2,185,000
*Total Reserves (B):	2,400,000

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

## Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 91-100%

## Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

RAPt moved from a loss of £791,000 in 2014-15 to a surplus of £500,000 2015-16. Loss was due to head office move, a specific contract dispute with a subcontractor and reduced management charges in NHS contracts. Implemented cost savings measures in 2015-16 which materialised into the reported surplus. Reserves remain strong but increased need for foundation support essential to delive recovery support to clients.

Grant Ref: 13482

## **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	1,957,000	2,057,000	1,925,000
Health Authorities	11,509,000	15,007,000	16,722,000
Central Government departments	0	0	0
Other statutory bodies	11,000	9,000	6,000

## Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Hans & Julia Rausing Trust	0	516,444	520,000
The Eva and Hans K. Rausing Trust	437,000	0	0
The Eva Louise Rausing Memorial Trust	200,000	0	0
Garfield Weston Foundation	0	100,000	0
Carriera Western Commenter	0	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Amy Mair WIlliams

Role within Fundraising and Communications Manager

Organisation:

# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:	
Vo	yage
If your organisation is part of a larger organi	sation, what is its name?
N/A	
In which London Borough is your organisatio	n based?
Hackney	
Contact person:	Position:
Mr Paul Anderson	CEO
Website: http://www.voyageyouth.com	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charity	company number:1068108
When was your organisation established? 27	/02/1998

## **Grant Request**

Under which of City Bridge Tru	st's programmes are yo	ou applying?
Resettler	ment and Rehabilitati	on of Offenders
Which of the programme outco	me(s) does your applic	ation aim to achieve?
More ex-offenders successf re-offending rates reduced	ully and sustainably	resettled in the community and
Please describe the purpose of		
To offer an unique 16 week programme with our partner 21 years.	employment skills, n er Hackney Communit	nentoring and rehabilitation ty College for young people up to
When will the funding be requi	red? <b>02/01/2017</b>	
How much funding are you req	uesting?	
Year 1: <b>£36,000</b>	Year 2: <b>£33,840</b>	Year 3: <b>£30,785</b>

Total: £100,625

#### Aims of your organisation:

Voyage has a strong focus on leadership, personal and social development for principally black and minority ethnic (BAME) young people under the age of 18 years across London. Voyage is focused on giving young people the skills to enable them to deal with challenges in a more constructive way, and ultimately become leaders in their local community whilst encouraging thier peers to do the same.

Ultimately our mission is to:

- ? Raise educational attainment levels in secondary schools; particularly for BAME communities
- ? Reduce crime in hard to reach and high crime boroughs and challenge the need to join gangs
- ? Improve communities' trust and confidence in the Police by raising awareness of the law and expanding the capabilities and capacities of young people to use it to protect themselves
- ? Build up and re-energize participation in community structures and stimulate positive representation of BAME communities across localised participation structures - health, community safety, policing and youth forums

## Main activities of your organisation:

Voyage manages three London wide cognitive behavioural programmes guided by its themes.

- Empower -- Young Leaders for Safer Cities targets BAME young people under 15 years in schools in need of additional confidence, skills and qualifications. This 6 month long course helps young people to build relations with their peers from different neighbourhoods, raises educational attainment, reduces conflict and develops awareness of policing powers whilst building character and resilience.
- Transform -- Horizons programme targets young offenders under 18 years from BAME backgrounds on various orders and community sentences and gives them access to a unique 10 week personal development course. The programme is offered by referrals only and is usually delivered locally.
- Sustain -- The South Hackney Leadership Academy is our graduate programme available to all Voyages students typically aged 15 21 years. This programme has evolved from an online network towards tailored physical programme focused on developing inspired and unique higher education/ employment progression opportunities.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	5	7	15

## Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	2 years and 6 months

#### **Summary of grant request**

Voyage is seeking funding to set up a transformational work based learning, mentoring and personalised development pilot programme for young people between 15 and 21 years in or on the edges of the criminal justice system. We are calling this Horizons Plus (HP), and it will be available for up to 30 young people per year from a minimum of 6 inner London boroughs.

Our extensive partnership links and networks will allow us to actively recruit 10 young people at a time and engage them in a 16 week rolling programme with a strong mentoring focus. Our partners will support the programme by identifying young people (15-18 years) considered to be "at risk" in respective local Pupil Referral Units, Youth Clubs and those on supervision orders from Youth Courts. Young adults (18 - 21 years) will be recruited via referrals from the Probation Services, Young Offender Services (YOSs) and MOPAC's Gang Exit Programme. Hackney Community College (HCC) has agreed to assist us in the implementation of the scheme

Voyage feels that the initiative is essential because of

- A lack of programmes targeted at BAME young people focused on reoffending prevention.
- Limited programmes based on offering key skills to young people with strong non-academic qualities and talents.
- An absence of schemes focused on altering behavioural issues (i.e. cognitive approaches).

This is compounded by

- Rising unemployment levels for young people.
- increasing reoffending rates for young adults
- Rising school exclusion rates for young people under 16 -- (especially in Hackney which is 2nd highest in UK).

Our HP programme complements some of the considerations expressed in The Young Review, The Taylor Review and the potential outcomes of David Lammy's Criminal Justice Review. We expect our programme to become an exemplar of Hackney's new vision based on improving outcomes for Young Black Men in 2017.

Horizons Plus will operate once a week on a 10 week cycle and delivered on a roll off basis. This is designed to fit around any sentencing and probation orders as well as complement any existing statutory education and employment commitments of our participants. Voyage will provide a personalised development plan in addition to an ongoing mentoring scheme (in the form of a job club) and support with access to mainstream college courses.

The overall aim of the project is to counter the negative effects of criminal records which inhibit professional progression (work and higher education). Moreover, we want to challenge the underlying causes of crime. The scheme aims to set a new industry standard and best practice model that can be expanded to accommodate more young people, be underpinned by commissioning funds and be delivered across London and eventually the country.

With our partner Project Oracle we aim to get the programme fully impact tested and recognised as a robust initiative, achieving the following impacts.

- Building confidence, character and resilience through cognitive behavioural engagement.
- Increase awareness and insights into aspect of laws and police operations which criminalise young people.
- Impart employable skills on a minimum of three industries and professions.
- Enable solid bonds to be created facilitating continued mentoring.
- Support young people with their positive goals and assist them with achieving sustainable employment and a future without crime.

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Voyage is well placed to deliver this programme as we have over 16 years experience working with young people creating leaders in both education and criminal justice contexts and excellent referral partnerships in place. To deliver successfully Voyage will rely on its well trained, experienced and fully compliant network of highly experienced and committed freelance tutors.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Voyage does not hold a Kite mark or certification mark, but our Trustees have approved of the PQASSO as the most suitable quality mark to adopt.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

90 young people participating in 10 weeks of thought provoking morning workshops exploring offending lifestyles, behaviours and understanding aspects of the media and law.

90 young people will participate in employment skills training modules in a minimum of three industries and trades - Painting and decorating, motor car and motor cycle skills, catering, multi media, fashion, music and creative arts.

90 young people will participate in additional mentoring to help them deliver the commitments expressed within their personal development plans.

60 young people will be helped to gain access to education or other required heath, education or housing services to aid resettlement and rehabilitation.

Evaluate and impact test the Horizons Plus programme to ensure its effective compliance to rigorous industry standards for reporting impacts and outcomes.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

90 young people reduce offending behaviours and are to be resettled back into their communities better equipped with confidence, employable skills, a CV and a reference facilitating more confident steps towards independence and a life without crime.

90 young people to obtain personalised development plans assisting ongoing progression into mainstream which includes higher education and employment.

60 young people do not reoffend within a period of 12 months after completing the programme

30 young people sign up to a progression course at Hackney Community College or a similar college in their neighbourhood

10 young people will gain direct employment as a result of their participation in the programme.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Voyage aims to progress its plans towards sustainability by exploring a sliding scale of investment from referral partners over a three year commitment period. Additionally, Voyage will use the initial investment to develop impacts and consolidate its theory of change, putting us in a stronger position to win contracts over the duration of the scheme replacing funding with commissioning opportunities.

## Who will benefit?

## **About your beneficiaries**

How many people will benefit directly from the grant per year?
30
In which Greater London borough(s) or areas of London will your beneficiaries live?
Hackney (20%)
Tower Hamlets (20%)
Islington (20%)
Newham (20%)
Camden (20%)
What age group(s) will benefit?
0-15
16-24
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
Mixed / Multiple ethnic groups
Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)
Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)
Other ethnic group
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
1-10%

## Funding required for the project

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Coordination costs	14,560	14,997	15,447	45,004
Voyage Freelance tutors	7,350	7,571	7,798	22,719
Hackney Community College Tutors	7,350	7,571	7,798	22,719
Mentoring costs for Voyage tutors	8,400	8,652	8,912	25,964
Volunteering costs	1,200	1,236	1,273	3,709
catering, Space hire and outreach costs	13,400	13,802	14,216	41,418
digital learning and teaching materials	4,300	4,429	4,562	13,291
publicity, marketing costs and contingency	9,899	10,196	10,501	30,596
overheads and project evaluation	12,087	8,269	8,457	28,813

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Hackney Community College subsidy	4,500	4,500	4,800	13,800
Project Oracle	6,000	2,200	2,200	10,400
Hackney Council	20,000	15,000	15,000	50,000

TOTAL:	30,500	21,700	22,000	74,200

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Drapers Charitable Fund	13,800	0	12,500	26,300
Worshipful Company of Weavers	14,800	0	0	14,800
National lottery	25,000	45,000	45,000	115,000
Local Authority Commissioners and LGE MOPAC	5,000	10,000	15,000	30,000

TOTAL:	58,600	55,000	72,500	186,100
	/		,	ı , ı

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Coordination costs	7,280	6,843	6,227	20,350
Voyage Freelance tutors	5,000	4,700	4,277	13,977
Hackney Community College Tutors	5,000	4,700	4,277	13,977
Mentoring costs for Voyage tutors	3,500	3,290	2,994	9,784
Volunteering costs	1,200	1,128	1,026	3,354
Catering, Space hire and outreach	5,250	4,935	4,491	14,676
digital learning and teaching materials	2,000	1,880	1,711	5,591
publicity, marketing costs and contingency	4,429	4,163	3,779	12,371
overheads and project evaluation	2,341	2,201	2,002	6,544

TOTAL:	36,000	33,840	30,784	100,624

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	351
Activities for generating funds	101,001
Investment income	О
Income from charitable activities	o
Other sources	3
Total Income:	101,355

Expenditure:	£
Charitable activities	175,353
Governance costs	4,720
Cost of generating funds	0
Other	0
Total Expenditure:	180,073
Net (deficit)/surplus:	-78,718
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-78,718

Asset position at year end	£
Fixed assets	6,968
Investments	0
Net current assets	60,253
Long-term liabilities	0
*Total Assets (A):	67,221

Reserves at year end	£
Restricted funds	500
Endowment Funds	0
Unrestricted funds	66,721
*Total Reserves (B):	67,221

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 100%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Voyage has had to scale back after losing its main funder MOPAC in 2014 and since then has managed to sustain itself through project based fund raising activities and securing commissions and tenders. Voyage is now sufficiently reduced in scale with no liabilities, small overheads and relies on its supportive network of volunteers, partners and its bank of engaged and active trustees.

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Grant Ref: 13512

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	4,500
London Councils	0	0	12,999
Health Authorities	0	0	0
Central Government departments	431,849	101,001	85,000
Other statutory bodies	0	0	0

#### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	-	2012 £	2013 £	2014 £	
Chaucer	0	0	4,500	4,500	
Didymus	0	0	4,850	4,850	
Big Lottery Fund	0	0	9,950		
Allen Overy Solicitors	0	0	2,000		
	0	0	0		

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Paul Anderson

Role within **CEO** 

Organisation:

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## Agenda Item 7bb

## The City Bridge Trust

# Investing In Londoners: Application for a grant



#### **About your organisation**

Name of your organisation:	<del></del>							
Federation of City Farms & Community Gardens								
If your organisation is part of a larger organi	sation, what is its name?							
In which London Borough is your organisation	n based?							
Outside London								
Contact person:	Position:							
Mr. Ian Egginton-Metters	Assistant Chief Executive							
Website: http://www.farmgarden.org.uk	<b>C</b>							
Legal status of organisation:	Charity, Charitable Incorporated Company or							
Registered Charity	company number: 294494							
When was your organisation established? 29	/10/1980							

#### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Strengthening London's Voluntary Sector** 

Which of the programme outcome(s) does your application aim to achieve?

More organisations with the skills to improve their volunteer management

More organisations with improved capabilities in monitoring, evaluation and impact reporting

Please describe the purpose of your funding request in one sentence.

Building capacity & skills amongst city farms/community gardens to improve their long-term viability, thereby contributing to the sustainability of vibrant local communities throughout the capital.

When will the funding be required? 03/10/2016

How much funding are you requesting?

Year 1: £59,540 Year 2: £62,640 Year 3: £59,840

Total: £182,020

#### Aims of your organisation:

Mission: To support community growing initiatives across the UK and to promote their role in the development of people and communities.

FCFCG is a UK community and environmental charity that supports and represents over 2500 community green space groups, of which over 200 are located in London. Charitable objects include:

- Promoting the development of the community at large without discrimination in a common effort to advance education...with the object of improving quality of life
- Advancing education in horticulture, agriculture, conservation, protection and improvement of the environment, reduction, re-use and recycling of resources, renewable resources, respect for the environment, sustainable development, animal welfare, community cohesion, citizenship, life skills, the promotion of equality and other related subjects

Providing education and training for persons who have need of such facilities....

Particularly in London working through a very active member Advisory Group to meet the specific needs of London community gardens and farms.

#### Main activities of your organisation:

We guide, inspire, advise, showcase and represent community growing groups across the UK, through practical support including training, online information resources, e-newsletters and social media updates, and guidance documents, and publicise our members' inspirational work to advocate on their behalf. By working in partnership with other organisations we create positive action on crucial issues, enabling our members to bring further benefits to their local communities.

The community projects we support and nurture all offer welcoming neighbourhood green spaces, and offer a wide range of opportunities and benefits, including education programmes, play schemes, healthy living initiatives, work and skills training, social enterprises, volunteer opportunities, environmental schemes, horticultural therapy and facilities for people with disabilities.

In London most work is focussed on 19 city and school farms, 199 community managed gardens, and 17 groups in development.

UK members employ more than 1,000 people, engage and empower thousands of volunteers and attract over 3m visitors each year, 750,000+ visit our London members' sites.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	20	10	25

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

#### **Summary of grant request**

Need: Consultation showed an overwhelming need for guidance and assistance in monitoring and evaluating (M&E) the impact of gardens/farms' work (both individual and pan-London), to prove their activities deliver important benefits for specific disadvantaged client groups and community development and environmental improvements. Also the nature of risks they contend with is changing in the face of ever more competitive funding. Effective risk and financial management is increasingly important, and recognition of the need to focus on generating non-grant income, through acquiring new skills and knowledge. Compliance with relevant legislation/regulation is critical to sound financial and volunteer management and maintaining a sustainable funding base. Farms have additional responsibilities: livestock inspections. Some also experience difficulties in efficiently managing their volunteer programmes with many overwhelmed with numbers of individuals and organisations wishing to volunteer. 'Bed blocking': existing volunteers enjoy their experience so much they stay, preventing new volunteers from being joining.

#### Aims:

- Boost skills and build capacity amongst staff/key trustees managing community gardens/farms across London.
- Focus on individual and collective volunteer management and support, financial and risk management, and M&E geared to improving impact assessment.
- Emphasis on larger/more established groups sharing specialist expertise with smaller, less well-resourced (and often purely volunteer led) groups.
- Dedicated worker will support these activities through networking, training and outreach.

Direct beneficiaries: smaller, less well-resourced gardens/farms throughout the capital. Groups providing advice and support themselves gain from new ideas, information and inspiration from those they work with to develop greater capabilities in delivering such interventions. All will benefit from communications and networking activities. 218 gardens/farms will directly benefit over 2,600 people. Indirectly, beneficiaries will include individuals from diverse, often minority groups in primarily disadvantaged neighbourhoods; they will benefit from sustainable facilities and services provided by community gardens/farms. Around 0.75m people are likely to indirectly benefit from the improvements.

Delivery: Key training, management, development of advisory material, networking and communications will be delivered both by a dedicated Development Worker and senior staff from more established/better resourced groups. These projects will effectively act as hubs of excellence sharing their knowledge and expertise and guiding/supporting others. Training will follow a tiered model: smaller/newer groups receiving training which is introductory/offers broad perspective on an issue, larger/established groups ore in-depth training. The worker will also assess quality standards being used, share good practice, and lead in collating, interpreting and disseminating M&E and impact assessment data on achievements and impact across London. Pro bono assistance will also be sought.

Right organisation: FCFCG has 36years experience with a broad and deep wealth of expertise, member-led both strategically and operationally, with key decisions made by the member-led London Advisory Group. Altogether FCFCG is the only sector-specific second-tier organisation in the capital with the broad range of specialist skills and expertise required to support the broad diversity of community gardens/farms.

Programme outcomes: The project aims to develop the skills and capabilities within community gardens/farms throughout London in thematic areas which have been identified as priorities; these closely correspond with those identified as priorities by CBT. We will disseminate the learning to the wider community growing sector within London and beyond.

Good Practice Improving access to services by smaller, less well-resourced organisations: is at the core of our delivery model. We will also improve M&E to improve impact assessment at the level of individual gardens/farms and collectively as a movement across London. We will track the cascade benefit of the support services we provide; including eliciting

feedback from those smaller groups in which we aim to build skills and capacity. We will share learning with the wider sector by disseminating the results of our activities.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

We have adopted the European Foundation for Quality Management (EFQM) Excellence Model, with both trustees and staff currently working through how best to apply the principles to manage and develop improvement in all our activities, including our service delivery to member groups. We also review using the NVCO Governance Wheel and other tools.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Training, networking and ongoing support in volunteer and volunteer programme management (including in appropriate support mechanisms) for 80 city farms and community gardens, plus a model volunteering contract which can be adapted by individual organisations to suit their own particular circumstances.

Training, networking and ongoing support in financial - and associated risk - management and income diversification for 80 city farms and community gardens, including specific guidance on fundraising, securing contracts and other means of generating income (to include signposting and access to the Federation-led Growing Together BIG Lottery funded project).

A guide to monitoring, evaluation and impact assessment specifically for 240 London-based city farms and community gardens, including details of alternative models and tools, selection and egs of practical implementation in the form of London-focused case-studies. Training, networking and ongoing support for 80 farms and gardens in these activities.

A growing body of increasingly comprehensive monitoring and evaluation information to demonstrate the value and impact of 100 individual city farms and community gardens and the movement collectively across London in terms of social engagement, health and well-being, education / skills and/or employment prospects, etc.

A more developed network of around 250 city farms and community gardens regularly and actively communicating/meeting, sharing information and expertise and practically supporting each other's endeavours, with an emphasis on the dedicated worker facilitating larger, better-funded groups to assist those who are smaller and less well-resourced.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Training, networking and ongoing support will enable staff to better manage collective volunteer programmes and individual volunteers to contribute to efficiently and effectively running city farms and community gardens. This will help staff to achieve their stated project and organisational aims, thereby ultimately enhancing both the operational and strategic sustainability.

Enable staff to comprehensively understand the financial framework and funding climate within which they operate, to more effectively meet relevant legal, regulatory and contractual requirements and to plan and implement funding/income generation and other policies and processes to enhance their financial credibility and viability.

Signposting, and use of, monitoring and evaluation tools (which they can select and customise as appropriate) to demonstrate the impact and value of the work of their individual group, in order to secure additional income and reinforce the legitimacy and financial viability of their organisations.

Individuals across London volunteers, clients and visitors, including those from various minority / disadvantaged backgrounds, will continue to enjoy access to both existing and newly diversified and enhanced facilities and services and to benefits this engagement delivers (including enhanced social engagement, health and well-being, education / skills and employment prospects).

Enhanced viability and sustainability of community farms/gardens across London, located primarily in areas of disadvantage and functioning as hubs / beacons of community engagement, will help development of the diverse communities in which they operate: social inclusivity, health and well-being, skills, employment prospects, and deliver a more green environment locally.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Continue to support city farms/community gardens to diversify their income base, including self-generating more from paid-for services, which we would then seek to (support our members to) continue to deliver. Review our membership fees structure to contribute additional funding. Build relationships with other relevant funders - grant, corporate and individual - to defray some costs of the initiative's ongoing activities.

## Who will benefit?

## About your beneficiaries

How many people will benefit directly from the grant per year?
2,600
In which Greater London borough(s) or areas of London will your beneficiaries live?
London-wide (100%)
London-wide (100 %)
What age group(s) will benefit?
16-24
25-44
45-64
65-74
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
11-20%

## Funding required for the project

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary @0.6fte, recruitment, training/welfare,	22,700	20,800	21,000	64,500
ad hoc admin	,			
Office costs (rent, phone, IT, stationary, post)	5,200	4,700	4,750	14,650
8 Hubs: @6 days advic each & recruitment &	14,240	13,440	13,440	41,120
asessment costs		7.250	1 000	11,150
4 hubs delivering 3 training @1.5 days inc prep	1,900	7,350	1,900	11,130
& training costs				
Hub networking/mutual support expenses	1,600	800	800	3,200
Travel & subs: Worker + Advisers + hubs	2,200	2,300	2,400	6,900
Advice materials (writing & design), reports &	2,500	3,900	4,300	10,700
dissemination events				
External expertise as required (mainly	1,500	3,000	4,000	8,500
evaluation)				
FCFCG overheads, management, web/comms,	8,000	8,750	8,750	25,500
bookkeeping, contributing to materials etc &				
contingency				

	<u> </u>				
	TOTAL:	59,840	65,040	61,340	186,220
- 1					

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
TOTAL:	0	0	0	0

## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
£15-25/training place fees to cover	300	1,200	300	1,800
catering/materials Yet to be raised (or from reserves)	0	1,200	1,200	2,400
Tel to be faised (or from reserves)	0	0	0	0
	0	0	0	0

TOTAL:	300	2,400	1,500	4,200

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary @0.6fte, recruitment, training/welfare,	22,700	20,800	21,000	64,500
ad hoc admin Office costs (rent, phone, IT, stationary, post)	5,200	4,700	4,750	14,650
8 Hubs: @6 days advic each & recruitment &	14,240	13,440	13,440	41,120
asessment costs				10.450
4 hubs delivering 3 training @1.5 days inc prep	1,900	6,000	1,250	9,150

& training costs			-	12.200
Hub networking/mutual support expenses	1,600	800	800	3,200
Travel & subs: Worker + Advisers + hubs	2,200	2,000	2,100	6,300
Advice materials (writing & design), reports &	2,500	3,700	4,300	10,500
dissemination events  External expertise as required (mainly	1,500	3,000	4,000	8,500
evaluation)  FCFCG overheads, management, web/comms, bookkeeping, contributing to materials etc &	7,700	8,200	8,200	24,100
contingency				

TOTAL:	59,540	62,640	59,840	182,020	

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: <b>2015</b>

Income received from:	£
Voluntary income	28,252
Activities for generating funds	196
Investment income	1,809
Income from charitable activities	965,567
Other sources	0
Total Income:	995,824

Expenditure:	£
Charitable activities	950,268
Governance costs	17,652
Cost of generating funds	0
Other	0
Total Expenditure:	967,920
Net (deficit)/surplus:	27,904
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	27,904

Asset position at year end	£
Fixed assets	179,641
Investments	0
Net current assets	336,103
Long-term liabilities	0
*Total Assets (A):	515,744

Reserves at year end	£
Restricted funds	118,090
Endowment Funds	0
Unrestricted funds	397,654
*Total Reserves (B):	515,744

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 0%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

The Trustees have been prudent and agreed to use some reserves during 2015-16 to ensure some key services were maintained and new website developed, whilst also reducing office and other costs and not renewing unfunded fixed term contracts as they expired.

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Grant Ref: 13366

## **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

during the last THREE years.	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

2012 £	2013 £	2014 £
0	0	51,856
50,000	50,000	0
0	37,500	28,125
45,833	35,138	0
	10,500	24,500
	0 50,000 0	€     €       0     0       50,000     50,000       0     37,500       45,833     35,138

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Ian Egginton-Metters

Role within Assistant CEO

Organisation:

## The City Bridge Trust

# Investing In Londoners: Application for a grant



## **About your organisation**

luntary Action					
If your organisation is part of a larger organisation, what is its name?					
n based?					
Position:					
Superhighways Manager					
g.uk					
Charity, Charitable Incorporated Company or company number:257551					
7/03/1968					

### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Strengthening London's Voluntary Sector** 

Which of the programme outcome(s) does your application aim to achieve?

More organisations with improved capabilities in monitoring, evaluation and impact reporting

Please describe the purpose of your funding request in one sentence.

To deliver expert advice, training & support to voluntary organisations in south London to better use digital tools to improve monitoring, evaluation & impact reporting.

When will the funding be required? 01/12/2016

How much funding are you requesting?

Year 1: £80,997 Year 2: £80,990

Year 3: **£0** 

Total: £161,987

#### Aims of your organisation:

Kingston Voluntary Action is the infrastructure and umbrella organisation for voluntary and community organisations in the Borough of Kingston. We work to improve the quality of life for all of Kingston upon Thames' communities, by supporting voluntary and community action in the Borough.

Organisations we support include charities, community, faith and sports groups, and social enterprises. To achieve our aims, we also work closely with local public sector organisations and business partners.

Kingston Voluntary Action (KVA) has three strategic objectives:

- 1. To improve the capacity of the voluntary and community sector
- 2. To strengthen community representation and engagement
- 3. To ensure sustainability of KVA

#### Main activities of your organisation:

KVA's areas of activity include:

- support and development services including: liaison, capacity building, community engagement;
- representation and partnership working;
- tech & comms support and training;
- advice on funding sources;
- subsidised training;
- co-ordination of projects including: Volunteer Centre and Eco-op project

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
7	17	7	25

#### Property occupied by your organisation

Is the main property owned, leased or	If leased/rented, how long is the outstanding
rented by your organisation?	agreement?
Leased	1 year
	'

#### **Summary of grant request**

#### Project need

Small local voluntary organisations lack knowledge and skills required to utilise a range of free and low cost digital tools that could help improve monitoring, evaluation and impact reporting. Through our Impact Aloud project 2013/16, we have developed a programme of training and support to meet these needs and address barriers of time, money, skills and fear / resistance to change (delivered in Richmond, Kingston, Merton, Sutton, Croydon and Bromley). A recent Impact Aloud external evaluation evidenced continued need, and additional boroughs of Wandsworth, Lambeth, Southwark and Lewisham have contributed new data in support of this premise.

#### Project delivery

The project will build on the last 3 years, widening our area of delivery to include 4 new boroughs and engaging with the tech and education sectors to increase its sustainability. We will deliver awareness raising sessions - standalone and at borough VCS network and forums, and develop and deliver bespoke training sessions (entry level and new higher / next steps) - both open group and targeted 1:1 onsite sessions. We will also provide much needed follow up 1:1 support - either remotely or via face to face digital surgeries, and continue our hugely successful annual event, bringing industry professional speakers to the local sector e.g. NPC and DataKindUK.

#### Project aims:

Impact Aloud will continue to strengthen the voluntary sector, building knowledge, capacity and skills in small local charities so they can utilise digital tools for more effective and efficient monitoring and evaluation, becoming more data driven in their outlook. Robust data capture (e.g. using audio and tablet survey apps) and analysis (e.g. using Excel pivot tables) will help groups target resources and develop high quality services according to need. Better impact reporting and presentation of outcomes data (e.g infographics, mapping, audio-slideshows) will result in increased engagement with supporters - attracting new funding, volunteers and beneficiaries.

#### Why are we the right organisation:

Superhighways has been supporting the sector maximise benefits that technology can bring for 17 years. We understand the environment small groups operate in and can pitch our support and training for optimal outcomes.

Our Impact Aloud evaluation highlighted the strength of our team "Respondents valued the flexibility, responsiveness and reliability of their practical support along with the softer skills such as the reassurance, encouragement and creativity that the team offered" Other reasons organisations chose to engage with the project were: financial, practical, reputational, insight and unique offer.

Our Theory of Change (work in progress) shows huge added value from our other services: digital inclusion and basic digital skills and tech support and best practice.

Impact Aloud is a unique project. We have good relationships with local CVSs and other infrastructure agencies through which we will continue to reach groups, but also support these agencies themselves which in turn increases our impact. "It means we're better positioned to help local groups because we've been through the same process" CVS worker. Principles of good practice:

We have shown during 2013-16, that we meet the principles of good practice.

- We track the cascade benefit of the project e.g. magnification & increased reach from CVS development workers or a group sourcing new funding as a result of the project
- We involve the feedback from groups e.g. developing new training courses based on evaluation feedback
- We improve access to smaller, less well-resourced groups e.g. maintaining free awareness raising sessions & 1:1s plus plans for evening / weekend sessions
- We share learning with the wider sector e.g. articles in our eNews and plans to share more widely via social media and linking with pan-London infrastructure e.g. GLV & LVSC

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**Kingston Quality Mark (for Volunteering Good Practice)** 

**Healthy Workplace Charter** 

NAVCA - we are currently working towards renewal of this award

We are a Microsoft Small Business Partner and Registered Refurbisher

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

24 digital tools awareness raising sessions with demos & practical hands on opportunities - standalone (24) & at borough VCS network / forum meetings (30). Sessions will include 1) Top digital tools for monitoring and evaluation 2) So you need a database? 3) Top digital tools for communicating impact.

Bespoke training sessions with comprehensive handouts and follow up support provided e.g Excel, Case Studies, Audio, Mapping:

- Group training in accessible venues for all 10 boroughs (72)
- Bespoke onsite training for staff / trustee / volunteer teams (20)
- Developing new training sessions / resources (6)

1:1 support to groups to support implementation of new tools / systems

- Remote support email & phone (260)
- Face to face support onsite & digital surgeries (140)
- Projects e.g. audio slideshows (20)
- Systems support fit for purpose databases / Excel set ups (30)

Development of customised support resources pitched at small local charities

- Identify, research and test new apps / digital tools
- Develop new step by step resources as session / 1:1 'takeaways'
- Create articles on website and in eNews
- Promote widely via our new blog & social media

Engaging with CVSs & potential Tech / Education partners

CVS Comms workers network

#### Meetings with

- Development workers / other CVS staff
- Tech initiatives e.g. Croydon TechCity
- App developers
- Colleges / universities

And developing volunteering / intern programmes for young people

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

VCOs become more aware of a range of digital tools that can support them better:

Monitor - collect robust data and capture outcomes stories

Evaluate - analyse data to evidence success and identify trends

Communicate impact - present data in an engaging way to attract supporters, source funding, improve sustainability

VCOs gain the skills and confidence to implement new digital tools to improve data capture for monitoring & evaluation and become more data driven - choosing and implementing fit for purpose systems & analysing data to inform decisions relating to new services, targeting resources & improving sustainability.

VCOs implement digital tools to better communicate the impact of their work to attract funding, volunteers and beneficiaries. Creating engaging content, clearly presenting the change their activities and services are bringing about (including audio, visuals & mapping) and sharing extensively will reach a wider audience and illustrate impact more effectively.

CVSs will embed tools / skills acquired from attending training and 1:1 support, amplifying outcomes and extending reach of the Impact Aloud project. They will incorporate lower level digital advice into their own development work with groups and refer organisations for more advanced assistance and evidence and promote the benefit.

Increased engagement with the tech & education sectors will unlock assets resulting in VCOs benefitting from new and local tech expertise, targeted app & system development, and pro bono support. Young people will benefit from the opportunity to gain practical digital work based experience in the charity sector.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. Sourcing contributions from each borough and a mixture of sponsorship & partnership working with the tech sector as well as continuing to generate income by charging for training delivered (a new sliding scale will be implemented to remain accessible to small groups, but increase income from larger)

## Who will benefit?

### **About your beneficiaries**

How many people will benefit directly from the grant per year?
250
In which Greater London borough(s) or areas of London will your beneficiaries live?
Kingston (15%)
Croydon (15%)
Lewisham (15%)
Southwark (15%)
London-wide (40%)
What age group(s) will benefit?
All ages
All ages
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
1-10%

## Funding required for the project

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff salaries & recruitment	73,333	76,517	0	0
Consultants / speakers	3,000	3,000	0	0
Travel costs	1,000	1,000	0	0
Volunteer expenses	400	400	0	0
Staff training / development	1,200	1,200	0	0
Room hire & refreshments & printing (training	8,070	8,070	0	0
& conference)				
Capital equipment & digital tools	2,000	2,000	0	0
Monitoring & evaluation	0	1,500	0	0
Overheads	8,050	8,050	0	0

TOTAL:	97,053	101,737	0	0	
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#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Training & conference income (projected)	11,994	11,994	0	0
Contribution from KVA London Councils repatriated funding	4,186	7,400	0	0
Training & conference income (carried forward?)	0	0	0	0

TOTAL:	0	0	0	0	
			1		

## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:	0	0	0	0

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff salaries & recruitment	69,147	67,640	0	0
Consultants / speakers	1,000	1,000	0	0
Travel costs	1,000	1,000	0	0
Volunteer expenses	400	400	0	0
Staff training / development	600	600	0	0
Room hire & refreshments (training & conference)	1,000	1,000	0	0
Capital equipment & digital tools	0	0	0	0
Monitoring & evaluation	0	1,500	0	0
Overheads	7,850	7,850	0	0

TOTAL:	0,997 80,	990 0	0
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#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	April	2015

Income received from:	£
Voluntary income	0
Activities for generating funds	О
Investment income	614
Income from charitable activities	976,046
Other sources	0
Total Income:	976,660

Expenditure:	£
Charitable activities	993,927
Governance costs	6,281
Cost of generating funds	0
Other	0
Total Expenditure:	1,000,207
Net (deficit)/surplus:	-23,547
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	23,547

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	265,079
Long-term liabilities	0
*Total Assets (A):	265,079

Reserves at year end	£
Restricted funds	102,237
Endowment Funds	0
Unrestricted funds	162,842
*Total Reserves (B):	265,079

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 51-60%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

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Grant Ref: 13514

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	600,976	580,011	446,769
London Councils	0	0	0
Health Authorities	73,844	78,192	66,162
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
Big Lottery Fund	130,887	0	0	
Tinder Foundation	3,500	1,715	1,000	
London Community Foundation	0	0	2,500	
Forbes Trust	0	510	0	
	0	0	0	<u> </u>

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Kate White

Role within Superhighways Manager

Organisation:

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